



MR. LONELY

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Music: Floyd Cramer "Class of 65" Track # 11 download from Microsoft Store \$1.29 PHASE IV SLOW 2 STEP

Sequence INTRO A B C B mod Speed for comfort

Footwork: Opposite, Unless noted (W's footwork & timing in parentheses)

Timing: Standard Slow Two Step unless note (3/17)

INTRO

Meas:

- 1-8 WAIT 2 MS LEAD FT FREE;; OP BASIC 2X to ½ OP LOD;;
SWITCHES;; OP BASICS;
- 1-4 CP/WALL wait 2 meas;; [open basics] Sd L ½ open,-, XRIB, rec L to fc (W sd R, -, XLIB, rec R to fc ptr); Sd R to ½ open,-, XLIB, rec R (W sd L, -, XRIB, rec L) to ½ open LOD;
- 5-6 [switches] Cross in front of woman side left to ½ open,-, fwd R, fwd L (W fwd R,-, fwd L, fwd R); Fwd R,-, fwd L, fwd R (W cross in front of man side L to ½ op, -, fwd R, Fwd L) to fc ptr/WALL;
- 7-8 [open basics] Sd L ½ open,-, XRIB, rec L to fc (W sd R, -, XLIB, rec R to fc ptr); Sd R to ½ open,-, XLIB, rec R fwd (W sd L, -, XRIB, rec L) to BFLY/WALL;

PART A

- 1 – 4 BFLY/WALL LUNGE BASIC; BASIC END P/U TO CP/LOD; LEFT TRN INSIDE ROLL; BASIC ENDING;
- 1-2 [lunge basic] BFLY/WALL Lunge sd L, -, rec R, XLIF; [basic end] Sd R, -, XLIB, rec R leading W to commence pick up/LOD;
- 3-4 [left trn inside roll] Fwd L trn LF to fc COH, -, sd R, XLIF (W bk R trn LF, -, sd L trn LF under lead hds, cont LF trn sd R to fc ptr); [basic end] Sd R, -, XLIB, rec R;
- 5-8 LEFT TURN INSIDE ROLL; BASIC ENDING; BASIC;;
- 5-6 [left trn inside roll] Fwd L trn LF to fc COH, -, sd R, XLIF (W bk R trn LF, -, sd L trn LF under lead hds, cont LF trn sd R to fc ptr); [basic end] Sd R, -, XLIB, rec R to CP/WALL;
- 7-8 [basic] Sd L, -, XRIB, rec L; Sd R, -, XLIB, rec R;
- 9-12 UNDERARM TRN; LARIAT 3; OUTSD ROLL; BASIC ENDING P/U BFLY /LOD;
- 9-10 [underarm trn] Sd L, -, XRIB, rec L (W sd R, -, fwd L trn RF under jnd lead hds, cont trn rec fwd R to M's right side); [lariat] In place R, -, L, R trn ¼ LF (W circle CW arnd M with ld hds jnd fwd L, -, fwd R, fwd L) to LOP/LOD;
- 11-12 [outside roll] In pl L, -, R, L (W fwd R trn RF under jnd ld hds, -, fwd L, fwd & sd R to fc ptr); [basic end p/u BFLY/LOD] Sd R, -, XLIB trn RF to fc LOD, fwd R (W sd L, - XRIB trn LF to fc ptr, fwd L jn both hds);
- 13-16 TRAVEL X CHASSE 4 X TO FC WALL;;;;
- 13-14 [travel x chasse 4x] With hds at waist level elbows in fwd L trn slightly LF, -, sd & fwd R, XLIF (W bk R trn slightly LF, -, bk & sd L, XRIF); Trn RF fwd R, -, sd & fwd L, XRIF (W bk L Trn RF, -, bk & sd R, XLIF);
- 15-16 [cont travel x chasse] Fwd L trn slightly LF, -, sd & fwd R, XLIF (W bk R trn slightly LF, -, bk & sd L, XRIF); Trn RF fwd R, -, sd & fwd L to fc WALL, XRIF (W bk L trn RF, -, bk & sd R, XLIF);

