

Psicofonía

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Music: “Psicofonía” by Gloria Trevi, from the album “Psicofonía”
MP3 download from Amazon (song id 274533358), Original length: 3:45
Cut first 28 seconds, fade in from start to 1 second, Final length: 3:18
<https://www.youtube.com/watch?v=PnEgqX8cSo>

Rhythm & Phase: Tango Phase VI **Tempo:** 45 RPM

Footwork: Opposite (*except where noted*)

Sequence: Introduction, A, B, C, D, A, B, D(modified), B, Ending

Released: October 15, 2023 **Revised:** September 25, 2023

Introduction

1 **Wait [CP WALL, Trail feet free] ;**
1 Wait in CP fcg WALL, -, start strong sway to L (*W's head to R*) in prep for Part A, - ;

Part A

1 – 2 **Right Lunge [CP WALL] ~ Slow Spanish Drag [CP WALL] ~ Close Tap [SCP LOD] ; ;**
S | S-- | Q- 1–2 **{Right Lunge}** Lunge sd & fwd R (*W's head to L*), -, **{Slow Spanish Drag}** Sd L w/abt 1/8 RF trn w/head well to L (*W's head well to L*), comm R ft drag twd L ft while changing to look at ptr ; cont R ft drag over next two beats of music while looking at ptr to bring R ft next to L to CP WALL w/weight on L ft, -, **{Close Tap}** cl R trng SCP, tap L ft [suggested timing &S] ;

3 – 4 **Chase w/Syncopated Chasse Ending [CP LOD] ; ;**
SQQQQ&Q 3–4 **{Chase w/Syncopated Chasse Ending}** Fwd L in SCP, -, fwd R w/RF body trn, sd L to CP (*W fwd R, -, fwd L w/LF body trn, sd & bk R to CP*) ; sharp RF trn 1/4 chk fwd on R outside ptr BJO DRW, rec bk L trng RF ¼ to CP fcg DRC, trng RF sd R/cl L, sd R to CP LOD ;

5 – 6 **Progressive Link [SCP LOD] ~ Closed Promenade [CP DLW] ; ;**
QQ | SQQS 5–6 **{Progressive Link}** Fwd L w/strong contra body, trng RF sharply cl R (*W bk R, trng RF sd L*) to SCP [suggested timing &S], **{Closed Promenade}** Fwd L in SCP, - ; thru R, sd & fwd L trng body slightly LF trn W to CP (*W sd & bk R trn LF to CP*), cl R CP DLW, - ;

7 – 8 **Syncopated Five Step [SCP LOD] ~ Head Flick [SCP LOD] ; ;**
QQS&S | &-- 7–8 **{Syncopated Five Step}** Fwd L, sd & bk R, bk L in BJO, - ; sm bk R/trn sharply SCP LOD & tap L, -, **{Head Flick}** w/sharp RF trn of hips trn W to CP & trn head to fc W/turn back to SCP, - ;

Part B

1 – 4 **Fwd to La Cobra 5 Picking Up [CP LOD] ; ; ; Turning Tango Draw [CP DLC] ;**
SSSSS 1–3 **{Fwd to La Cobra 5 Picking Up}** Fwd L in SCP, -, fwd R folding in front of W, - ; sd & bk L w/RF swvl bring R under body (*W fwd R btwn M's ft swvlg RF*) to SCP RLOD, -, fwd R folding in front of W, - ; sd & bk L w/RF swvl bring R under body (*W fwd R btwn M's ft swvlg RF*) to SCP LOD, -, fwd R picking up (*W fwd L trng ½ LF*) to CP LOD, - ;
QQ-- 4 **{Turning Tango Draw}** Fwd L in CP trng 1/8 LF to DLC, sd R, draw L in next to R, - ;

5 – 8 **Reverse Turn w/Right Lunge Finish [CP DLW] ; ; Back Rock 3 [CP WALL] ; Back Corte [CP DLC] ;**
QQSQQS 5–6 **{Reverse Turn w/Right Lunge Finish}** Fwd L comm LF trn, sd & bk R (*W heel trn*), bk L in CP fcg RLOD, - ; bk R comm LF trn, sd & fwd L cont LF trn to CP DLW, trng upper body slightly LF lunge fwd & sd R DLW, - ;
QQS 7 **{Back Rock 3}** Trng slightly rk bk L, rec R, bk L CP WALL w/RF upper body trn to op W's hd, - ;
QQS 8 **{Back Corte}** Bk R comm LF trn, sd & fwd L cont LF trn, cl R to CP DLC, - ;

