

# PUT YOUR RECORDS ON

**Choreographers:** Bob & Sally Nolen  
**Address:** 790 Camino Encantado, Los Alamos, NM 87544  
**Rhythm & Phase:** WCS Phase V (Cheerleader+Tripple Travel & Roll)  
+(Whip & Flip+Cut Off)  
**Music:** Connie Bailey Rae, Amazon.com & others  
**Speed:** 47 RPM with download at 3.33 min  
from Amazon.com or 3.19 min  
**Sequence:** Intro A B C Intl 1 A B C Intl 2 D C C End

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**Level of Difficulty:** Moderate  
**Released:** July 2016 R0  
**Footwork:** Ladies Opposite Man  
except where noted



## Introduction

### 1-3 Wait Man Facing Rev w/L Hooked Behind R ; ; Unwind to LOP/LOD;

- 1-2 **{Wait 2X}** Wait 2 meas w/man's left ft hooked bhnd rt facng RLOD (ladies opposite) ;  
3 **{Unwind to LOP/LOD}** Unwind to LOP/LOD;

## Part A

### 1-3 Left Side Pass; ,, Underarm Turn; ,,,:

- 1-3 **{Left Side Pass}** bk L turning LF, close R turning LF leading woman to M's L sd, fwd L/close R, fwd L; in place R/ L, R, (fwd R, fwd L passing on M's L sd, fwd R/L, R turning LF; in place L/ R, L, )  
**{Underarm Turn}** bk L turning RF, fwd R turning RF, fwd L/close R, fwd L; in place R / L, R, (fwd R, fwd L under jned lead hands, fwd R/L, R turning LF; in place L/ R, L, )

### 4-6 Cheerleader; ,,Cheek to Cheek; ,,,:

- 4-6 **{Cheerleader}** X L IF/cl's R sd & bk L tap R heel fwd, X R IF/cl's L sd & bk R tap L heel fwd, X L IF/cl's R sd & bk L tap R heel fwd; X R IF/cl's L sd & bk R tap L heel fwd, (X R IF/cl's L sd & bk R tap L heel fwd, X L IF/cl's R sd & bk L tap R heel fwd, X R IF/cl's L sd & bk R tap L heel fwd; X L IF/cl's R sd & bk L tap R heel fwd, )  
**{Cheek to Cheek}** bk L, rec fwd R comm RF turn, lift L knee up cont RF turn touching M's L hip to woM's R hip, X L IF of R turning LF to fac prtnr; in place R/L, R, (fwd R, fwd L comm LF turn, lift R knee up cont LF turn touching R hip to M's L hip, X R IF of L turning RF to fac prtnr; in place L/R, L, )

### 7-8 Side Whip; ;

- 7-8 **{Side Whip}** bk L, rec fwd & sd R moving to lady's R sd turning 1/4 RF to an L-shaped SCP placing R hand on lady's bk, point L [no wgt], hold; hold, fwd L turning 1/4 LF, in place R/ L, R; (fwd R, fwd L turning 1/2 RF, bk R/close L to R, fwdR; bk L, bk R turn 1/2 LF to fac prtnr, in place L/R, L; )

## Part B

### 1-5 Underarm Turn; ,, Triple Travel with Roll; ; ; ,,,:

- 1-5 **{Underarm Turn}** bk L turning RF, rec fwd R turning RF, fwd L/close R, fwd L; in place R / L, R, (fwd R, fwd L under jned lead h&s, fwd R/L, R turning LF; in place L/ R, L, )  
**{Triple Travel with Roll}** sd R/close L, sd & fwd R comm RF turn 1/4, fwd L cont RF turn 3/4, fwd R cont RF turn 1/2 [making a 1 1/2 turn] to a lft hand star; sd L/close R, sd L turning LF 1/2 to a rt hnd star, sd R/close L, sd R turning RF 1/2 to a lft hand star; sd L/close R, sd & fwd L comm LF turn 1/4, fwd R cont LF turn 1/2, fwd L cont LF turn 1/2 [making a 1 1/4 turn] to fac prtnr jn lead hands; in place R/ L, R, (sd L/close R, sd & bk R comm RF turn 1/4, fwd R cont RF turn 3/4, fwd L cont RF turn 1/2 [making a 1 1/2 turn] to a lft hand star; sd R/close L, sd R turning 1/2 LF to a rt hand star, sd L/close R, sd L turning RF 1/2 to a lft hand star, sd R/close L, sd & bk R comm LF turn 1/4, fwd L cont LF turn 1/2, fwd R cont LF turn 1/2 [making a 1 1/4 turn] to fac prtnr jn lead hands; in place L/ R, L, )

