

## SUGAR BLUES

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Record: "Sugar Blues" "Flip" P've Found A New Baby (Clyde McCoy)  
Music available from the Jim & Bonnie  
Position: Man Facing LOD Lady Facing RLOD in LOP Facing  
Footwork: Opposite (Except as noted) Unphased Speed 45  
Rhythm: Basic Lindy Hop Sequence: A-B-C-A-Tng Nov 2005

### INTRO

WAIT LEAD NOTES M fcg LOD W fcg RLOD in LOP turned slightly out  
twd wall L hand up Lead foot free for both

### -A-

1-8 SWING OUT TO FACE WALL;; KICK AWAY TO SWING OUT;;  
LINDY CIRCLE;; SYNC SIDE CHASSE; SLIP SLOP;

1-4 M's L W's R hands joined Lower in R leg Bk L Bowing swinging R  
arm bk, rec R, fwd L cl R to L slightly in bk, sd and fwd L completing  
½ RF turn facing RLOD (W swivel RF on R, swivel LF on L, fwd R /  
sd L XRIF completing ½ RF turn); Loose CP XRIB of L moving out  
of Lady's way, sd L release R hand hold, triple R / L, R face WALL  
(W fwd L, fwd R to move back to face partner, triple in place L / R, L  
like an anchor step turn slightly away to face WALL); Kick L across  
away from partner twd RLOD (W kick R twd LOD) keeping lead  
hands joined, swivel LF (W RF) to face partner knee up swinging foot  
bk twd RLOD (W LOD), fwd L / fwd R, sd L completing ½ RF turn  
(W fwd R / fwd L, fwd & sd R); Loose CP XRIB of L moving out of  
Lady's way, sd L release R hand hold, triple R / L, R face LOD (W  
fwd L, fwd R move back to face partner, triple in place L / R, L turn  
slightly twds WALL);

5-8 Repeat meas 1 of A to a tight CP; Making a tight circling action  
XRIB of L, sd & bk L, sd R / cl L, sd R (W fwd L, fwd R, sd L / cl R,  
sd L); SCP facing LOD Face partner and WALL in BFLY sd L / cl  
R, sd L / cl R, sd L / cl R, sd L / cl R; (timing 1&2&3&4&) Lift L  
Knee slipping R foot a little to the left, step down on L, lift R knee  
slipping L foot a little to the right, step down on R;

9-18 SWING OUT WITH LADY'S OUTSIDE TURN;; LINDY CIRCLE;;  
CHARLESTON KICKS;; PECKING;; PECKING;;

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9-12 Blend to SCP Rock bk L (W bk R), rec R (W rec L), sd L / cl R, sd L moving in front of lady fc RLOD (W triple in place R / L, R); Loose CP XRIB of L moving out of Lady's way sd L release R hand hold, Triple R / L, R face LOD (W does a outside turn under lead hands L, R, turning RF, triple in place to face M L / R, L); LOP facing LOD Lady slightly turn out twds WALL; Repeat meas 5 & 6 of A;;

13-18 SCP LOD Rock bk L (W bk R), rec fwd R, kick L fwd from knee, step Fwd on L; Kick R fwd, bring R bk under body knee up, kick bk R, step bk R; Rk bk L (W bk R), rec R (W rec L), fwd L (W fwd R) starting in front of M / cl L) rising to an up right position maintaining weight on L (W sd & slightly bk R) lead hands lowered at waist level head up neck bk; Fwd R pushing head fwd like a chicken pecking, fwd L repeating head action, fwd R repeating head action moving along side of lady / cl L, bk R in SCP facing RLOD (W bk L, bk R bk L / cl R, bk L); repeat meas 15 & 16 of meas A;;

