

# KNOCK ME A KISS

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**MUSIC:** "Knock Me A Kiss" by Big Bad Voodoo Daddy. Track 9 of "Louie Louie Louie". Available at Amazon and other online sources.

**MUSIC PREVIEW:** <https://www.youtube.com/watch?v=ZFrdHyb-08o>

**RHYTHM/PHASE:** Foxtrot, Phase IV + 2 (Lilt, Nat Hover Cross)

**TIME/SPEED:** 2:51 @ 28 meas/min (43.5 RPM = -3%). As downloaded 2:47 @ 29 meas/min (45 RPM)

**FOOTWORK:** Described for M, W opposite or as noted

**RELEASED:** July, 2025

**SEQUENCE:** Intro, A, B, A(1-8), C, B, A(9-16), Ending

**VERSION:** 1

## INTRO

### **1-4 WAIT ; STEP TOG & SHAPE ; REV TRN ; ;**

- 1 {Wait} In LOFP DLC trail feet free and ptd sd & bk trail arms out;
- S-- 2 {Step Tog Shape} Fwd R to ptr blending to CP DLC, -, -, -;
- 3 {Rev Trn} Fwd L comm LF trn, -, sd & fwd R cont LF trn fc RLOD, bk L (*W: bk R, -, pull L heel to R trn LF on R heel cl L, fwd R*) to CP RLOD;
- 4 Bk R trng LF, -, sd & fwd L, fwd R CBJO DLW (*W: Fwd L trng LF, -, sd & bk R, bk L*) end BJO DLW;
- 5-8 HOVER TELEMAR SCP LOD ; THRU VINE 4 ; THRU SYNCHOPATED LILT 4 TO ; CHAIR & SLIP ;**
- 5 {Hvr Telemark} Fwd L, -, fwd & sd R rising (*W: trng sl RF*), sd & fwd L end SCP LOD;
- QQQQ 6 {Thru Vine 4} Thru R, sd L, XRIB of L, sd & fwd L end SCP LOD;
- S&S& 7 {Thru Sync Lilt 4} Lower thru R, -/cl L to R on toes, lower thru R, -/cl L to R on toes;
- 8 {Chair & Slip} Lower in L knee lunge fwd R w/fwd poise, -, sm bk & slightly across L comm LF trn rise thru body trng W square, bk R to CP DLC;

## PART A

### **1-4 OPEN REV TRN ; HOVER CORTE ; BK WHISK ; THRU FC CLOSE ;**

- 1 {Open Rev Trn} Fwd L, -, trng LF sd & bk R, bk L to BJO RLOD;
- 2 {Hover Corte} Bk R blend CP comm LF trn, -, cont LF trn sd & fwd L rising, rec sd & bk R to BJO LOD;
- 3 {Bk Whisk} Bk L, -, bk & sl sd R, XLIB of R (*W: Fwd R comm RF tm, -, sd L cont RF tm, XRIB of L*) end SCP LOD.
- 4 {Thru Fc Cl} Thru R, -, fwd & sd L trng to fc ptr & WALL, cl R to L end CP WALL;

### **5-8 QK TWIRL VINE & TCH ; QK REV TWIRL VINE TO BJO ; OUTSIDE SWIVEL & THRU FC WALL ; SLOW DIP BK & REC ;**

- QQS 5 {Qk Twirl Vine} Sd L, XRIB of L leading W RF trn under jnd ld hands, sd L, tch R to L (*W: Sd & fwd R comm RF turn, fwd L cont RF trn under ld hands, sd R to fc ptr & COH, tch L to R*) end BFLY WALL;
- QQS 6 {Qk Rev Twirl Vine} Sd R, rotate sl RF XLIF of R leading W LF trn under jnd ld hands, trng sl LF sd R blending to BJO (*W: Sd & fwd L comm LF turn, fwd R cont RF trn under lead hands, sd & fwd L, -*) end BJO LOD;
- SS 7 {Outsd Swiv & Thru Fc} Bk L, lead W to swvl RF leaving R ft fwd, fwd R trng to fc ptr, - (*W: Fwd R, swivel RF on R to SCP LOD, thru L trng to fc ptr, -*) end CP WALL;
- SS 8 {Dip Bk & Recov} Rotating sl LF dip bk on soft L, -, rec R to CP WALL, - ;