### 6-8 Surprise Whip; ; Sugar Body Ripple; ,,,:

- 6-8 **{Surprise Whip}** bk L, rec fwd & sd R moving to lady's R sd comm RF turn 1/4 to CP, sd L cont RF turn 1/4 rec fwd R, sd & fwd L complete 1/2 RF turn; chk fwd R CBMP turning upper body strongly to the R leading woman to turn sharply to the rt & stopping woman with M's rt hand on lady's bk ending in an L-shaped SCP looking at prtnr, rec bk L raising jned lead hands, in place R / L, R; (fwd R, fwd L turning RF 1/2, bk R/close L to R, fwd R between M's ft turning sharply RF 1/2 keeping L leg close to R & under the body; chk bk L, rec fwd R turning RF under jned lead hands to fac prtnr, in place L/ R, L; )  
**{Sugar Bdy Ripple}** bk L, bk R, press L fwd & lower to body ripple,-,- ;,,

## Part C

### 1-5 Whip Turn & Flip to LOP/LOD; ; Underarm Man Hook Turn to Left over Right; ,, Traveling Side Pass; ,,,:

1-5 **{Whip & Flip to LOP/LOD}** Bk L, rec fwd & sd R moving to wom's R sd turning 1/4 RF to CP, sd L turning 1/4 RF/fwd R, sd & fwd L & on same track as L ft & while flipping to sdcar LOD; Fwd wide outside ladies R cking, sd L into track, anchor in place R,L,R; (fwd R, fwd L turning LF 1/2 to CP, bk R/close L to R, fwd R between M's ft turning 1/2 RF; bk L, bk R, anchor in place L / R, L;)

**{Underarm Turn Man Hook Trn Lft over Rt}** bk L turning RF, rec fwd R turning RF, fwd L/close R, fwd L; in place R / L, R, (fwd R, fwd L under jned lead hands, fwd R/L, R turning LF; in place L / R, L, )

**{Traveling Side Pass}** sd L, rec sd R, close L/in place R, fwd L; fwd R/fwd L, fwd R, (fwd R, fwd L comm LF turn, in place R/L, fwd R continuing LF trn moving behind man to his rt sd; L/R, L,)

### **6-8 Right Side Pass w/Ladies Inside Underarm Turn to Man's Head Loop; ,, Cut Off ; ,,,:**

6-8 **{Rt Sd Pass w/Ladies Inside Underarm Trn to Man's Head Loop}** From sd by sd Pos fcng wall lft hand joined over right joined hand - rk sd L, rec sd R, swvl 1/4 LF to LOD rec R, cl L to R/in place R, fwd L; bk R under body/replace wt to L, sltly bk & replace wt to R while leading ladies rt hnd over man's head letting go for man's head loop , (From sd by sd Pos fcng wall lft hand joined over right joined hand - fwd R, fwd L, svl 1/4 LF to wall sd R/cl L to R trn 1/4 LF to LOD, strt RF trn to RLOD fwd R spin RF on R to fc LOD; (Fwd L, fwd R while letting go of man's rt hnd & lide rt hnd down man's arm & join rt to lft hnds, replace wt to L, to LOP/LOD)

**{Cut Off}** bk L, rec R, fwd L press while taking bk of rt hnd to bk of ladies rt shoulder blade ,-,-,rotate rt hand around to palm-; lead lady to turn bk to fc LOD man cross L in frnt of R like a lock, and anchor - R,L,R to LOP/LOD; (fwd R, fwd L, fwd R commencing lft fc trn/fwd L continuing lft fc trn, fwd R completing lft fc trn; bk L/R,L bk to LOP/LOD;)

### **Intl 1**

#### **1-3 Sand Step 2X; ; Even Count Side Breaks:**

- 1 **{Sand Step}** swivel rt fc on R tch L toe to R instep, swivel LF on R tch L heel sd & fwd, swivel rt fc on R cross L in frnt of R/ sd R bhnd L, cross L in front of R;
- 2 **{Sand Step}** swivel lft fc on L tch R toe to L instep, swivel lft fc on L tch R heel sd & fwd, swivel lft fc on L cross R in frnt of L/ sd L bhnd R, cross R in front of L;
- 3 **{Even Count Sd Breaks}** sd L, sd R, sd L, clse R;