PART B

- 1-4 CP/WALL BASIC;; TURNING BASIC TO OP BRK;;
- 1-2 [basic] Sd L, -, XRIB, rec L; Sd R, -, XLIB, rec R;
- 3-4 [trn basic] Sd & fwd L trn upper body RF to fc RLOD, -, rec R trn ¼ LF with slip pivot action, sd & fwd L cont trn to fc COH (W sd & fwd R, -, fwd L trn ¼ LF with slip pivot action, sd & bk R cont trn to fc ptr) end CP/COH; [op brk] Sd R to LOP/FC, -, rk apt L Rec R;

- 5-8 **UNDERARM TRN; OPEN BRK; CHANGE SIDES W UNDERARM TRN; REV UNDERARM TRN/M IN 2 TO SHAD DLW RF FT FREE FOR BOTH;**
 5-6 [underarm trn] Sd L, -, XRIB, rec L (W sd R trn RF under ld hds, -, fwd L cont trn, fwd R to fc ptr); [op brk] Sd R, -, apt L, rec R;
 7-8 [chg sds] Fwd L lead W to trn LF under jnds hds, -, sd R to fc WALL, XLIF (W fwd R trn LF under jnd hds, -, sd L to fc ptr & COH, XRIF); [rev underarm trn M in 2 shad] Sd R, -, XLIF, tch R (W sd L trn LF under jnd lead hds, -, fwd R cont trn, fwd L) to SHAD/DLW both with R ft free;
- 9-12 **SHAD/DLW RT FT FREE FWD SWEETHEART RUNS; 2 SHAD RT TURNS BOTH FC WALL;;;:**
 9-10 [sweetheart runs] Fwd R, -, fwd L, fwd R; Fwd L, -, fwd R, fwd L;
 11-12 [2 shad right trns] Fwd R trn RF, - cont trn sd L, bk R to fc RLOD w/R shoulder lead; Bk L trn RF, cont trn sd R, fwd L to fc WALL;
- 13-16 **SHAD/WALL LUNGE BASIC; LUNGE BASIC W/TRN RF TO FC PTR M TRANS TCH; UNDERARM TRN; BASIC ENDING;**
 13-14 [shad lunge basic] Sd R, -, rec L, XRIF; Sd L, -, rec R, tch L (W sd L, -, rec R trn RF to fc ptr, sd & fwd L) to CP/WALL;
 15-16 [underarm trn] Sd L, -, XRIB, rec L (W sd R, -, fwd L trn RF under jnd lead hds, cont trn rec fwd R to fc ptr); [basic end] Sd R, -, XLIB, rec R;

PART C

- 1-4 **BASIC ½ OP ;; SWITCHES LOD ½ OP;;:**
 1-2 [basic] Sd L, -, XRIB, rec L: Sd R, -, XLIB, rec R;
 3-4 [switches] Cross in front of woman side left to ½ open, -, fwd R, fwd L (W fwd R, -, fwd L, fwd R); Fwd R, -, fwd L, fwd R (W cross in front of man side L to ½ op, -, fwd R, Fwd L) to ½ OP/LOD;
- 5-8 **SHAD X HVR 3 X;;; W WRAP LOD;**
 5-6 [shad x hvr 3 x] Jn ld hds high & pass behind W fwd L twd DLW, -, sd R, rec L trn to fc DLC (W jn ld hds high & pass in front of M fwd R twd DLC, -, sd L, rec R trn to DLW); Release ld hds jn trail hds high pass behind W fwd R twd DLC, -, sd L, rec R trn to DLW (W Release ld hds jn trail hds high pass in front of M fwd L twd DLW, -, sd R, rec L trn to DLC);
 7-8 Release trail hds jn ld hds high & pass behind W fwd L fwd DLW, -, sd R, rec L trn to DLC (W release trail hds jn ld hds high & pass in front of M fwd R twd DLC, -, sd L, rec R trn to DLW); [w wrap/ld] Keep ld hds jnd high pass behind W DLC fwd R twd DLC, -, sm fwd L twd LOD, cl R bring ld hds down & jn trail hds to WRAP/LOD (W keep ld hds jnd high pass in front of M fwd L twd DLW, -, and sd R twd WALL cl L bring ld hds down & jn trail hds to WRAP/LOD); {option Shad X hvr can be done with lead hand held}
- 9-12 **SWEETHEART RUNS TO FC BFLY/WALL;; LUNGE BASIC; BASIC ENDING TO ½ OP/LOD;**
 9-10 [sweetheart runs] Fwd L, -, fwd R, fwd L; Fwd R, -, fwd L, fwd R to fc ptr/WALL;
 11-12 [lunge basic] BFLY/WALL Lunge sd L, -, rec R, XLIF; [basic end] Sd R, -, XLIB, rec R ½ OP/LOD;
- 13-16 **THE SQUARE;;;:**
 13-16 [the square] Like a switch sd L crossing IF of W, -, trng RF sd R twd COH in L ½ OP, XLIF of R (W fwd R, -, sd L twd COH, XRIF of L starting to XIF of M); Fwd R, -, sd L twd RLOD, XRIF of L starting to XIF of W (W like a switch sd L crossing IF of M, -, trng RF sd R twd RLOD in ½ OP, XLIF of R); Like a switch sd L crossing IF of W, -, trng RF sd R twd WALL in L ½ OP, XLIF of R (W fwd R, -, sd L twd WALL, XRIF of L starting to XIF of M); Fwd R, -, sd L twd LOD, XRIF of L (W like a switch sd L crossing IF of M, -, trng RF sd R twd LOD in ½ OP, XLIF of R);

