

TROUBLE

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Rhythm: West Coast Swing Speed: 26 MPM Phase: VI
Music: "Act One: Trouble" Album: Smokey Joe's Cafe: The Songs of Leiber and Stoller
Artist: DeLee & Brenda Track #10 MP3 download from Amazon.com Time: 2:15 @ 26 MPM
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SEQ: INTRO-A-B-C-D-E-F Footwork: Opp for Lady (except where noted)
Release Date: 6 August 2017 Ver 1.1

INTRO

1-4 WAIT; WAIT; SIDE CROSS & UNWIND TO FC; CROSS & PT (2X);

...---- [Wait] Wait 2 measures in bk to bk position M fcg LOD & W fcg RLOD abt 6-8' apt
---- hnds on hips & ld ft free & ptnd sd;;

&1--- [Sd X & Unwind to Fc] Sd L/XRIF of L,-, unwind LF on heel of R and ball of L end
with wgt on R ft (sd R/XLIF of R,-, unwind RF on heel of L and ball of R end with wgt
on L ft) to end M fcg ptr & RLOD,-;

1-3- [Cross Pt 2X] XLIF of R, pt R ft sd, XRIF of L, pt L ft sd (XRIF of L, pt L ft sd, XLIF
of R, pt R ft sd) now approx. 2-3' apt M fcg ptr & RLOD;

5-6 FWD 2 & WHIP TURN TO SCAR; WALK OUT 2 & ANCHOR TO FC;

123&4 [Fwd 2 & Whip Trn SCAR] Fwd L, fwd & acrs R to W's R sd trng RF taking W into R
arm, sd & fwd L/rec R trng RF, sd & fwd L outsd ptr swvlng RF ½ (fwd R, fwd L trng ½
RF, bk R/cl L, fwd R swvlng RF ½) to end in SCAR pos M Fcg RLOD;

567&8 [Wk Out 2 & Anchor to Fc] Fwd R, fwd & sd L into the slot, anchor R/L, R (bk L, bk
R, anchor L/R, L) to end LOP M fcg Ptr & RLOD;

PART A

1-4 INSIDE WHIP w/OUTSIDE TRN;; SLOW SIDE BREAKS;

LADY SLO FWD 2 TO R HND CHEST PUSH;;

123&4 [Insd Whip] Bk L comm to raise ld hnds, rec R across L raise ld hnds btwn ptrs comm
RF trn, catching W's L shoulder blade w/R hand cont RF trn sd & fwd L/rec R, sd & fwd
L (fwd R, fwd L comm trng ½ LF under joined lead hands, cont LF trn bk R/cl L, fwd R)
CP M fcing LOD;

567&8 [w/Outsd Trn] Trng RF XRIB of L lead W to trn RF, fwd & sd L into the slot, anchor
R/L, R (swvl ½ RF on the R ft step bk L trng ½ RF, fwd R trng ½ RF completing a 1 ½
RF trn to fc M, anchor L/R, L) to end LOP M fcg ptr & RLOD;

&1-&3- [Slo Sd Brks] Keep ld hnds jnd sd L/sd R,-, cl L/cl R,-;

1-3- [Lady Slo Fwd 2 R Hnd Chest Push] In LOP/RLOD small bk L,-, small bk R place
W's R hnd on M's chest (Lady closing the gap fwd R,-, fwd L) now very close to ptr,-;

5-8 LADY CROSS SWIVEL 2 SLO M RKS; BK WK 5 PASS BY BOTH TRN IN 3 TO FC;; **QUICK CLOSE POINT 4X;**

1-3- [Lady X Swvl 2 Slos M Rks] M extend both arms out to the sd hip rk sd L,-, hip rk sd R
(w/R hnd on M's chest XRIF of L swvlng RF,-, XLIF of R swvlng LF to fc M)-;

1234 [Bk Wk 5 Pass by Both Trn in 3 to Fc] Lwr arms to sds bk L, R, L, R (w/R hnd on M's
chest fwd R, L, R, L);

5678 Bk L chkng raise R arm across in front of body & up to remove W's R hnd from chest,
pass by fwd & acrs R, fwd L trng ½ RF, fwd R twds W (fwd R raise R arm straight up
when M contacts his R arm under yours, fwd L, fwd R trng LF ½, fwd L twds M) to end
M Fcg ptr & LOD at normal arms length apart but no hnds jnd;

&1&2&3&4- [Qk Cl Pt 4X] Close L to R/pt R sd swing arms sd twds WALL, close R to L/pt L sd
swing arms sd twds COH, close L to R/pt R sd swing arms sd twds WALL, close R to
L/pt L sd swing arms twds COH;

