

## MORE THAN A WOMAN

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- MUSIC:** More Than A Woman. Artist: The Bee Gees. Source: Amazon.com Speed: 43 MPM
- FOOTWORK:** Opposite (Woman in parenthesis)
- RHYTHM:** West Coast Swing Phase IV + 2 [Triple Travel & Strait Whip] + 2 [Left Side Pick Up Pass, & Head Loop Pass] ver 1.2
- SEQUENCE:** INTRO-ABC-ABC-BRIDGE-CMOD-END Rev 7/18/23 W's Footwork for Tuck & Spin

### INTRO

**1-4 CP WALL LEAD FEET FREE;; ROCK 4; THROWOUT LOP FACING LOD;**

- 1-4 [Starting Pos] CP WLL ld ft free wt;;  
[Rk 4 & Throwout] Rk L, R, L, R blend SCP LOD; Fwd L/R, fwd L trn, bk R/rec L, bk R (Fwd R/L, fwd R trn ½ RF, bk L/rec R, bk L) ld hnds jnd fcg ptr & LOD;

### PART A

**1-8 SUGAR PUSH;; KICK BALL CHANGE; UNDERARM TURN FACE RLOD;; TUCK & SPIN;; LEFT SIDE PASS FACE LOD;; PUSH BREAK;;**

- 1-2 [Sugar Push & Kick Bll Chg] Bk L, bk R, tap L slightly fwd, in plc L; Bk R/rec L, bk R (Fwd R, fwd L, tap R slightly bk, bk R; Bk L/rec R, bk L), kick fwd L (R)/bll of L (R) take weight, in pl R (L);
- 3-8 [Underarm Turn] Bk L, raise ld hnds ld W to pass on R sd XRif of L start trng RF 1/2, sd L/cl R, sd & fwd L comp RF trn fc RLOD; Bk R/rec L, bk R (Fwd R, fwd L start LF trn under ld hnds, sd R cont trn/XLif of R cont trn, bk R comp trn fc LOD; Bk L/rec R, bk L),
- [Tuck & Spin] Bk L, bk R bring ld hnd to ctr ldg W to a R sd lead; Tap L fwd with L sd ld, fwd L ld W to spin RF rel ld hnds, bk R/rec L, bk R jn ld hnds (Fwd R, fwd L with slight trn LF; Ball press of R in bk/rec L trn ½ RF, fwd R spin ½ RF fc ptr LOD, bk L/rec R, bk L); Note: Not to Roundalab standards.
- [Left Side Pass] Bk L ldg W fwd start LF trn, small bk R out of the slot comp ¼ LF trn ldg W to pass on L sd, sd L/cl R, fwd L trn ¼ LF fc LOD; Bk R/rec L, bk R (Fwd R, fwd L start LF trn, sd R cont trn/XLif of R cont trn, bk R comp ½ LF trn fc RLOD; Bk L/rec R, bk L),
- [Push Break] Bk L, smll bk R double hnd hold; Bk L/cl R, fwd L, bk R/rec L, bk R (Fwd R, fwd L; With double hnd fwd R/cl L, bk R, bk L/rec R, bk L);

### PART B

**1-8 UNDERARM TURN INTO TRIPLE TRAVEL WITH ROLL;;; MAN TURN LEFT JOIN RIGHT HANDS;; RIGHT SIDE PASS FACE LOD;; WRAPPED WHIP;;**

- 1-6 [Underarm Trn Into Triple Trvlr With Rll] Bk L, raise ld hnds ld W to pass on R sd XRif of L trn RF to fc WLL, in plc L/R, L jn R hnds palm to palm; Twds RLOD sd R/cl L, sd & fwd R, pushing lightly with R hnds trng RF 1½ to fwd L, fwd R fc COH joining L hnds palm to palm; Sd L/cl R, sd L & fwd trng ½ LF chg to R hnds palm to palm fc WLL, sd R/cl L, sd & fwd R trng ½ RF chg to L hnds palm to palm fc COH; Sd L/cl R, sd & fwd L pushing lightly with L hnds start a LF 1 ½ trn, fwd R, fwd L comp a LF trn jng R hnds to fc WLL; Sd R/rec L, sd R, (Fwd R, L trng ¼ LF fc WLL, fwd R/XLif, bk R trng ½ LF to fc COH passing M und jnd ld hnds rel hnds; Jn R hnds palm to palm sd L/cl R, sd L & bk trng start RF, fwd R, L comp a 1 ½ RF trn fc WLL chg to L hnds palm to palm; Sd R/cl L, sd & bk R trng ½ LF chg to R hnds palm to palm fc COH, sd L/cl R, sd & bk L trng RF chg to L hnds palm to palm fc WLL; Sd R/cl L, sd & bk R start a LF 1 ¼ trn, fwd R, fwd L comp a LF trn joining R hnds to fc LOD; Bk L/rec R, bk L),
- [Right Side Pass] Sd & fwd L ld W fwd trn fc LOD, rec R; Fwd L/cl R, fwd L, bk R/rec L, bk R (Fwd R, fwd L start LF trn; Sd R cont trn/XLif of R cont trn, bk R fc RLOD, bk L/rec R, bk L) jn ld hnds;

