

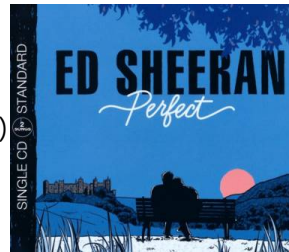
PERFECT

Music: Ed Sheeran
www.amazon.de/Perfect Shortened to 3:38
Emma Heesters & Kurt Hugo Schneider (Lyrics Ed Sheeran)
www.amazon.com/
Time 3:31 Slow Down w/ -5%
Available from choreographer

Rhythm: **Slow Two Step**
Phase: IV+2 (Horseshoe + Triple Traveler) **+2 U** (Trav.R Turn + The Square)

Footwork: **Opposite except where (Noted)**

Release Date: Jan 18
Choreo: Jos Dierickx Beverloesestwg 14b2 3583 Paal Belgium
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Sequence: **ABC BRIDGE ABC END**



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LOOSE CP WALL LEAD FOOT FREE START ON THE WORD " LOVE"

PART A

01-04 FULL BASIC ; ; OP BASICS ; ;

{Full Basic} In Loose CP WALL Sd L, -, XRib (*W XLib*), rec L ; Sd R, -, XLib (*W XRib*), rec R ; **{OP Basics}** Sd L trng to ½ LOP RLOD, -, XRib (*W XLib*), rec L trng to fc ; Sd R trng to ½ OP LOD, -, XLib (*XRib*), rec R starting to fold in frt of W ;

05-08 THE SQUARE ; ; ;

{The Square} In ½ OP LOD Fwd L trng RF moving in front of W, -, sd R twd COH, XLif (*W fwd R, -, sd L twd COH, XRif*) to end in left ½ OP fcg COH ; Fwd R, -, sd L twd RLOD, XRif (*W fwd L trng RF moving in front of M, -, sd R twd RLOD, XLif*) to end in ½ OP fcg RLOD ; Fwd L trng RF moving in front of W, -, sd R twd WALL, XLif (*W fwd R, -, sd L twd WALL, XRif*) to end in left ½ OP fcg WALL ; Fwd R, -, sd L twd LOD, XRif (*W fwd L trng RF moving in front of M, -, sd R twd LOD, XLif*) to ½ OP WALL ;

09-12 3 ALTERNATING UNDERARM TURNS W - M & W ; ; ; TO A LARIAT ;

{3 Alternating Underarm Turns W – M & W} Trng to fc ptr Sd L raisg jnd ld hnds palm-to-palm, -, XRib, rec L (*W sd R com RF trn undr jnd ld hnds, -, XLif cont RF trn ½, rec R compg full trn to fc ptr*) ; [join trailing hnds] Sd R comm RF trn undr jnd trail hnds, -, XLif cont RF trn ½, rec R compg full trn to fc ptr (*W sd L raisg jnd trail hnds palm-to-palm, -, XRib, rec L*) ; [join lead hnds] (*W sd R com RF trn undr jnd ld hnds, -, XLif cont RF trn ½, rec R compg full trn to fcg LOD*) ; **{To a Lariat }** Small sd & fwd R chkg leading W around w/ lead hands together, -, rec L with hip roll, rec R trng ¼ LF (*W fwd L around M, - fwd R, fwd L fc*) to LOP LOD ;

13-16 OUTSIDE ROLL ; HORSESHOE TURN ; ; BASIC ENDING to Picking Up;

{Outsd Roll} Fwd L trng ¼ LF to fcg ptr, -, sd R, XLif (*W fwd R to LOD starting full RF trn under jnd ld hnds, -, fwd & sd L contg trn, fwd & sd R compg trn*) to BFLY COH ; **{Horseshoe Turn}** Sd R trng RF to fc LOD, -, fwd L w/ checking action, pull R behind L (*W sd L trng LF to fc LOD, -, fwd R w/ checking action, pull L behind R*) end LOP LOD ; Fwd L comm circular walk CCW, -, raising jnd lead hnds fwd R cont circular walk, fwd L completing circular walk to fc WALL (*W fwd R comm RF circular walk CW, -, fwd L cont RF circular walk under jnd lead hnds, fwd R complete circular walk to fc COH*) end to CP WALL ; **{Basic Ending to PU}** Sd R, -, XLib (*W XRib*), rec R (*W sd L, -, XRib, rec L starting to fold in frt of M*) to picking-up ;

PART B

01-04 TRIPLE TRAVELER ; ; ; BASIC ENDING to Maneuver ;

{Triple Traveler} Fwd L comm LF trn raisg jnd ld hnds to ld W's LF trn, -, sd R compg ¼ LF trn, XLif (*W bk R comm LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R*) to LOP LOD ; Fwd R spiral LF undr jnd hnds, - fwd L, fwd R (*W fwd L, -, fwd R, fwd L*) ; Fwd L bring jnd hnds dwn & bk in cont circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLif (*W fwd R comm roll RF under jnd lead hnds, -, bk L cont roll, fwd R comp Roll to fc ptr*) to BFLY COH ; **{Basic Ending to Maneuver}** Repeat meas 16 Part A to Maneuver ;

05-08 TRAVELING RIGHT TURN w/ OUTSIDE ROLL ; ; LUNGE BASICS w/ ARMS to PU ; ;

