SHIVERS

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CD Music: "Shivers" by Ed Sheeran

Music YouTube Link: https://youtu.be/z2 Lrg6rRks?si=kHi9t1bHliBqkaTx

MP3 Download: Available through Amazon

Rhythm/Phase: Cha Cha/Hustle. ROUNDALAB Phase IV+0+6 [Passing Fan, (Hustle Basic, Right Side Pass,

Inside Underarm Pass, Close, Release w/ Outside Underarm Pass)] Difficulty: Average

Footwork: Opposite, directions for M (except where noted)

Sequence: Intro, A, B, C, A, B, C, End

Time: Download 3:28 ~ Cut at 2:44 & Fade out from 2:41 ~ Slow 18.9% or 36.5 RPM (Final Cut 3:22)

INTRO

[OP POS LOD] WAIT;; slo BASKETBALL TRN to OP LOD;;

1-2 Wait 2 measures in OP POS LOD no hnds joined;;

3-4 1-2 {Basketball Trn} Fwd L and check trng 1/4 RF, -, rec R cont RF trn 1/4, -; Fwd L and check trng 1/4 RF, -, rec R

3-4 cont RF trn 1/4 RF to OP LOD no hnds joined, -;

[OP POS LOD] SD BRK & HOLD & 3 slo ELVIS HIP BUMPS;; FC TCH to BFLY ~ SD TCH; SD WALK HALF;

5-6 &1-2 {Sd Brk & Hold & 3 slo Hip Bumps} Sd L/step out R, -, rk sd L with quick hip bump and swivel right

- knee in, -; Rk sd R with quick hip bump and swivel left knee in, -, rk sd L with quick hip bump and swivel right knee in, -;
- 7 1&2& {Fc Tch ~ Sd Tch} Sd R trng 1/4 RF to fc ptr in BFLY, tch L to R, sd L, tch R to L to BFLY WALL;
- 8 123&4 **{Sd Walk Half}** Sd R, cl L to R, sd R/cl L, sd R;

PART A

[BFLY WALL] ALEMANA;; FENCE LINE; CRAB WALKS;;

- 1-2 {Alemana} Fwd L, rec R, bk L/cl R, sml bk L bringing joined lead hnds up to palm to palm leading W to comm RF trn; Bk R, rec L, sd R/cl L, sd R (W bk R, rec L, fwd R/cl L, fwd R comm RF trn; Cont RF trn under joined lead hnds fwd L, cont RF trn fwd R, sd L/cl R, sd L) to BFLY;
- 3 {Fence Line}X lunge L thru to RLOD with bent knee looking twd RLOD, rec R, sd L/cl R, sd L;
- 4-5 {Crab Walks}XRIF, sd L, XRIF/sd L, XRIF; sd L, XRIF, sd L/cl R, sd L;

[BFLY WALL] SPOT TRN; CHASE with UNDERARM PASS to COH;; NEW YORKER;

- 6 {Spot Trn} Swiveling LF on ball of L foot bring R foot thru trng 1/2 LF, rec L to fc ptr, sd R/cl L, sd R;
- 7-8 {Chase w/Underarm Pass} Fwd L comm 1/2 RF trn keeping lead hands joined, rec fwd R, fwd L/lk RIB, fwd L; Bk R raising joined lead hands leading W to trn LF, rec L to BFLY COH, sd R/cl L, sd R (W bk R keeping lead hands joined, rec L, fwd R/lk RIB, fwd R twd M's left sd; Fwd L, fwd R trng 1/2 LF under joined lead hands to BFLY COH, sd L/cl R, sd L);
- 9 {New Yorker} Swiveling RF on ball of R foot bring L foot thru with straight leg to SD by SD POS LOD, rec R swiveling to BFLY COH, sd L/cl R, sd L;

[BFLY COH] UNDERARM TRN; to a LARIAT;

- 10 {Underarm Trn} Raising joined lead hands trn body slightly RF bk R, rec L squaring body to fc ptr, sd R/cl L, sd R (W swiveling 1/4 RF on ball of R foot step fwd L trng 1/2 RF, rec R trng 1/4 RF, sd L/cl R, sd L) to right sd of ptr;
- 11-12 {to a Lariat} Sd L, rec R, cl L/sip R, L; Bk R, rec L to BFLY COH, sd R/cl L, sd R (W circle RF w/joined lead hnds fwd R, fwd L, fwd R/lk LIB, fwd R crossing behind M; Cont circle RF with joined lead hnds fwd L, fwd R to BFLY COH, sd L/cl R, sd L);

[BFLY COH] HAND to HAND-2X to CP;; CROS BODY;;

- 13-14 **{Hand to Hand-2X}** Swiveling sharply 1/4 LF on R bk L to OP RLOD, rec R trng 1/4 RF to fc ptr, sd L/cl R, sd L; Swiveling sharply 1/4 RF on L bk R to LOP LOD, rec L trng 1/4 LF to fc ptr, sd R/cl L, sd R to CP COH;
- 15-16 {Cros Body} Fwd L, rec R trng LF [foot trns 1/4 as body trns 1/8], sd L/cl R, sd L; Bk R beh L cont LF trn, rec L, sd R/cl L, sd R; (W bk R, rec L, fwd R/lk LIB, fwd R twd M staying on right side ending in L-shaped Position; Fwd L comm LF trn, fwd R trng 1/2 LF, sd L/cl R, sd & bk L) to BFLY WALL;