PART B mod

- 1-4 CP/WALL/BASIC;; TURNING BASIC TO OP BRK;;
 1-2 [basic]Sd L, -, XRIB, rec L: Sd R, -, XLIB, rec R;
 3-4 [trn basic] Sd & fwd L trn upper body RF to fc RLOD, -, rec R trn ¼ LF with slip pivot action, sd & fwd L cont trn to fc COH (W sd & fwd R, -, fwd L trn ¼ LF with slip pivot action, sd & bk R cont trn to fc ptr) end CP/COH; [op brk] Sd R to LOP/FC, -, rk apt L Rec R;
- 5-8 UNDERARM TRN; OPEN BRK; CHANGE SIDES W UNDERARM TRN; REV UNDERARM TRN/M IN 2 TO SHAD DLW RF FT FREE FOR BOTH;
 5-6 [underarm trn] Sd L, -, XRIB, rec L (W sd R trn RF under ld hds, -, fwd L cont trn, fwd R to fc ptr); [op brk] Sd R, -, apt L, rec R;
 7-8 [chg sds] Fwd L lead W to trn LF under jnds hds, -, sd R to fc WALL, XLIF (W fwd R trn LF under jnd hds, -, sd L to fc ptr & COH, XRIF); [rev underarm trn M in 2 shad] Sd R, -, XLIF, tch R (W sd L trn LF under jnd lead hds, -, fwd R cont trn, fwd L) to SHAD/DLW both with R ft free;
- 9-12 SHAD/DLW RT FT FREE FWD SWEETHEART RUNS;; 2 SHAD RT TURNS BOTH FC WALL;;
 9-10 [sweetheart runs] Fwd R, -, fwd L, fwd R; Fwd L, -, fwd R, fwd L;
 11-12 [2 shad right trns] Fwd R trn RF, - cont trn sd L, bk R to fc RLOD w/R shoulder lead; Bk L trn RF, cont trn sd R, fwd L to fc WALL;
- 13-16 SHAD/WALL LUNGE BASIC; SLOW DOWN LUNGE BASIC W/TRN LF IN 2 M TCH; SL OP HINGE; EXTEND LEFT ARMS HOLD W CARESS;
 13-14 [shad lunge basic] Sd R, -, rec L, XRIF; [lunge basic W trn 2 M tch]Sd L, -, rec R, tch L (W sd R, -, rec L trn LF to fc ptr, -)to CP/WALL;
 15-17 [sl hinge] sd and slightly forward L comm L side stretch, -, rotate upper body LF continue stretch leading W to XLIB keep L side in to ptr lower slightly relax L knee extend R, - (W sd R, -, XLIB of R lowering slightly keeping L side in to ptr relax L knee place R hd on M's L shoulder, and extend R ft fwd twd RLOD extend L hd sd & bk) M hold (W raise L arm up & slowly lower to caress M's face);