Part C

- 1 – 2.5 Telespin [SCP DLW] ; ; w/Promenade Link Ending [CP DLW] ;**
 QQ--QQS 1 – 2 **{Telespin}** Fwd L comm LF trn, sd & slightly bk R cont LF trn to fc RLOD, bk L with
 (QQS&QQS) partial wgt keeping L sd twd W [W's movement will trn M LF to fc DLW], - (*W bk R comm LF*
trn, bring L ft to R trn LF on R heel [heel turn] with wgt transfer to L, fwd R, -) ; spin LF
 taking full wgt to L foot, sd R w/LF trn drawing L ft in beside R ft, fwd L, - (*W keep R sd twd*
M fwd L/ fwd R comm LF toe spin, cont LF toe spin cl L, fwd R, -) to SCP DLW ;
 Q- 2.5 **{Promenade Link Ending}** Fwd R w/slight LF trn (*W fwd L picking up*), tap L beside R in
 CP DLW [suggested timing &S] ; **Note: This measure has only 2 beats of music**
- 3 – 5 Syncopated Five Step [SCP LOD] ~ Closed Promenade [CP DLW] ; ; ;**
 QQS&S | SQQS 3 – 5 **{Syncopated Five Step}** Fwd L, sd & bk R, bk L in BJO, - ; small bk R/trn sharply to SCP
 LOD & tap L ft, -, **{Closed Promenade}** Fwd L in SCP, - ; thru R, sd & fwd L trng body slightly
 LF trn W to CP (*W sd & bk R trn LF to CP*), cl R CP DLW, - ;
- 6 – 7 Progressive Link [SCP LOD] ~ Natural Pivot Turn w/Right Lunge [CP DLW] ; ;**
 QQ | SQQS 6 – 7 **{Progressive Link}** Fwd L w/strong contra body, trng RF sharply cl R (*W bk R, trng RF*
sd L) to SCP [suggested timing &S], **{Natural Pivot Turn w/Right Lunge}** Fwd L, - ; thru R trng
 RF to CP RLOD (maneuver), bk L pvt RF 3/8, cont RF trn 1/4 lunge fwd & sd R to DLW, - ;
- 8 – 9 Back Rock 3 [CP WALL] ; Back Corte [CP DLC] ;**
 QQS 8 **{Back Rock 3}** Trng slightly rk bk L, rec R, bk L CP WALL w/RF upper body trn to op W's hd, - ;
 QQS 9 **{Back Corte}** Bk R comm LF trn, sd & fwd L cont LF trn, cl R to CP DLC, - ;