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**Part B continued**

- 7-8 [Wrapped Whip]** Bk L to double hnd hold, raise ld hnds ld W fwd XRif of L trn ¼ RF, sd L cont RF trn lower jnd ld hnds/cl R, sd & fwd L end wrap pos on W's L sd; XRib of L start RF trn rel trailing hnds, sd & fwd L comp ½ RF trn to LOP LOD, bk R/rec L, bk R (Fwd R, fwd L, fwd R passing undr jnd ld hnds/cl L, bk R end in Wrapped Pos; Bk L rel trail hnds, bk R, bk L/rec R, bk L);
- 9-11 LEFT SIDE PICK UP PASS FACE WALL;;, ROCK 2 &; THROWOUT FACE LOD JOIN R HANDS;**
- 9-11 [Left Side Pick Up Pass]** Bk L trng ¼ LF, bk R to fc COH, cl L to R/in plc R, blend loose CP small fwd L trng LF ½ fc WLL; Sd R/cl L to R, sd R (Fwd R, fwd L, fwd R/L blend to loose CP Wall, fwd R trng LF ½ fc COH; Sd L/cl R to L, sd L),
- [Rk 2 & Throwout]** Rk sd L, rk sd R blend to SCP LOD; Repeat meas 4 of intro jn R hnds;

**PART C**

- 1-6 EXTENDED LEFT SIDE HEAD LOOP PASS TO STACK LEFT OVER RIGHT; FACE RLOD; STRAIT WHIP; KEEP HAND HOLD; PUSH BREAK WITH ROCK 2;;**
- 1-2 [Head Loop Pass]** Bk L, bk R trng ¼ LF out the slot bring jnd R hnds over W head, in pl L/R, L trng ¼ LF blend to VARSOUVIENNE FCG RLOD jn L hnds; Fwd R, L, ld W to go slightly ahead then ld W to trn RF under jnd L hnds bk & sd R/rec L, bk & sd R (Fwd R raising R hnds overhead, fwd L, smll progr triple R/L, R blend to VARSOUVIENNE; Fwd L, fwd R, trng RF ½ over jnd L hnds L/R, bk L) end in stacked hnds L over R FCG ptr & RLOD;
- 3-4 [Strait Whip]** Bk L start to raise L hnds ld W fwd, XRif of L trn ¼ RF, sd L cont RF trn lower jnd L hnds/cl R, sd & fwd L end momentary VARSOUVIENNE POS on W's L sd; XRib of L start RF trn raise jnd R over W's head, sd & fwd L comp ½ RF trn to fc LOD lower jnd R hnds, bk R/rec L, bk R (Fwd R, start to raise jnd L hnds fwd L, fwd R passing under jnd L hnds/cl L, bk R end in momentary VARSOUVIENNE FCG RLOD; Bk L bringing jnd R hnds over W's head, bk R, bk L/rec R, bk L) end in stacked hnds R over L FCG prt & RLOD ;
- 5-6 [Push Break With Rock 2]** Bk L, small bk R push ldy bk, bk L/cl R, fwd L; Rk bk R, rec L, bk R/rec L, bk R (Fwd R, fwd L, with hnds jnd small rk fwd R/cl L, bk R; Rk fwd L, rec R, bk L/rec R, bk L) keep stacked hnds jnd;
- 7-12 EXTENDED LEFT SIDE HEAD LOOP PASS TO STACK LEFT OVER RIGHT; FACE LOD; STRAIT WHIP;; PUSH BREAK WITH ROCK 2; JOIN LEAD HANDS;**
- 7-12 FCG RLOD** Repeat meas 1 & 2 end FCG LOD,, repeat 3 thru 6;;; jn ld hnds;

**REPEAT PART A, B & C**

**BRIDGE**

- 1-1 CHICKEN WALK 4 QUICK;**
- 1 [Chkn Wlks]** Bk L, R, L, R (With swivel action on weighted ft fwd R, L, R, L);