**-B-**

1-8 **DOUBLE TURN;; GLIDE TO THE SIDE;; GLIDE TO THE SIDE;; LINDY CIRCLE;;**

1-4 Rk bk L (W bk R), rec R, triple almost in place L / R, L bringing lead hands up (W fwd R / cl L, sd & bk R picking up in front of M); Fwd R, fwd L, triple almost in place R / L, R (W turning under M's lead hand 2 full RF turns L, R, L / step in place R step in place L facing M in LOP slightly turned out); Repeat meas 5 of A; Moving side ways twd COH facing RLOD in LOP facing partner sd R, XLIF of R (WXRIF), sd R / cl L sd R;

5-8 Repeat meas 1 of A; Moving side ways twd WALL facing LOD in LOP facing partner sd R, XLIF of R (WXRIF), sd R / cl L, sd R; Repeat meas 5 & 6 of A;; end facing LOD in SCP

9-18 **DOUBLE TURN;; GLIDE TO THE SIDE;; GLIDE TO THE SIDE;; LINDY CIRCLE;; CHARLESTON KICKS;;**

9-12 Repeat meas 1-4 of B;;;;

13-18 Repeat meas 5-8 of B;;;; Repeat meas 13-14 of A;;

-C-

**1-8 TEXAS TOMMY TRANS TO R HANDS;; HAND TO HAND CHARLESTON;; HAND TO HAND CHARLESTON & SET DOWN;; HEELS TO LINDY CIRCLE;;**

**1-4 Bk L, (bk R), rec R, manuvng sd L / cl R (W fwd R / L) sd L completing 1/2 RF turn to CP fc RLOD fold W's R arm behind her bk (W fwd R between M's feet); XRIB of L chg to R to R hand hold (W comm. RF rollout bk L), sd L comm. Lead to spin out lady (W roll out RF 1/2 R ), bk R, cl L, fc LOD & COH R hands joined (W finish roll to fc WALL & RLOD LOD L / R, L): (R foot free for both) Kick fwd & across R ( W kick R), bring R bk under body knee up turn RF fc partner, kick R fwd & sd twd WALL chg to L hands (W kick R), step fwd R fc LOD & WALL (W fc COH & RLOD); Joined L hands kick L fwd & across, (W kick L), bring L bk under body knee up turn LF fc partner, kick L fwd & side, step fwd L fc LOD & COH; chg to R hands**

**5-8 Repeat meas 3 of C; L hands joined kick L fwd & across, (W kick L,) bring L bk under body knee up LF fc partner, kick L fwd & side (W kick L), cl L to R lowering in knees; Joining M's L & W's R hands Rk bk on both heels with straight legs bend fwd at waist let free arm swing bk, rec to bent knees swing free arm fwd, step fwd & sd strongly to make up distance on the rest of the lindy circle repeating meas 18 of B;;**

**9-18 TEXAS TOMMY TRANS TO R HANDS;; HAND TO HAND CHARLESTON;; HAND TO HAND CHARLESTON & SET DOWN;; HEELS TO LINDY CIRCLE;; SWING OUT;;**

**9-18 Repeat meas 1-8 of C;;; Repeat meas 3-4 of B;;**

-A-

**1-8 SWING OUT TO FACE WALL;; KICK AWAY TO SWING OUT;; LINDY CIRCLE;; SYNC SD CHASSE; SLIP SLOP;**

**1-8 Repeat meas 1-8 of A;;;;;;**

**9-18 SWING OUT WITH OUT SIDE TURN;; LINDY CIRCLE;; CHARLSTON KICKS;; PECKING;; PECKING;;**

**9-18 Repeat meas 9-18;;;;;;**

-TAG-

**1-3 SYNC SIDE CHASSE;; SLOW SLIP SLOP; LADY SWIVEL 2 POINT;**

**1-3 Blend to BFLY Repeat meas 7 of A; Repeat meas 8 of A slower; Rk bk L, rec R (W Swivel RF on R twd LOD, swivel LF L on twd RLOD), point L LOD (W point R LOD) lead hands joined trailing hands pointed up twd RLOD,-; note man delay his point until ct 4**