### **9-12 [TO LOD] VINE 3 TO SCP ; NAT HOVER CROSS ; - ; TELEMAR SCP ;**

- 9 {Vine 3 to SCP} Sd L, -, XRIB of L, sd & fwd L to SCP LOD;
- 10 {Nat Hover X} Fwd R trng RF, -, sd L cont RF trn, sd & fwd R to SCAR ptng R toe to LOD (*W: Fwd L comm RF trn, -, cont RF trn fwd R betw M's feet, bk L*);
- QQQQ 11 Chk fwd L in SCAR DLW, recov R start RF body trn, sd L, cont RF body trn fwd R end BJO DLC;
- 12 {Telemark SCP} Squaring to ptr fwd L comm LF trn, -, fwd & arnd R cont LF trn, sd & fwd L to SCP DLW (*W: Bk R trng LF, -, cl L to R w LF heel trn, sd & fwd R*) end SCP DLW;

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## 13-16 QK IN & OUT RUNS ; - ; THRU TO OVERSWAY ;,, & RECOV CP DLW ;

- QQS 13 {**Qk In & Out Runs**} Thru R comm RF trn, sd & slightly bk L to CP RLOD, bk R w R sd leading, - (W: Thru L, fwd R btwn M's feet trng RF, fwd L, -) to BJO fcg RLOD;
- QQS 14 Bk L comm RF trn, sd & fwd R btwn W's feet cont RF trn, fwd & sd L, - (W: Fwd R comm RF trn, fwd & sd L cont RF trn, fwd & sd R, -) end SCP LOD;
- SS 15 {**Thru to Oversway**} Thru R, -, sd L/relax the knee keeping R leg extended w sl LF upper body rotn stretch L sd swiveling W's R ft to CP look twd & over W (W: head well to L) now in CP DLW, -;
- - S 16 {**,, Recov**} -, -, sd onto R maintaining CP, - end CP DLW;

## PART B

### 1-4 HOVER ; THRU TO LEFT WHISK ; LADY UNWIND 4 M FC DLC ; BK HOVER SCP DLC ;

- 1 {**Hover**} Fwd L, - sd & fwd R rising, rec L end SCP DLC;
- 2 {**Thru to L Whisk**} Thru R, -, fwd L trng W to CP, XRIB of L partial wt (W: Thru L comm LF trn, -, sd & sl bk R trng square to M, cont LF rotn XLIB of R full wt head to L) to CP LOD w tr feet crossed beh lead;
- QQQQ 3 {**Lady Unwind 4**} Unwind RF, on ball of R, & heel of L, & transfer full weight to R at end of unwind (W: Outsd ptr fwd R, L, R, L around M trng RF) to BJO DLC;
- 4 {**Bk Hvr SCP**} Bk L, -, sd & bk R w/ slight rise, rec L SCP DLC (W: Fwd R, -, sd & fwd L rising & trng to SCP, fwd R) end SCP DLC;

### 5-8 PROMENADE WEAVE 3 ; OUTSIDE CHANGE SCP DLW ; THRU SYNCHPATED LILT 4 TO ; CHAIR & SLIP \* ;

- 5 {**Prom Weave 3**} Thru R, -, fwd L comm LF trn, sd & bk R (W: Thru L, -, sd & sl bk R trng LF & blending to CP, sd & fwd L) to BJO DRW;
- 6 {**Outsd Change**} Bk L twd DLC, -, bk R blending to CP trng LF, sd & fwd L to SCP DLW;
- S&S& 7 {**Thru Sync Lilt**} Repeat meas 7 of Intro but progressing to DLW;
- 8 {**Chair & Slip**} Repeat meas 8 of Intro end CP DLC;
- \* Note: 2<sup>nd</sup> time no turn – end CP DLW