PART B**1-4 SUGAR PUSH w/DOUBLE ARM LOOP OUT TO FC & KICK/BALL CHG;;
(to/a) CHOKER WHIP UNWRAP HER & ANCHOR (Optimal TWIRL) TO FC;;**

- 12-4 (123&4) [Sugar Push w/DbL Arm Loop Out to Fc & Kick/Ball Chg] Bk L join both hnds, bk R comm to raise raise jnd trng hnds lead W to trn slightly RF, tap L beside R cont looping W's head keep jnd ld hnds low , stp fwd L lwr trng hnds raise ld hnds looping W's head trng her RF to fc M (fwd R, trng RF sd L, cont trng RF diagonally small bk R/cl L, fwd R trng RF ½) M now fcg ptr & LOD both w/crossed hnds L on top of R;
- 1&23&4 123&4 [Choker Whip] Anchor R/L, R, flick L fwd/in place L, in place R still w/crossed L on top of R; [Choker Whip] Keep both hnds jnd bk L, fwd & acrs R comm RF trn comm to raise jn hnds high, cont RF trn sd & fwd L/rec R, sd & fwd L lwr jnd hnds on top of W's shoulders (fwd R, fwd L, fwd R/cl L to R, bk R) to end momentary tand LOD all hnds jnd on top of W's shoulders;
- 123&4 [Unwrap To Fc & Anchor] Trng RF XRIB of L trn W RF, release trl hnds sd & fwd L in the slot, anchor R/L, R (bk L trng ½ RF, fwd R trng ½ , anchor L/R, L) to LOP/LOD; {Note} Optional Twirl: (Bk L trng ½ RF, fwd trng ½ RF, making 1 full trn L/R, L);

**5-8 2 SAILOR SHUFFLES (FC COH); BACK VINE 3 & FLICK (TO WALL);
BACK SYNCOPATE VINE LADY SWIVELS M ROCKS; TUCK & SPIN ENDING;**

- 1&23&4 [2 Sail Shuffles] Jn both hnds low ronde L ft bhnd R, stp sd R/stp sd L opening out to a slight BFLY "V" pos fcg WALL, ronde R ft bhnd L, stp sd L/stp sd R opening out to a slight BFLY "V" pos fcg COH;
- 1234 [Bk Vn 3 & Flick to Wall] Release ld hnds XLIB of R, sd R, XLIF of R rejoin ld hnds opening out to fc WALL, flick R ft twds WALL;
- 1&234 [Bk Sync Vn Lady Swvls M Rks] Bk R trng LF/sd L, XRIF of L to fc, rk sd L, rk sd R (bk L trng RF/sd R, XLIF of R, swvl in place on R ft, swvl in place on L ft) end in BFLY/LOD;
- 23&4 [Tuck & Spin Ending] Swvl RF tch L to R, fwd L brace jnd lead hnds to spin W RF, anchor R/L, R (tuck in LF tch R to L, trng RF stp bk R spin RF to fc M, anchor L/R, L) end LOP M fcg ptr & LOD;

PART C**1-4 INSIDE WHIP w/SURPRISE CHECK ENDING;; HALF WHIP;;**

- 123&4 [Insd Whip w/Surprise Chk Ending] Bk L comm to raise ld hnds, rec R across L raise ld hnds btwn ptrs comm RF trn, catching W's L shoulder blade w/R hand cont RF trn sd & fwd L/rec R, sd & fwd L (fwd R, fwd L comm trng ½ LF under joined lead hands, cont LF trn bk R/cl L, fwd R) CP M fcing RLOD;
- 123&4 Lead W to trn RF fwd R soft knee w/chkng action looking bk at W, rec L raise jnd ld hnds, anchor R/L, R (trng ½ RF on R ft bk L twds LOD soften into knee, rec R comm RF trn undr ld hnds, cont RF trn anchor L/R, L) to end LOP M fcg ptr & RLOD;
- 123&4 [½ Whip] Bk L, fwd & acrs R moving to W's R sd, sd L cont trng RF/recov fwd R with R sd twd ptr, sd & bk L lwr into L knee with R sd still twd ptr (fwd R, fwd L trn RF ½, bk R/cl L, fwd R) to CP LOD;
- 567&8 Fwd R trng RF to fc ptr, fwd , anchor R/L, R (bk L, bk R, anchor L/R, L) end LOP M fcg ptr & LOD;