Part D

- 1 – 5 Reverse Fallaway & Slip [CP DLW] ; Viennese Turns [CP DLW] ; Syncopated Five Step [SCP LOD] ~
 Closed Promenade [CP DLW] ; ; ;**
 QQQQ 1 **{Reverse Fallaway & Slip}** Fwd L comm LF trn, sd & bk R toward DLC, XLIB of R in CBMP
 [fallaway], bk R pivot 1/2 LF (*W bk R comm LF trn, bk L, XRIB of L, sd & fwd L pivot 1/2 LF*)
 to CP DLW ;
 QQ&QQ& 2 **{Viennese Turns}** In CP throughout fwd L comm LF trn, sd R to fc DRC/ XLIF of R, bk R
 comm LF trn, sd L to fc DLW/ cl R (*W bk R comm LF trn, sd L to fc DLW/ cl R,*
fwd L comm LF trn, sd R to fc DRC/ cl L instead of crossing) finishing LF trn to CP DLW ;
 QQS&S | SQQS 3 – 5 **{Syncopated Five Step}** Fwd L DLW, sd & bk R, bk L in BJO, - ; small bk R/trn sharply to
 SCP & tap L ft, -, **{Closed Promenade}** Fwd L in SCP, - ; thru R, sd & fwd L trng body slightly
 LF trn W to CP (*W sd & bk R trn LF to CP*), cl R CP DLW, - ;
- 6 – 8 Curved Walk 2 [CP DLC] ; Open Reverse Turn w/Open Finish & Check [BJO DLW] ; ;**
 SS 6 **{Curved Walk 2}** Fwd L comm LF trn, -, fwd R cont LF trn ending DLC, - ;
 QQSQQS 7 – 8 **{Open Reverse Turn w/Open Finish & Check}** Fwd L comm LF trn, sd & bk R cont LF trn,
 bk L in BJO fcg RLOD, - ; bk R trng LF, sd & fwd L cont LF trn, fwd R outsd ptr ckg in BJO
 DLW, - ;
- 9 – 10 Outside Swivel 2X [BJO LOD] ; Back Whisk [SCP LOD] ;**
 SS 9 **{Outside Swivel 2X}** Bk L brush R in front of L trng W to SCP DLW, -, fwd R trng W to
 BJO LOD, - (*W fwd R swvlg RF to SCP DLW, -, fwd L swvlg LF to BJO LOD, -*) ;
 QQS 10 **{Back Whisk}** Bk L comm RF trn to fc WALL, sd R, XLIB w/RF upper body trn to SCP LOD, - ;
- 11 – 12 Recover Tap [SCP LOD] ~ Closed Promenade [CP DLW] ; ;**
 Q- | SQQS 11 – 12 **{Recover Tap}** Fwd R in SCP, tap L beside R [suggested timing &S], **{Closed Promenade}** Fwd
 L in SCP, - ; thru R, sd & fwd L trng body slightly LF trn W to CP (*W sd & bk R trn LF to CP*),
 cl R CP DLW, - ;

- 13 – 14 Progressive Link [SCP LOD] ~ Natural Promenade Turn [SCP LOD] ; ;**
 QQ | SQQS 13 – 14 {**Progressive Link**} Fwd L w/strong contra body, trng RF sharply cl R (*W bk R, trng RF sd L*) to SCP [suggested timing &S], {**Natural Promenade Turn**} Fwd L, - ; thru R trng RF to CP RLOD (maneuver), sd & bk L pvt RF 1/2, fwd R to SCP LOD, - ;
- 15 – 17 Extended Back Open Promenade Checking [CP RLOD] ; ; Turning Tango Close [CP WALL] ;**
 SQQQQS 15 – 16 {**Extended Back Open Promenade**} Fwd L in SCP, -, fwd R comm 1/4 RF trn, sd & bk L cont RF trn to face RLOD ; bk R under body w/slight LF upper body trn, bk L losing slight LF upper body trn, bk R under body w/slight LF upper body trn chng, - ; (The upper body turns place the couple in a contra check position)
 QQS 17 {**Turning Tango Close**} Fwd L in CP trng 1/4 LF to WALL, sd R, cl L, - ;

Part A – Repeat

- 1 – 8 Right Lunge [CP WALL] ~ Slow Spanish Drag [CP WALL] ~ Close Tap [SCP LOD] ; ; Chase w/Syncopated Chasse Ending [CP LOD] ; ; Progressive Link [SCP LOD] ~ Closed Promenade [CP DLW] ; ; Syncopated Five Step [SCP LOD] ~ Head Flick [SCP LOD] ; ;**

Part B – Repeat

- 1 – 8 Fwd to La Cobra 5 Picking Up [CP LOD] ; ; ; Turning Tango Draw [CP DLC] ; Reverse Turn w/Right Lunge Finish [CP DLW] ; ; Back Rock 3 [CP WALL] ; Back Corte [CP DLC] ;**

Part D – Repeat (modified)

- 1 – 14 Reverse Fallaway & Slip [CP DLW] ; Viennese Turns [CP DLW] ; Syncopated Five Step [SCP LOD] ~ Closed Promenade [CP DLW] ; ; ; Curved Walk 2 [CP DLC] ; Open Reverse Turn w/Open Finish & Check [BJO DLW] ; ; Outside Swivel 2X [BJO LOD] ; Back Whisk [SCP LOD] ; Recover Tap [SCP LOD] ~ Closed Promenade [CP DLW] ; ; Progressive Link [SCP LOD] ~ Natural Promenade Turn [SCP LOD] ; ;**
- 15 – 16 Double Promenade [SCP LOD] ; ;**
 SQQQQS 15 – 16 {**Double Promenade**} Fwd L in SCP, -, fwd R in SCP, fwd L in SCP ; fwd R in SCP, fwd L in SCP, cl R to SCP w/ lead foot pointed LOD, - ;