## REPEAT PART A(1-8)

## PART C

### 1-4 HOVER ; CHK THRU PT \* LADY ROLL OUT [LEFT OPN WALL] ; [RT FEET] QK SIDE-BY-SIDE SERPIENTE ; ;

- 1 {**Hover**} Repeat meas 1 of Part B but starting CP WALL and ending SCP LOD;
- SQ- (SQQ) 2 {**Chk Thru \* Lady Roll Out**} Chk thru R, -, rec L leading W fwd, pt R to RLOD (W: Thru L, -, fwd R comm LF trn, cont LF trn bk & sd L to fc WALL) end LOP WALL R feet free;  
Note: same footwork for M & W through meas 6.
- QQS 3 {**Qk Sd-by-Sd Serpiente**} Maintaining lead handhold XRIF of L, sd L, XRIB of L ronde L CCW, -;
- QQS 4 XLIB of R, sd R, XLIF of R ronde R CCW;

### 5-8 QK FENCELINES 2X ; ; QK FENCELINE M IN 4 LADY TRN TO SCP LOD ; SLOW SD LOCK DLC ;

- QQS 5 {**Qk Fencelines**} XRIF of L w soft knee, rec L, sd R;
- QQS 6 XLIF of R w soft knee, rec R, sd L end LOP both fc WALL;
- QQQQ (QQS) 7 {**Qk Fenceline to SCP LOD**} XRIF of L w soft knee, rec L, rk sd R leading w to swivel RF, rec L blend to SCP LOD (W: XRIF of L w soft knee, rec L, trng RF fwd R to RLOD swivelling RF, cont RF swivel on R blend to SCP) end SCP LOD;
- 8 {**Slo Sd Lock**} Thru R, fwd & sd L comm LF trn leading W to swing in front to pickup, cont trng LF lk RIB of L (W: lk LIF of R) to CP DLC

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## 9-12 DIAMOND TURN 3/4 ; ; ; BK HOVER TO LOOSE SCAR LOD ;

- 9 {Diamond Trn 3/4} Fwd L comm LF trn, -, sd & bk R, bk L (*W: Bk R trn LF, -, sd & fwd L, fwd R outsd ptr*) to BJO DRC;
- 10 Bk R trn LF, -, sd & fwd L, fwd R outsd ptr (*W: Fwd L trn LF, -, sd & bk R, bk L*) to BJO DRW;
- 11 Fwd L comm LF trn, -, sd & bk R, bk L (*W: Bk R trn LF, -, sd & fwd L, fwd R outsd ptr*) to BJO DLW;
- 12 {Bk Hvr Loose SCAR} Bk R trn LF to approx.CP LOD, -, sd & bk L rising, rec R to SCAR DLW;

## 13-16 CROSS SWIVEL PT 4X ; ; CROSS HOVER SCP DLC ; THRU FC CLOSE DLW ;

- Q - Q - 13 {X Swivel Pt 4X} XLIF of R, swvl ¼ LF on L pt R sd, XRIF of L, swvl ¼ RF on R pt L to sd end SCAR DLW;
- Q - Q - 14 Repeat meas 13;
- 15 {X Hover SCP} Fwd L, -, blend to CP sd & fwd R betw W's feet, sd & fwd L to SCP DLC (*W: Bk R, -, sd & bk L to CP, trng RF sd & fwd R*) end SCP DLC;
- 16 {Thru Fc Close} Thru R, -, sd L trng to fc ptr and DLW, cl R to L end CP DLW;

### REPEAT PART B

No turn on final measure – end CP DLW

### PART A(9-16)mod

## 9-12 HOVER TELEMAR ; NAT HOVER CROSS ; - ; TELEMAR SCP ;

- 9 {Hover Telemark} Fwd L, -, fwd & sd R rising and trng sl RF, sd & fwd L end SCP DLW;
- 10-12 Repeat meas 10-12 of Part A; ; ;

## 13-16 OK IN & OUT RUNS ; - ; THRU TO OVERSWAY ;, & RECOV CP DLW ;

Repeat meas 13-16 of Part A; ; ; ;