**5-8 SLOW SKATE LEFT & RIGHT; CHICKEN WALKS 4 (JOIN R HANDS);
START U/ARM TURN TO TANDEM M IN 4; (L FT) POINT STEPS TWICE;**

- 1-3- 1234 [Slo Skate L & R] In LOP swvl LF on R ft fwd L,-, swvl RF on L ft fwd R,-;
- [Chicken Wks] Bk L, R, L, R (swvl RF on L/fwd R, swvl LF on R/fwd L, swvl RF on L/fwd R, swvl LF on R/fwd L) join R hands end M fcg ptr & LOD;

- 1234 [Start U/A Trn to Tand] Bk L, fwd & acrs R raise jnd ld hnds to lead ptr under, fwd & (123&4) acrs L in front of W releasing hnds, small sd R (fwd R, fwd L under jnd ld hnds comm trng LF, cont LF trn sd R/XLIF, sd & bk R trng to fc M's back) to TANDEM LOD M in front of W no hnds jnd both w/L ft free;
- 2-4- [Point Step 2X] Staying low into the knees toeing out before each point step and progressing point fwd L, step L, point fwd R, stp R;

PART D

1-4 4 TRAVELING SAILOR SHUFFLES::

ANCHOR M TRN LEFT IN 2 TO FC & SUGAR PUSH::

- 1&23&4 [4 Trvng Sailor Shuffles] Progressing down LOD ronde LIB of R trng LF/sd R to fc DLC, trng RF sd & fwd L to fc DLW, ronde RIB of L trng RF/sd L to fc DLW, trng LF sd & fwd R to fc DLC;
- 1&23&4 Progressing down LOD ronde LIB of R trng LF/sd R to fc DLC, trng RF sd & fwd L to fc DLW, ronde RIB of L trng RF/sd L to fc DLW, trng LF sd & fwd R to fc DLC;
- 12 [Anchor M Trn Left in 2 to FC] Fwd L trng LF, cl R to L fc ptr (anchor L/R, L) to (1&2) LOP M fcg ptr & RLOD,
- 34-23&4 [Sugar Push] Bk L, bk R (fwd R, fwd L); tap L ft fwd, fwd L, anchor R/L, R (slight RF (341&23&4) body trn XRIB of L/rec L, trng LF bk R, anchor L/R, L) to end LOP M fcg ptr & RLOD;

5-8 CHICKEN WALKS 4 QKS; SIDE BREAK & FREEZE;

HIP ROLLS; KICK/BALL CHG IN PLACE 2;

- 1234 [Chkn Wks 4 Qks] Repeat measure 6 of PART C to ld hnds jnd;
- &1--- [Sd Brk & Freeze] In LOP sd L/sd R, hold,-,-;
- [Hip Rolls] Circular hip rolls CCW 2 times around;
- 1&234 (Kick/Ball Chg in Place 2] Flick L fwd/in place L, in place R, in place L, in place R;

PART E

1-8 U/A TRN TO TRIPLE TRAVEL & ROLL:::,, START WHIP TRN & TRN 2 SCAR,::
LADY SYNC CIRCLE VN::

- 123&4 [Undrm Trn to Trpl Trvlr w/Roll] Bk L, fwd & acrs R, trng RF triple in plc L/R,L raising jnd ld hnds trng W LF (W fwd R, fwd L, trng LF undr jnd ld hnds stp sd & fwd R/XLIF of R, sd & bk R) to end in a R hnd star w/M fcg COH (W fc WALL);
- 1&234 Chasse sd LOD R/cl L, sd R releasing hnds on last stp trng ½ RF to fc WALL (W fc COH), sd LOD L roll ½ RF to fc COH (W fc WALL), sd LOD R roll ½ RF to fc WALL (W fc COH) jn L hnds to L hnd star;
- 1&23&4 Chasse sd LOD L/cl R, sd L release hnds on last stp trng ½ LF to fc COH (W fc WALL) jn R hnds to R hnd star, chasse sd LOD R/cl L, sd R releasing hnds on last stp trng ½ RF to fc WALL (W fc COH) jn L hnds to L hnd star;
- 1&234 Chasse sd LOD L/cl R, sd L releasing hnds on last stp trng ½ LF to fc COH (W fc Wall), sd LOD R roll ½ LF to fc Wall (W fc COH), sd LOD L roll to end LOP/LOD;
- 1&2 Anchor R/L, R,
- 341&234 [Start Whip Trn & Trn 2 to SCAR] Bk L, rec R across L comm RF trn; cont RF trn sd & fwd L/rec R, sd & fwd L (fwd R, fwd L trng RF; bk R/cl L to R, fwd R) to end momentary CP M fcg ptr & RLOD, sharply trn ½ RF on L ft stp fwd R outsd ptr, small fwd L outsd ptr (W sharply trn RF ½ stp bk L, bk R) now in SCAR/LOD;

