

Company Store

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SONG: 16 Tons – Lee Ann Rimes – Lady & Gentlemen – Track 5, download at various sites
RHYTHM: Foxtrot - Phase IV+2 (double rev, natural weave) level of difficulty – above average Speed: Slow to Suit recommend 3%
SEQUENCE: Intro, A, Bridge, A, B, Bmod, Amod
TIMING Timing in margin represents weight changes

START: OP VEE/LOD TRAILING FREE WAIT ONE MEASURE

INTRO

1-4 WAIT OPVEE/LOD TRAIL FT FREE; WHIPLASH BJO; BK ZIGZAG; BK WHIPLASH SCAR:

1 [wait] in op vee trailing hnds joined M's R W's L foot free looking at ptrnr
S 2 [whiplash] fwd R, join ld hnds, point L to LOD allow trailing hnds to move into hold, - (W fwd L, rotate LF, point R bk to LOD); BJO/backing RLOD
QQQQ 3 [bk zigzag] bk L, cl R (W sd L), fwd L O/S W, sd R; BJO/bkng RLOD
S 4 [bk whiplash] bk L, rotate RF, pnt R to RLOD (W pnt L to RLOD); SCAR/bking LOD

5-8 FEATHER FINISH; 3 STEP; ½ NATURAL; HESITATION CHANGE:

SQQ 5 [feather fin] start LF rotation bk R (W fwd L o/s M), -, sd&fwd L, fwd R O/S W; BJO/DLW
SQQ 6 [three step] fwd L, -, R, L; CP/DLW
SQQ 7 [1/2 nat] fwd R, start RF turn, sd&bk L, bk R to LOD (W bk L, heel trn L, cl R, fwd L); CP/bkngLOD
SS 8 [Hest Chng] start RF turn bk L, -, sd & fwd R,-; CP/DLC

PART A

1-4 DIAMOND 4; CORTE REC; TURNING HOVER SCP; THRU CHASSE SCP:

QQQQ 1 [diamond 4] fwd L start LF trn, sd R, bk L, bk R; CP/bkng DLC
SS 2 [corte rec] bk L, -, rec R, -; CP/DRW
SQQ 3 [turn hover SCP] fwd L, trn LF, fwd&sd R cont trn, fwd L (W bk R, trn LF, bk&sd L, fwd R); SCP/DLC
SQ&Q 4 [thru chasse SCP] fwd R, -,sd L/cl R, fwd L; SCP/DLC

5-8 PROMENADE WEAVE;; HOVER SCP; CHAIR REC SLIP:

SQQ 5 fwd R, slight rotate LF, fwd L CP, sd&bk R (W fwd L, rotate LF, sd R cont trn, fwd L); BJO/bkng LOD
QQQQ 6 bk L, bk R start LF trn, sd L finish trn, fwd R outside W (W fwd R o/s M, fwd L start LF trn, sd R, bk L); BJO/DLW
SQQ 7 fwd L, -, fwd&sd R slight LF rotation, fwd L (W bk R, -, bk&sd L, fwd R); SCP/DLW
SQQ 8 fwd R,-, rec L, rotate LF bk R (W fwd L,-, rec R/rotate LF, fwd L); CP/DLC

9-12 DOUBLE REV; CHANGE OF DIRECTION; FWD ZIGZAG 4 SCAR; QUICK FEATHER:

SS(S&QQ) 9 [double reverse] fwd L start LF trn, lead W for heel trn, cont trn bk R, tch L to R cont trn (W bk R, heel trn/cl L, fwd R cont trn, XLIF); CP/DLW
SS 10 [chg direction] fwd L, - trn LF, sd R, -; CP/DLC
QQQQ 11 fwd L in CP rotate LF, sd R cont rotate, bk L RF rotation, sd R cont RF rotation (W bk R rotate LF, sd L, fwd R rotate RF, sd&bk L; SCAR/LOD
QQQQ 12 fwd L o/s W in SCAR, fwd R to CP, fwd L to DLC, fwd R o/s W(W bk R, L, R, L); BJO/DLC

