

SUGAR SUGAR

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MUSIC: Eric Records 4015 "Sugar Sugar" / The Archies **E-Mail:** curtworlock@juno.com
RHYTHM: Cha Cha **FOOTWORK:** Described for man – woman opposite (or as noted)
PHASE: IV + 2 (Open Hip Twist, Cuban Breaks)
SEQUENCE: Intro, A, B, A, B, C, A (1-13), Ending **SPEED:** Slow to 44

MEAS. INTRO

1 - 4 WAIT(2); SKATE TOGETHER 4 AND SNAP;

- 1 - 2 Wait 2 meas with hands on hips fcg ptr & WALL 6-8 feet apart Lead Foot Free for both ;;
- 3 Swivel LF on R & step fwd on L, draw R to L swinging arms to left & snap fingers,
Swivel RF on L & step fwd on R, draw L to R swinging arms to right & snap fingers;
- 4 Repeat meas 3 to a right handshake;

PART A

1 - 4 OPEN HIP TWIST; FAN; HOCKEY STICK OVERTURNED TO LEFT OPEN;

- 1 Rk fwd L, Rec R, Bk L/CI R, Bk L pushing right arm fwd gently to trn W (Lady Rk bk R, Rec L,
Fwd R/Fwd L, Fwd R/swivel ¼ RF on R);
- 2 Bk R, Rec L changing hnds, Sd R/CI L, Sd R (Lady Fwd L, Fwd R making ½ LF trn, Bk L/Lk RIF of L,
Bk L leaving R extended fwd no wgt);
- 3 - 4 Fwd L, Rec R, in plc L/R, L (Lady CI R, Fwd L, Fwd R/L, R); Bk R, Rec L, Fwd & sd R/CI L, Sd R trng
to LOP fcg RLOD (Lady Fwd L, Fwd R trng 5/8 LF to fce ptr, Bk & sd L/CI R, Sd L trng to LOP RLOD);

5 - 8 NEW YORKER; WHIP & TWIRL; NEW YORKER; WHIP;

- 5 Step thru L, Rec R trng LF to fce ptr in BFLY, Sd L/CI R, Sd L;
- 6 Bk R trng ¼ LF Rec fwd L trng ¼ LF, Sd R/CI L, Sd R (Lady Fwd L outside M on his left side, Fwd R
trng ½ LF, under M's L & W's R hnds twirl 1 full LF trn Sd & fwd L/R, Sd L to BFLY);
- 7 Repeat meas 5 but start by trng RF to LOP fcg LOD;
- 8 Repeat meas 6 except woman does Sd L/CI R, Sd L with man instead of twirl;
 - NOTE: Standard Whip may be substituted for Whip & Twirl.

9 - 12 OPEN BREAK; DOUBLE UNDERARM TURN; HAND TO HAND; CRAB WALK;

- 9 Rk bk L extending trailing arm straight up, Rec R lowering arm and put hnd on hip, Sd L/CI R, Sd L;
- 10 XRIF of L trng LF, Rec L cont LF trn, Sd R/CI L, Sd R to BFLY (Lady XLIF of R trng RF, Rec R cont
RF trn, Sd L/CI R, Sd L); * (Both trng under lead hnds)
- 11 Trng LF to OP (Lady RF) Bk L, Rec R trng to BFLY, Sd L/CI R, Sd L;
- 12 Fwd XRIF of L, Sd L, Fwd XRIF of L/Sd L, Fwd XRIF of L;

13 - 16 CRAB WALK; SPOT TURN; SHOULDER TO SHOULDERS TO LEFT HAND STAR;

- 13 Sd L, Fwd XRIF of L, Sd L/CI R, Sd L;
- 14 XRIF of L trng LF, Rec L cont LF trn, Sd R/CI L, Sd R to fce ptr putting hnds on hips
- 15 - 16 Fwd L outside ptr to SCAR (Lady Bk R) both extending R arms straight up, Rec R to fce lowering arm
and hnd back to hip, Sd L/CI R, Sd L; Fwd R outside ptr to BJO (Lady Bk L) both extending L arms
straight up, Rec L to fce joining L hnds that are raised, Sd R/CI L, Sd R trng to fce RLOD (Lady Trn to
fce LOD to a Left Hand Star pos);

.....continued.