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PART B

[BFLY WALL] HALF BASIC: to a FAN; start PASSING FAN;

- 1 {Half Basic} Fwd L, rec R, sd L/cl R, sd L;
- 2 {To a Fan} Bk R, rec L, sd R/cl L, sd R (W fwd L, trng LF step sd & bk R making a 1/4 trn L, bk L/lk RIF, bk L leaving right extended fwd with no weight) in FAN POS fcg WALL;
- 3 {Start Passing Fan} Fwd L crossing in front of W, fwd R trng LF 1/2 fcg COH, sd L/cl R, sd L (W cl R to L, fwd L, fwd R/lk LIB, fwd R) to "L" POS FCG COH;

<u>"L" POS FCG COH] cont PASSING FAN to HNDSHAK FCG RLOD into TRIPLE CHAS;; Man's UNDERARM TRN; into an AIDA;</u> SWITCH ROCK in 4 to LOW BFLY;

- 4-5 123&4 {Cont Passing Fan into Triple Chas} Bk R leading W to pass, rec L trng 1/4 LF to right hndshak, fwd R/lk LIB, fwd R; 5&6 7&8 Switch to left hndshak fwd L/lk RIB, fwd L, switch to right hndshak fwd R/lk LIB, fwd R (*W fwd L trng LF 1/2, bk R, bk L/lk RIF, bk L*; Switch to left hndshak bk R/lk LIF, bk R, switch to hndshak bk L/lk RIF, bk L) to RLOD in HNDSHAK;
- Under joined hnds fwd L trng 1/2 RF to LOD, rec & fwd R, fwd L/lk RIB, fwd L (*W rk bk R, rec L, fwd R/lk LIB, fwd R*) RT HNDS JOINED FCG LOD;
- 7 {Into an Aida} Fwd R trng RF, sd L cont RF trn, joining lead hnds bk R/lk LIF, bk R to "V" POS fcg RLOD;
- 8 1234 **(Switch Rock in 4)** Trng LF to fc ptr sd L checking bringing joined hnds thru, rec R, sd L, sd R joining hnds to LOW BFLY WALL;

PART C (HUSTLE)

[LOW BFLY WALL] BASIC; RT SD PASS; BASIC; INSIDE UNDERARM PASS;

- 1 1234 {Basic} Bk L apt from ptr, rec R, sip L, sip R (W bk R apt from ptr, rec L, sip R, sip L);
- 2 1234 {RT Sd Pass} Bk L apt from ptr, fwd XRIF slightly off the track, fwd L comm RF trn passing ptr's right side, cont RF trn XRIF back into the track (W bk R, fwd L comm RF trn passing ptr right side, fwd R cont RF trn, bk L) to LOW BFLY COH;
- 3 1234 Repeat Part C Meas 1;
- 4 1234 {Inside Underarm Pass} Bk L apt from ptr, fwd XRIF slightly off the track raising lead hnds, fwd L comm RF trn passing ptr's right side leading ptr under lead hnds, cont RF trn XRIF back into the track lowering hnds (W bk R, fwd L comm LF trn under lead hnds, fwd R cont LF trn, bk L) to LOW BFLY WALL;

ILOW BFLY WALLI BASIC: CLOSE: RELEASE with OUTSIDE UNDERARM TRN: SKATE 4:

- 5 1234 Repeat Part C Meas 1;
- 6 1234 {Close} Bk L, XRIF slightly off the track, fwd L trng RF 1/4, cl R to L (W bk R, fwd L comm RF trn, fwd R cont RF trn, bk L) to "L" POS FCG RLOD;
- 7 1234 {Release with Outside Underarm Pass} Sd L, rec R raising lead hnds, XLIF comm LF trn, sd & bk R (W bk R, fwd L under lead hnds comm RF trn, fwd R cont RF trn, bk L) to LOW BFLY WALL;
- 8 1234 **(Skate 4)** Swivel LF on right foot stepping fwd L/draw R to L, swivel RF on left foot stepping fwd R/draw L to R, swivel LF on right foot stepping fwd L/draw R to L, swivel RF on left foot stepping fwd R/draw L to R;

[LOW BFLY WALL] BASIC; RT SD PASS; BASIC; INSIDE UNDERARM PASS;

- 9 1234 Repeat Part C Meas 1;
- 10 1234 Repeat Part C Meas 2;
- 11 1234 Repeat Part C Meas 1;
- 12 1234 Repeat Part C Meas 4

[LOW BFLY WALL] BASIC; CLOSE; RELEASE with OUTSIDE UNDERARM TRNJ; SKATE 4;

- 13 1234 Repeat Part C Meas 1;
- 14 1234 Repeat Part C Meas 6;
- 15 1234 Repeat Part C Meas 7;
- 16 1234 Repeat Part C Meas 8;