- 4 [Lady Sync Circle Vn] M hold unwind RF w/wgt on both ft soften into knees,-,-, shift (1&2&3&4&) full wgt to R ft (sd L/XRIB, sd L/XRIF, sd L/XRIB, sd L/XRIF);
- 12-- Cont to unwind small paddle trn L, R, hold cont to unwind ,- (sd L/XRIB, sd L/XRIF, sd (5&6&7&8) L/XRIB, sd L) to end SCP/LOD:
 {Note} Lady's option to vine on even count - vine 7 hold on count 8 (sd L, XRIB, sd L, XRIF; sd L, XRIB, sd L, hold);
- 9-10 RK REC LADY UNDER TO FC ANCHOR STEP & KICK/BALL CHG;;**
- 123&4 [Rk Rec Lady Undr to Fc] Rk bk L, rec R, small fwd L/cl R, fwd L (rk R, rec L, fwd R, fwd L, fwd R trng ¾ RF under jnd ld hnds);
- 1&23&4 [Anchor & Kick/Ball Chg] Anchor R/L, R (L/R, L), flick L fwd/in place L, in place R (flick R fwd/in place R, in place L) to LOP M fcg ptr & LOD;

PART F

- 1-5 (TO COH) FT SWIVELS 4; SLINGSHOT;; SURPRISE WHIP;;**
- 1234 [Foot Swvls 4] Place wgt on heels of both ft swvl toes of both ft twds COH, place wgt on balls of both ft and swvl heels of both ft twds COH, place wgt on heels of both ft and swvl toes of both ft twds COH, place wgt on balls of both ft and small swvl heels twds COH but end LOP fcg ptr & LOD;
- 12-- [Slingshot] Bk L trng ¼ LF, sd & bk R, soften R knee slightly as you stop W w/R hnd, (1234) straighten R leg (fwd R, fwd L comm LF trn, cont LF trn sd R soften R knee into lunge line, rec L comm LF trn);
- 5&67&8 Release trailing hnds as you lead W under jnd lead hnds LF in place L/R, fwd L trng RF, anchor R/L, R (trng 1 ½ LF under lead hands R/L, R, bk to anchor L/R, L) to end LOP M fcg ptr & LOD;
 {Note}: Lady may turn ½ LF underarm turn french cross action instead of 1 ½ LF turn
- 123&4 [Surprise Whip] Bk L, rec R across L comm RF trn, cont RF trn sd & fwd L/rec R, sd & fwd L (fwd R, fwd L trng RF, bk R/cl L to R, fwd R) to end CP M fcg RLOD;
- 567&8 Lead W to trn RF fwd R flexing knee looking bk at W, rec L raise jnd ld hnds, anchor R/L, R (trng ½ RF on R bk L twds LOD flexing knee, rec R comm RF trn undr ld hnds, cont RF trn anchor L/R,L) to end LOP M fcg ptr & RLOD;
- 6-9,,, SIDE BREAK & FREEZE w/EXTRA COUNT;; SYNC SD TCH 3 & ANCHOR,,, START A ROCK WHIP w/2 ROCKS w/CLOSE TO FC LN & CHUG APART,,,;**
- &1---- [Sd Brk & Freeze w/Xtra Ct] In LOP RLOD sd L/sd R, hold,-,-,;
- &2&3&45&6 [Sync Sd Tch 3 & Anchor] Sd L/tch R, sd R/tch L, sd L/tch R; Anchor R/L, R,
- 123&4 [Start a Rk Whip w/2 Rks w/Cl to Fc LN & Chug Apt] Bk L, rec R across L comm RF trn, cont RF trn sd & fwd L/rec R, sd & fwd L swvl ¼ RF M fcg WALL (fwd R, fwd L trng RF, bk R/cl L to R, fwd R to fc RLOD);
- 5678 Trng RF strongly on L fwd R RLOD between W's feet, cont RF trn to bk L to fc COH, cont RF trn fwd R LOD between W's feet, cl L to R (trng RF bk L twds RLOD, fwd R twds LOD, rk bk L twds LOD, cl R to L) to end CP M fcg LOD;
- 1 Taking wgt on both feet lwr into both knees & scoot apt keep ft tog still with a slight bend in knees,