13-16 REVERSE TURN 6; TO A; FISHTAIL; FWD LOCK FWD:

SQQ 13 fwd L start LF trn, lead W for heel trn, finish trn bk R, bk L (W start LF trn bk R, heel trn on R, cl L, fwd R); CP/bkng LOD
SQQ 14 start LF trn bk R, -, sd&fwd L, fwd R outside W; BJO/DLW
QQQQ 15 xLib, fwd R, fwd L, xRib;
QQS 16 fwd L, xRib, fwd R,-;

BRIDGE

1-2 OPEN NATURAL; HESITATION CHANGE:

SQQ 1 [op natural] fwd R, start RF turn, bk L, bk R to LOD (W bk L, heel trn on L, cl R, fwd L); BJO/bkng LOD
SS 2 [Hest Chng] start RF turn bk L (W fwd R o/s M), -, sd & fwd R,-; CP/DLC

PART A

- 1-4 DIAMOND 4; CORTE REC; TURNING HOVER SCP; THRU CHASSE SCP;**
5-8 PROMENADE WEAVE;; HOVER SCP; CHAIR REC SLIP;
9-12 DOUBLE REV; CHANGE OF DIRECTION; FWD ZIGZAG 4 SCAR; QUICK FEATHER;
13-16 REVERSE TURN 6; TO A; FISHTAIL; FWD LOCK FWD;

PART B

1-4 NATURAL WEAVE;; REV WAVE;;

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| SQQ | 1 | fwd R, start RF turn, bk L, bk R to LOD (W bk L, heel trn L, cl R, fwd L); BJO/bkng LOD |
| QQQQ | 2 | bk L (W fwd R o/s M), start LF trn bk R, sd& fwd L, fwd R o/s W; BJO/DLW |
| SQQ | 3 | fwd L start LF trn, -, finish trn sd R, bk L (W start LF trn bk R, heel trn R, cl L, fwd R); CP/bkngDLW |
| SQQ | 4 | bk R, LF rotation bkng LOD, bk L, bk R; CP/bkngLOD |

5-8 BK FEATHER; BACK TO PROM SWAY; OVERSWAY; HOVER EXIT BJO;

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| SQQ | 5 | bk L, rotate slight RF, bk R in line with Lfoot, bk L (W fwd R,-, L, R outside M); BJO/bkngLOD |
| SS | 6 | [bk to prom oversway] start LF trn bk R, cont trn sd&fwd L LOD in promenade sway; SCP/LOD |
| | 7 | change to oversway over meas; |
| SS | 8 | sd R, -, fwd L (W bk,-); BJO/DLW |

PART B MOD

1-4 NATURAL WEAVE;; REV WAVE;;

5-8 BK FEATHER; BACK TO OVERSWAY; HOVER EXIT SCP DLC; FEATHER;

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| | 5 | repeat meas 5 |
| SS | 6 | [bk to oversway] start L F trn bk R, cont trn sd&fwd LOD in oversway; |
| SS | 7 | sd R, rotate LF -, fwd L (W fwd R,-); SCP/DLC |
| SQQ | 8 | fwd R,- fwd L, fwd R (W fwd L, rotate LF, sd&bk R, bk L);BJO/DLC |

PART A MOD

- 1-4 DIAMOND 4; CORTE REC; TURNING HOVER SCP; THRU CHASSE SCP;**
5-8 PROMENADE WEAVE;; HOVER SCP; CHAIR REC SLIP;
9-12 DOUBLE REV; CHANGE OF DIRECTION; FWD ZIGZAG 4 SCAR; QUICK FEATHER;
13-16 REVERSE TURN 6; TO A; FISHTAIL; FWD LOCK FWD;
17-19 FWD TWIST VINE 7;; SLOW SD,, SLOW LUNGE APART;
QQQQ;QQS 17-18 [fwd twist vine 7] fwd R o/s W in BJO, sd L, bk R, sd L; fwd R o/s W, sd L, bk R,-;
SS 19 sd&fwd L with slight LF rotation to CP/DLW (Wsd&bk), lowering, sd& bk R (W sd&bk L) ld hands joined extend LOP/FCNG line DLW;