Repeat Part A to BFLY WALL

Repeat Part B to BFLY WALL

Repeat Part C to HNDSHAK WALL

END

[HNDSHAK WALL] TRADE PLCS - 2X to BFLY WALL;; OPEN BREAK; SHLDR to SHLDR - 2X;

- Trade Plcs-2X} Rk apt L, rec R trng 1/4 RF beh W releasing joined right hnds to momentary TANDEM RLOD, comm trng 1/4 RF sd & bk L/cl R, comp trn to fc ptr sd & bk L (W rk apt R, rec L trng 1/4 LF in front of M releasing joined hnds to temporarily be TANDEM RLOD, comm 1/4 LF trn sd & bk R/cl L, sd & bk R) to L HNDSHK COH:
- 2 Rk apt R, rec L trng 1/4 LF beh W releasing joined left hnds to momentary TANDEM RLOD, comm trng 1/4 LF sd & bk R/cl L, comp trn to fc ptr sd & bk R (*W rk apt RL, rec LR trng 1/4 RF in front of M releasing joined hnds to temporarily be TANDEM RLOD, comm 1/4 RF trn sd & bk L/cl R, sd & bk L) to BFLY WALL;*
- 3 **{Open Break}** Rk apt strongly L to LOP FCG WALL while extending trail arm straight out parallel to floor with palms down, rec R lowering arm to BFLY, sd L/cl R, sd L;
- 4-5 {Shldr to Shldr-2X} Fwd R to BFLY BJO, rec L to fc, sd R/cl L, sd R; Fwd L to BFLY SCAR, rec R to fc, sd L/cl R, sd L (W bk L to BFLY BJO, rec R to fc, sd LR/cl R, sd L; Bk R to BFLY SCAR, rec L to fc, sd R/cl L, sd R);

[BFLY WALL] SPOT TRN to LOP REV; SPOT TRN to OP LOD; SD BREAK HOLD & SHIVER;

- 6 **Spot Trn to LOP RLOD**} Swivel 1/4 LF on ball of L fwd R trng 1/2 LF, rec L, fwd R/lk LIB, fwd R to LOP RLOD;
- 7 **Spot Trn to OP LOD** Swivel 1/4 RF on ball of R fwd L trng 1/2 RF, rec R, fwd L/lk RIB, fwd L to OP LOD;
- 8 &1-34 **Sd Break Hold & Shiver** Sd R/step out L, -, shimmy right shldr twds ptr in "V" POS, -;



HEAD CUES

Sequence: Intro, A, B, C, A, B, C, End

<u>INTRO</u>

[OP POS LOD] WAIT;; slo BASKETBALL TRN to OP LOD;; SD BRK & HOLD & 3 slo ELVIS HIP BUMPS;; FC TCH to BFLY ~ SD TCH; to REV SD WALK HALF;

PART A

[BFLY WALL] ALEMANA;; FENCE LINE; CRAB WALKS;; SPOT TRN; CHASE with UNDERARM PASS to COH;; NEW YORKER; UNDERARM TRN; to a LARIAT;; HAND to HAND-2X to CP;; CROS BODY;;

PART B

[BFLY WALL] HALF BASIC; to a FAN; start PASSING FAN to HNDSHAK FCG RLOD into TRIPLE CHAS;;; Man's UNDERARM TRN; into an AIDA; SWITCH ROCK to LOW BFLY;

PART C (HUSTLE)

[LOW BFLY WALL] BASIC; RT SD PASS; BASIC; INSIDE UNDERARM PASS; BASIC; CLOSE; RELEASE with OUTSIDE UNDERARM TRN; SKATE 4; BASIC; RT SD PASS; BASIC; INSIDE UNDERARM PASS; BASIC; CLOSE; RELEASE with OUTSIDE UNDERARM TRN; SKATE 4;

PART A (CHA)

IBFLY WALL: ALEMANA;; FENCE LINE; CRAB WALKS;; SPOT TRN; CHASE with UNDERARM PASS to COH;; NEW YORKER; UNDERARM TRN; to a LARIAT;; HAND to HAND-2X to CP;; CROS BODY;;

PART B

[BFLY WALL] HALF BASIC; to a FAN; start PASSING FAN to HNDSHAK FCG RLOD into TRIPLE CHAS;;; Man's UNDERARM TRN: into an AIDA: SWITCH ROCK in 4 to LOW BFLY:

PART C (HUSTLE)

[LOW BFLY WALL] BASIC; RT SD PASS; BASIC; INSIDE UNDERARM PASS; BASIC; CLOSE; RELEASE with OUTSIDE UNDERARM TRN; SKATE 4; BASIC; RT SD PASS; BASIC; INSIDE UNDERARM PASS; BASIC; CLOSE; RELEASE with OUTSIDE UNDERARM TRN; SKATE 4 to HNDSHAK;

END

[HNDSHAK WALL] TRADE PLCS - 2X to BFLY WALL;; OPEN BREAK; SHLDR to SHLDR - 2X;; SPOT TRN to FC REV; SPOT TRN to FC LOD; SD BREAK HOLD & SHIVER;