### ENDING

## 1-4 WHISK ; SLOW SD LK DLC ; REV TRN ; ;

- 1 {Whisk} Fwd L, -, sd & slightly fwd R, XLIB of R (*W: XRIB of L*) w RF upper body trn end SCP LOD ;
- 2 {Slow Sd Lk} Repeat meas 8 of Part C;
- 3-4 Repeat meas 3-4 of Intro; ;

## 5-8 HOVER TELEMAR SCP LOD ; THRU HOVER BJO ; OUTSIDE SWIVEL & THRU FC WALL ; SLOW DIP BK, HOLD, QK LEG CRAWL ;

- 5 {Hover Telemark} Repeat meas 5 of Intro;
- 6 {Thru Hvr BJO} Thru R, -, fwd L rising, rec R (*W: Thru L, -, fwd R rising and trng LF, rec L*) to BJO LOD;
- SS 7 {Outsd Swivel & Thru Fc} Repeat meas 7 of Part A;
- S - - 8 {Dip Bk, Hold, Leg Crawl} Rotating sl LF dip bk on soft L, -, -, sl LF twist to lead W's leg crawl (*W: slide L leg up outside of M's R leg w toe ptd down*);

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## **HEAD CUES**

Left Open Fcng POS DLC trail feet free

## **INTRO**

WAIT ; STEP TOG & SHAPE ; REV TRN ; ; HOVER TELEMAR SCP LOD ; THRU VINE 4 ;  
THRU SYNCHOPATED LILT 4 TO ; CHAIR & SLIP ;

## **PART A**

OPEN REV TRN ; HOVER CORTE ; BK WHISK ; THRU FC CLOSE ; QK TWIRL VINE & TCH ;  
QK REV TWIRL VINE TO BJO ; OUTSIDE SWIVEL & THRU FC WALL ; SLOW DIP BK & REC  
;

[TO LOD] VINE 3 TO SCP ; NAT HOVER CROSS ; ; TELEMAR SCP ; QK IN & OUT RUNS ; ;  
THRU TO OVERSWAY ;,, & RECOV TO CP DLW ;

## **PART B**

HOVER ; THRU TO LEFT WHISK ; LADY UNWIND 4 M FC DLC ; BK HOVER SCP DLC ;  
PROMENADE WEAVE 3 ; OUTSIDE CHANGE SCP DLW ; THRU SYNCHPATED LILT 4 TO ;  
CHAIR & SLIP ;

## **PART A(1-8)**

OPEN REV TRN ; HOVER CORTE ; BK WHISK ; THRU FC CLOSE ; QK TWIRL VINE & TCH ;  
QK REV TWIRL VINE TO BJO ; OUTSIDE SWIVEL & THRU FC WALL ; SLOW DIP BK & REC  
;

## **PART C**

HOVER ; CHK THRU PT \* LADY ROLL OUT ; [RT FEET] QK SIDE-BY-SIDE SERPIENTE ; ;  
QK FENCELINES \* BOTH WAYS ; ; QK FENCELINE M IN 4 LADY TRN TO SCP LOD ; SLOW  
SD LOCK DLC ;

DIAMOND TURN 3/4 ; ; ; BK HOVER TO LOOSE SCAR DLW ; CROSS SWIVEL PT 4X ; ;  
CROSS HOVER SCP DLC ; THRU FC CLOSE [DLW] ;

## **PART Bmod**

HOVER ; THRU TO LEFT WHISK ; LADY UNWIND 4 M FC DLC ; BK HOVER SCP DLC ;  
PROMENADE WEAVE 3 ; OUTSIDE CHANGE SCP DLW ; THRU SYNCHPATED LILT 4 TO ;  
CHAIR & SLIP NO TURN ;

## **PART A(9-16)mod**

HOVER TELEMAR ; NAT HOVER CROSS ; ; TELEMAR SCP ; QK IN & OUT RUNS ; ;  
THRU TO OVERSWAY ;,, & RECOV TO CP DLW ;

## **ENDING**

WHISK ; SLOW SD LK DLC ; REV TRN ; ; HOVER TELEMAR SCP LOD ; THRU HOVER BJO  
; OUTSIDE SWIVEL & THRU FC WALL ; SLOW DIP BK, HOLD, QK LEG CRAWL ;