Part B – Repeat

- 1 – 8 Fwd to La Cobra 5 Picking Up [CP LOD] ; ; ; Turning Tango Draw [CP DLC] ; Reverse Turn w/Right Lunge Finish [CP DLW] ; ; Back Rock 3 [CP WALL] ; Back Corte [CP DLC] ;**

Ending

- 1 – 6 Reverse Fallaway & Slip [CP DLW] ; Viennese Turns [CP DLW] ; Syncopated Five Step [SCP LOD] ~ Closed Promenade [CP DLW] ; ; ; Curved Walk 2 [CP DLC] ;**
 1 – 6 Repeat measures 1 – 6 of Part D
- 7 – 9 Open Reverse Turn w/ Closed Finish [CP DLW] ; ; Slow Contra Check & Extend [CP DLW] ;**
 QQSQQS 7 – 8 {**Open Reverse Turn w/Closed Finish**} Fwd L comm LF trn, sd & bk R cont LF trn, bk L in BJO fcg RLOD, - ; bk R trng LF, sd & fwd L cont LF trn, cl R CP DLW, - ;
 S-- 9 {**Slow Contra Check & Extend**} With R shoulder lead lower well into R knee fwd L twd DLW, slowly develop R sway over remaining music ;

* A vertical bar “|” shown in the timing listed in the margin separates individual figures

Head Cues (with suggested timing)

Intro

1 Wait (CP WALL, Trail feet free) ;

Part A

1 – 2 Right Lunge [S] ~ Slow Spanish Drag [S--] ~ Close Tap [&S] ; ;

3 – 6 Chase w/Syncopated Chasse Ending [SQQ QQQ&Q] ; ; Progressive Link [&S] ~ Closed Promenade [S QQS] ; ;

7 – 8 Syncopated Five Step [QQS &S] ~ Head Flick [&S] ; ;

Part B

1 – 4 Fwd to La Cobra 5 Picking Up [SS SS SS] ; ; ; Turning Tango Draw [QQS] ;

5 – 8 Reverse Turn w/Right Lunge Finish [QQS QQS] ; ; Back Rock 3 [QQS] ; Back Corte [QQS] ;

Part C

1 – 2+ Telespin [QQS &QQS] ; ; w/Promenade Link Ending [&S – half measure] ;

3 – 5 Syncopated Five Step [QQS &S] ~ Closed Promenade [S QQS] ; ; ;

6 – 9 Progressive Link [&S] ~ Natural Pivot Turn w/Right Lunge [S QQS] ; ; Back Rock 3 [QQS] ; Back Corte [QQS] ;

Part D

1 – 2 Reverse Fallaway & Slip [QQQQ] ; Viennese Turns [QQ&QQ&] ;

3 – 6 Syncopated Five Step [QQS &S] ~ Closed Promenade [S QQS] ; ; ; Curved Walk 2 [SS] ;

7 – 10 Open Reverse Turn w/Open Finish & Check [QQS QQS] ; ; Outside Swivel 2X [SS] ; Back Whisk [QQS] ;

11 – 14 Recover Tap [&S] ~ Closed Promenade [S QQS] ; ; Progressive Link [&S] ~ Natural Promenade Turn [S QQS] ; ;

15 – 17 Extended Back Open Promenade Checking [SQQ QQS] ; ; Turning Tango Close [QQS] ;

Part A

1 – 2 Right Lunge [S] ~ Slow Spanish Drag [S--] ~ Close Tap [&S] ; ;

3 – 6 Chase w/Syncopated Chasse Ending [SQQ QQQ&Q] ; ; Progressive Link [&S] ~ Closed Promenade [S QQS] ; ;

7 – 8 Syncopated Five Step [QQS &S] ~ Head Flick [&S] ; ;

Part B

1 – 4 Fwd to La Cobra 5 Picking Up [SS SS SS] ; ; ; Turning Tango Draw [QQS] ;