PART B**1 - 8 UMBRELLA TURNS;;; CHASE WITH PEEK-A-BOO;;;**

- 1 - 2 Rk fwd L, Rec R, Bk L/CI R, Bk L (Lady Rk bk R, Rec L, Fwd R trng ½ LF to fce RLOD/CI L, Bk R & join R hnds in front of M's chest); Rk bk R, Rec L, Fwd R/CI L. Fwd R (Lady Rk bk L, Rec R, release R hnd hold Fwd L trng ½ RF to fce LOD/CI R, Bk L);
- 3 - 4 Repeat meas 1; Rk bk R, Rec L trng LF to fce Wall in BFLY, Sd R/CI L, SD R (Lady Bk L, Rec R trng RF to fce ptr Sd L/CI R, Sd L);
- 5 Dropping hnds Fwd L trng ½ RF, Rec fwd R, Fwd L/CI R, Fwd L (lady Bk R, Rec L, Fwd R/CI L, Fwd R);
- 6 Sd R looking over left shoulder, Rec R, in plc L/R, L (Lady Sd L, Rec R, in plc L/R, L);
- 7 Sd L looking over right shoulder, Rec R, in plc L/R, L (Lady Sd R, Rec L, in plc R/L, R);
- 8 Fwd R trng ½ LF, Rec fwd L, Fwd R/CI L, Fwd R to a right handshake (Lady Fwd L, Rec R, Bk L/CI R, Bk L);

PART C**1 - 8 HALF BASIC; FAN; ALEMANA;; FENCE LINE; (RK FWD) TRIPLE CHA BACK;; (RK BK) TRIPLE CHA FORWARD;**

- 1 - 2 In loose CP Rk fwd L, Rec R, Sd L/CI R, Sd L; Bk R, Rec L, Sd R/CI L, Sd R (Lady Fwd L, trng ¼ LF Step sd & bk R, Bk L/Lk RIF of L, Bk L);
- 3 - 4 Fwd L, Rec R, in plc L/R, L (Lady CI R, Fwd L, Fwd R/L, R to fce ptr); Bk R, Rec L, Sd R/CI L, Sd R to BFLY (Lady Fwd XLIF of R & trn RF, Fwd R cont RF trn, Sd L/CI R, Sd L);
- 5 Lunge thru XLIF of R (Lady XRIF of L) with bent knee & look in direction of lunge, Rec R, Sd L/CI R, Sd L;
- 6 - 7 Trng LF to OP fcg LOD Rk fwd R, Rec L, Bk R/Lk LIF of R, Bk R; Bk L/Lk RIF of L, Bk L;
- 8 Staying in OP Rk bk L, Rec R, Fwd L/Lk RIB of L, Fwd L;

9 - 16 CONT. TRIPPLE CHA FORWARD; SPOT TURN TRAN.; PARALLEL CHASE;; LARIAT TRAN.;; CUBAN BREAKS;;

- 9 Fwd R/Lk LIB of R, Fwd R, Fwd L/Lk RIB of L, Fwd L;
- 10 Fwd R trng LF, Rec L cont LF trn to fce Wall, Sd R/CI L, Sd R (Lady Fwd L trng RF, Rec R cont trn to fce ptr, Sd L cont trng RF ½ to fce Wall, CI R & raise hnds to join with M in shadow VARSOU);
- NOTE: Next 4 meas are same footwork *
- 11 - 12 Sd L trng RF to left VARSOU, Rec Fwd R, Fwd L/Lk RIB of L, Fwd L; Sd R trng LF, cont LF trn Fwd L to right VARSOU, Fwd R/Lk LIB of R, Fwd R;
- 13 - 14 Sd L, Rec R, in plc L/R, L (Maintaining both hnds joined Lady walk around M CCW Fwd L, Fwd R, Fwd L/Lk RIB of L, Fwd L); Sd R, Rec L trn RF ¼ in plc R/L, R letting go of hnds to end in BFLY fcg Wall (Lady cont around M Fwd R, Fwd L, Fwd R, Fwd L to fce ptr);
- 15 In BFLY XLIF of R/Rec R, Sd L (Lady XRIF of L/ Rec L, Sd R), XRIF of L/Rec L, Sd R;
- 16 Repeat meas 15 to a right handshake;
- NOTE: Double Cuban Breaks may be substituted for Cuban Breaks.

ENDING**1 - 4 SPOT TURN OVERTURNED; SKATE AWAY 4 & SNAP;; TURN AROUND & ACK;**

- 1 XRIF of L trng LF, Rec L cont LF trn to fce ptr, Sd R cont trng LF ½ to fce COH and end back to back/CI L, Sd R (Lady XLIF of R trng RF, Rec R cont RF trn to fce ptr, Sd L cont trng RF ½ to fce Wall/CI R, Sd L);
- 2 Repeat meas 3 of Intro;
- 3 Repeat meas 4 of Intro except no handshake;
- 4 Fwd L trng RF to fce LOD, Pt R toe toward ptr as L arm extends straight up and R arm extends toward ptr (Lady Fwd R trng LF to fce LOD, Pt L toe toward ptr as R arm extends straight up and L arm extends toward ptr),,;

*** SMILE OF COURSE ***