{Traveling Right Turn w/ Outsd Roll} Cont trn RF crossing IF of W sd & bk L to fc RLOD, -, XRib, twist tm RF 5/8 on both ft to fc DLW & shift wgt to L (*W fwd R btwn M's ft, -, fwd L, R around M RF*) end CP M fcg DLW ; Fwd R slightly trng RF to fc WALL raising jnd lead hnd to lead W tm RF, -, sd L, XRif (*W Sd & bk L comm tm RF under jnd lead hnds, -, cont tm RF under jnd lead hnds R, L*) end in LOP M fcg COH ; **{Lunge Basics w/ Arms to PU}** Sd L extg lead arm sd, -, rec R, XLif (*W XRif*) ; Sd R extg trail arm sd, -, rec L, XRif (*W XLif*) to COH & Picking Up ;

09-12 TO RLOD TRIPLE TRAVELER ; ; ; BASIC ENDING to BFLY ;

{To RLOD Triple Traveler} Repeat meas 1-3 Part B ; ; ; {Basic Ending to BFLY} Repeat meas 16 Part A to BFLY WALL ;

13-16 SPOT TURN TWICE ; ; SIDE BASIC ; REVERSE UNDERARM TURN to Picking Up ;

{Spot Turn x 2} Sd L, -, XRif trn LF ½, rec L cont LF trn to fc prtn ; Sd R, -, XLif trn RF ½, rec R cont RF trn to fc prtn ; {Sd Basic} Sd L, -, XRib (W XLib), rec L ; {Reverse Underarm Turn to PU} Sd R, -, XLif, rec R (W sd L comm LF trn undr jnd ld hds, -, XRif to line of prog trng ½ LF, rec fwd L contg trn to fc ptr) to Picking Up in Low Bfly LOD ;

PART C

01-05 4 TRAVELING CROSS CHASSE to BFLY WALL ; ; ; SLOW HIP ROCK 2 ;

{Traveling Cross Chasse x 4 to BFLY WALL} Joining both hnds low Fwd L trng LF, -, with rt side leading sd R, XLif (W bk R trng lf, -, with lf side leading sd L, XRif) to DLC ; Fwd R trng RF, -, with lf side leading sd L, XRif (W bk L trng RF, -, with rt side leading sd R, XLif) to DLW ; Repeat meas 1 Part C ; Fwd R comm trng RF fcg DLW w/L shld ld, -, sd L cont RF trn to fc prtn, cl R to Low Bfly WALL ; {Slow Hip Rk 2} [SS] Rk sd L, -, rk sd R, -;

06-10 DBL HANDHOLD UNDERARM TURN to STACKED HANDS ; OP BREAK to FACE ;

CHANGE SIDES/W UNDERARM ; OP BASIC ENDING to Picking Up;

{Dbl Handhold Underarm Trn to Stacked Hnds} [With both hands joined above lady's head] Sd L, -, XRib lead ptr under dbl hd hold, rec fwd L stacked Lft over Rt hands (W fwd R, -, fwd L rf trn under dbl hd hold, fwd R stacked hnds L over R) fcg ptr to WALL ; {Open Break to Fc} With stacked hnds Sd R, -, rk apt L, rec R to r-sd-by-r-sd ; {Change Sides / W Underarm} Fwd L to WALL trng ½ RF lead W trn under stacked hds, -, sd R, XLif (W fwd R to COH LF trn under stacked hds chg sds, -, sd L, XRif) to BFLY COH ; {OP Basic Ending} Sd R trng to ½ OP RLOD, -, XLib (XRib), rec R to COH & PU ;

11-13 LEFT TURN w/ INSIDE ROLL ; AIDA PREPARATION ; AIDA LINE & HIP ROCKS ; SWITCH CROSS to 1/2 OP LOD

{Left Turn w/ Insd Roll} Fwd L comm LF trn raisg jnd ld hnds to ld W's LF trn, -, sd R compg ¼ LF trn, XLif (W bk R comm LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R) to loose CP WALL ; {Aida Preparation} Sd R trng RF to LOD, -, thru L, trng LF sd R to fc ptr ; {Aida Line & Hip Rks} Trng LF bk L to V-BK-TO-BK DLW (W DLC), -, xfer wgt to R, xfer wgt to L ; {Switch Cross} Trn RF to fc ptr ck sd R, -, rec L, XRif (W XLif) to ½ OP LOD ;

14-17 4 SWITCHES ; ; ; ;

{Switches to PU} Sd L Xg in frt of W to ½ LOP, -, fwd R, fwd L (W fwd R, -, fwd L, fwd R manuvg in frt of M) ; Fwd R, -, fwd L, fwd R trng to Fc ptr (W sd L Xg in frt of M, fwd R, fwd L trng to ptr) to ½ OP LOD ; Repeat meas 9-,10 Part B ; ;

BRIDGE

01-03 TIME STEP TWICE ; ; SLOW HIP ROCK TWO ;

{Time Step x 2} [Releasg both hands] Sd L, -, XRib hnds extend out to sd, rec L hnds Xif of chest ; Sd R, -,XLib hnds extend out to sd, rec R to low bfly WALL ; {Slow Hip Rk 2} Repeat meas 5 Part C ;

ENDING

01-03 TIME STEP TWICE ; ; SLOW HIP ROCK TWO ;

{Time Step x 2} Repeat meas 1,2 Bridge ; ; {Slow Hip Rk 2} Repeat meas 5 Part C ;

01-05 SIDE BASIC ; AIDA PREPARATION ; AIDA LINE & ROCK 2 ; SWITCH & WAIT TWIST ;

{Sd Basic} Sd L, -, XRib (W XLib), rec L ; {Aida Preparation} Repeat meas 15 Part C ; {Aida Line & Hip Rks} Repeat meas 16 Part C ; {Switch Wait & Twist} [SS] Trn RF to fc ptr sd & bk R with soft knee to fc ptr & BFLY WALL, -, wait, trng upperbody to RF to BJO DRW ;