5 – 8 Reverse Turn w/Right Lunge Finish [QQS QQS] ; ; Back Rock 3 [QQS] ; Back Corte [QQS] ;

Part D (modified)

1 – 2 Reverse Fallaway & Slip [QQQQ] ; Viennese Turns [QQ&QQ&] ;

3 – 6 Syncopated Five Step [QQS &S] ~ Closed Promenade [S QQS] ; ; ; Curved Walk 2 [SS] ;

7 – 10 Open Reverse Turn w/Open Finish & Check [QQS QQS] ; ; Outside Swivel 2X [SS] ; Back Whisk [QQS] ;

11 – 14 Recover Tap [&S] ~ Closed Promenade [S QQS] ; ; Progressive Link [&S] ~ Natural Promenade Turn [S QQS] ; ;

15 – 16 Double Promenade [SQQ QQS] ; ;

Part B

1 – 4 Fwd to La Cobra 5 Picking Up [SS SS SS] ; ; ; Turning Tango Draw [QQS] ;

5 – 8 Reverse Turn w/Right Lunge Finish [QQS QQS] ; ; Back Rock 3 [QQS] ; Back Corte [QQS] ;

Ending

1 – 2 Reverse Fallaway & Slip [QQQQ] ; Viennese Turn [QQ&QQ&] ;

3 – 6 Syncopated Five Step [QQS &S] ~ Closed Promenade [S QQS] ; ; ; Curved Walk 2 [SS] ;

7 – 9 Open Reverse Turn w/Closed Finish [QQS QQS] ; ; Slow Contra Check & Extend [S-] ;

Psicofonía Lyrics

Spanish

Él no descansa en paz
Su alma llora, llora, él no se conforma con la soledad

Desde que ya no está
Él empezó a vagar
Su alma penitente sin opción a muerte por la eternidad

Se conocieron en un frío diciembre, tres años atrás
Él quería asustarla por el ventanal
Ella lo asustó cuando le sonrió
Él miró sus ojos y cayó en su fondo hasta su corazón

Ella es una loca, loca perdida
Él adora su alma herida
Y se amaron bailando sin tiempos
Psicofonías que él cantaba en el viento

Ella es una loca, loca perdida
Él se aparece en fuego y policromías
El fantasma y la loca se quieren casar
El padre de ella no lo quiere aceptar

Mas una maldición
Lo ata en la mansión
Por eso él canta, canta y el viento se lleva su lamentación

Si pones atención
Escucharás su voz
Y seguro que ella allá en su blanca celda
Baila psicofonías de amor

Ella es una loca, loca perdida
Él adora su alma herida
Y se amaron bailando sin tiempos
Psicofonías que él cantaba en el viento

Ella es una loca, loca perdida
Él se aparece en fuego y policromías
El fantasma y la loca se quieren casar
El padre de ella no lo quiere aceptar

Ella es una loca, loca perdida
Él la adora, ella nunca lo olvida
Pues la envuelve con psicofonías
Los muertos nos hablan, algunos nos aman

English

He doesn't rest in peace
His soul cries, cries, he doesn't settle for loneliness

Since he's no longer
He began to wander
His penitent soul with no option of death for eternity

They met on a cold December, three years ago
He wanted to scare her through the window
She scared him when she smiled at him
He looked into her eyes and fell deep into her heart

She is a crazy, lost crazy
He adores her wounded soul
And they loved each other, dancing without time
Psicofonías that he sang in the wind

She is a crazy, lost crazy
He appears in fire and polychromes
The ghost and the insane girl want to get married
Her father doesn't want to accept it.

But a curse
Binds him in the mansion
That's why he sings, sings and the wind carries away
his lament

If you pay attention
You will hear his voice
And surely she, in her white cell
Dance psychophonies of love

She is a crazy, lost crazy
He adores her wounded soul
And they loved each other, dancing without time
Psicofonías that he sang in the wind

She is a crazy, lost crazy
He appears in fire and polychromes
The ghost and the insane girl want to get married
Her father doesn't want to accept it

She is a crazy, lost crazy
He adores her, she never forgets him
Because he envelops her with psychophonies
The dead speak to us, some love us