**PART C MOD**

- 1-8 WRAPPEP WHIP; UNWRAP 2 & ANCHOR JOIN RIGHT HANDS; EXTENDED LEFT SIDE HEAD LOOP PASS TO STACK LEFT OVER RIGHT; FACE RLOD; STRAIT WHIP;; PUSH BREAK WITH ROCK 2; JOIN LEAD HANDS;**
- 1-2 [Wrapped Whip With Unwrap]** Bk L to double hnd hold, raise lead hnds ldg W fwd XRif of L trn ¼ RF, sd L cont RF trn lower jnd ld hnds/cl R, sd & fwd L end wrap pos on W's L sd; XRib of L start RF trn keeping all hnds jnd ld W to trn RF, sd & fwd L comp ½ RF trn to LOD, bk R/rec L, bk R (Fwd R, fwd L, fwd R passing under jnd ld hnds/cl L, bk R end in WRAPPED POS; Bk L start a full RF trn under ld hnds, fwd & sd R comp trn, bk L/rec R, bk L) rel hnd hold & jn R hnds;
- 3-8** From part C repeat meas 1 & 2 end FCG RLOD,, repeat 3 thru 6;;; jn ld hnds;

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**Part C continued**

- 9-16 WRAPPEP WHIP; UNWRAP 2 & ANCHOR JOIN R HANDS; EXTENDED LEFT SIDE HEAD LOOP PASS TO STACK LEFT OVER RIGHT; FACE LOD; STRAIT WHIP;; PUSH BREAK WITH ROCK 2; JOIN LEAD HANDS;**  
FCG RLOD repeat meas 1 thru 4 end FCG LOD;;; then repeat meas 5-8;;; jn ld hnds;

**END**

- 1-3 LEFT SIDE PICK UP PASS FACE WALL;;, ROCK 2 &; HOLD;**  
1-3 Repeat meas 9 & 10 of part B remain in CP FCG WALL;; Hold;

**MORE THAN A WOMAN Short Cues by Rey & Sherry Garza**

**INTRO**

- 1-4 CP WALL LEAD FEET FREE;;, ROCK 4; THROWOUT FACE PARTNER & LOD;**

**PART A**

- 1-8 SUGAR PUSH;;, KICK BALL CHANGE; UNDERARM TURN FACE RLOD;;, TUCK & SPIN;; LEFT SIDE PASS FACE LOD;;, PUSH BREAK;;**

**PART B**

- 1-11 UNDERARM TURN INTO TRIPLE TRAVEL WITH ROLL;;; MAN TURN LEFT JOIN RIGHT HANDS;;, RIGHT SIDE PASS FACE LOD;; WRAPPED WHIP;; LEFT SIDE PICK UP PASS FACE WALL;;, ROCK 2 &; THROWOUT FACE PARTNER & LOD JOIN RIGHT HANDS;**

**PART C**

- 1-6 EXTENDED LEFT SIDE HEAD LOOP PASS TO STACK LEFT OVER RIGHT; FACE RLOD; STRAIT WHIP; KEEP HAND HOLD; PUSH BREAK WITH ROCK 2;;**  
**7-12 EXTENDED LEFT SIDE HEAD LOOP PASS TO STACK LEFT OVER RIGHT; FACE LOD; STRAIT WHIP;; PUSH BREAK WITH ROCK 2; JOIN LEAD HANDS;**

**PART A**

- 1-8 SUGAR PUSH; KICK BALL CHANGE; UNDERARM TURN FACE RLOD;;, TUCK & SPIN;; LEFT SIDE PASS FACE LOD;;, PUSH BREAK;;**

**PART B**

- 1-11 TRIPLE TRAVEL WITH ROLL;;; MAN TURN LEFT JOIN RIGHT HANDS;;, RIGHT SIDE PASS FACE LOD;; WRAPPED WHIP;; LEFT SIDE PICK UP PASS FACE WALL;;, ROCK 2 &; THROWOUT FACE PARTNER & LOD JOIN R HANDS;**

**PART C**

- 1-6 EXTENDED LEFT SIDE HEAD LOOP PASS TO STACK LEFT OVER RIGHT; FACE RLOD; STRAIT WHIP; KEEP HAND HOLD; PUSH BREAK WITH ROCK 2;;**  
**7-12 EXTENDED LEFT SIDE HEAD LOOP PASS TO STACK LEFT OVER RIGHT; FACE LOD; STRAIT WHIP;; PUSH BREAK WITH ROCK 2; JOIN LEAD HANDS;**

**BRIDGE**

- 1-1 CHICKEN WALK 4 QUICK;**

**PART C MOD**

- 1-8 WRAPPEP WHIP; UNWRAP 2 & ANCHOR JOIN RIGHT HANDS; EXTENDED LEFT SIDE HEAD LOOP PASS TO STACK LEFT OVER RIGHT; FACE RLOD; STRAIT WHIP;; PUSH BREAK WITH ROCK 2; LEAD HANDS;**  
**9-16 WRAPPEP WHIP; UNWRAP 2 & ANCHOR JOIN RIGHT HANDS; EXTENDED LEFT SIDE HEAD LOOP PASS TO STACK LEFT OVER RIGHT; FACE LOD; STRAIT WHIP;; PUSH BREAK WITH ROCK 2; JOIN LEAD HANDS;**

**END**

- 1-3 LEFT SIDE PICK UP PASS FACE WALL;;, ROCK 2 &; HOLD;**