### **Repeat Part A,B,C**

### **Intl 2 (Repeat Intl 1, Meas 1-2)**

### **Part D**

#### **1-4 Sugar Push w/Rock 2; ; Wrapped Whip; ;**

- 1-2 **{Sugar Push w/Rk 2}** bk L, bk R, touch L to R, fwd L; rk bk r, rk fwd L, anchor in place R / L, R, (fwd R, fwd L, touch R to L, bk R rk L, rk bk R; in place L/ R, L, )
- 3-4 **{Wrapped Whip}** bk L to double h&hold, rec R turning 1/2 RF, bring M's L & woM's R h&s in & over woM's head sd L cont RF turn/close R, sd & fwd L in wrapped pos; X R in bk of L turning RF release M's R & woM's L h&s, sd L turning RF to fac LOD, in place R/ L, R; (fwd R, fwd L, fwd R/close L, bk R; bk L, bk R, in place L / R, L; )

#### **5-8 Sugar Tuck & Twirl; ,, Half Whip; ; Kick Ball Change,,;**

- 5-8 **{Sugar Tuck & Twirl}** bk L, bk, R tch L, step L leading lady to twirl lft fc bk to fc partner; anchor-bk R/L, R; (fwd R, fwd L, fwd R begin rt fc trn in a twirling action bk to fc partner; anchor - bk L/R, L;)
- 5-8 **{Half Whip}** bk L, rec fwd R leading lady to SCP/LOD, fwd L commencing a lft fc trn/ fwd R, fwd L to CP/RLOD; continue to RLOD fwd R, fwd L chckng, anchor - bk R/L, R; (fwd R, fwd L trning rt fc 1/2 to SCP/LOD, bk R/cl L, fwd R chckng; bk L, bk R, bk L/R, L - anchor;

**{Kick Ball Chnge}** In LOP/RLOD kick L fwd/take wgt on ball of L,replace wgt on R, (In LOP/RLOD kick R fwd/take wgt on ball of R,replace wgt on L,)

### **Repeat Part C 2X Facing Rev**

### **End**

#### **1-3 Sand Steps 2X;; Cls & Sunburst:**

- 1 **{Sand Step}** swivel rt fc on R tch L toe to R instep, swivel LF on R tch L heel sd & fwd, swivel rt fc on R cross L in frnt of R/ sd R bhnd L, cross L in front of R;
- 2 **{Sand Step}** swivel lft fc on L tch R toe to L instep, swivel lft fc on L tch R heel sd & fwd, swivel lft fc on L cross R in frnt of L/ sd L bhnd R, cross R in front of L;
- 3 **{Cls & Sunburst}** cls L & raise arms from center of body up bringing them in & going up straight then out and slowly down as music fades;

## HEAD CUES

### *Introduction*

Wait Man Facing Rev w/Left Hooked Behind R ;; Unwind to LOP/LOD;

#### *Part A*

Left Side Pass;;; Underarm Turn;;;;

Cheerleader;;; Cheek to Cheek;;;; Side Whip; ;

#### *Part B*

Underarm Turn;;; Triple Travel with Roll; ; ; ,,

Surprise Whip; ; Sugar Body Ripple;;;;

#### *Part C*

Whip & Flip to LOP/LOD; ; Underarm Turn Man Hook Trn Lft over Rt; ,,

Traveling Side Pass;;;; Rt Side Pass w/Inside Underarm Trn to Man's Head Loop;;; Cut Off ;;;;

#### *Intl 1*

Sand Step;; Even Count Sd Break;

#### *Part A*

Left Side Pass;;; Underarm Turn;;;;

Cheerleader;;; Cheek to Cheek;;;; Side Whip; ;

#### *Part B*

Underarm Turn; ,, Triple Travel with Roll; ; ; ,,

Surprise Whip; ; Suger Body Ripple;;;;

#### *Part C*

Whip & Flip to LOP/LOD; ; Underarm Turn Man Hook Trn Lft over Rt; ,,

Traveling Side Pass;;;; Rt Side Pass w/Inside Underarm Trn to Man's Head Loop; ,, Cut Off ;;;;

#### *Intl 2*

Sand Step 2X;;

#### *Part D*

Sugar Push w/Rk 2; ; Wrapped Whip; ;

Sugar Tuck & Twirl; ,, Half Whip; ; Kick Ball Chnge ;;;

#### *Part C*

Whip & Flip to LOP/RL0D; ; Underarm Turn Man Hook Trn Lft over Rt; ,,

Traveling Side Pass; ;;; Rt Side Pass w/Inside Underarm Trn to Man's Head Loop; ,, Cut Off ;;;;

#### *Part C*

Whip & Flip to LOP/RL0D; ; Underarm Turn Man Hook Trn Lft over Rt; ,,

Traveling Side Pass;;;;Rt Side Pass w/Inside Underarm Trn to Man's Head Loop; ,, Cut Off ;;;;

#### *Part End*

Sand Step 2X;; Cls to Sunburst;

