

YOU'RE MY EVERYTHING 5

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Music: You're My Everything, The Best Rumba Collection of Dance Life, Available for download from Amazon.com, 2:50 minutes
Speed: Slowed from 25 MPM to 24 MPM (-4% on Audacity)
Rhythm/Phase: Rumba V+1 (Continuous Natural Top) +1 (Alternating Underarm Turns)
Release: May 2024 Sequence: Intro – A – B – C – A1-8 – End

INTRO

WAIT ;; CUDDLE 2X ;;

- 1-2 Wait 2 measures, starts in Cuddle position, facing Wall, lead feet free ;;
- 3 {Cuddle} Sd L releasing lead hnds and leading ptr to open out, rec R, cl L to fc ptr in cuddle pos,-; (*Swiveling 1/2 RF on L foot sd & bk R to ½ open, rec L comm LF trn, fwd & sd R to fc ptr to cuddle pos,-;*)
- 4 {Cuddle} Sd R releasing trail hnds and leading ptr to open out , rec L, cl R to fc ptr in closed pos,- ; (*Swiveling 1/2 LF on R foot sd & bk L to 1/2 open, rec R comm RF trn, fwd & sd L to fc ptr in closed pos,-;*)

PART A

CLOSED HIP TWIST ; M HIP ROCK 2 - LADY CROSS SWIVELS ; QUICK TELEMARK WITH SEPARATION ; FAN ;

- 1 {Closed hip twist} Sd & fwd L leading ptr twd R sd to open ptr out, rec R leading ptr to close, cl L to R leading ptr to trn RF,- ; (*Bk R trng 1/2 RF, rec L trning LF to fc ptr, sd R sm step swiveling 1/4 RF on R & touching L to R no weight, -;*)
- 2 {M Hip Rock 2 - Lady Cross swivels} [SS] Rk sd R, -, Rk sd L - ; (*Fwd L swivel ½ LF, -, fwd R swivel ½ RF, - ;*)
- 3 {Quick Telemark with separation} [&QQS] On the & ct slip bk R trng LF/ fwd L trng LF to CP, fwd & sd R arnd ptr, sd L fc WALL leave ptr behind by keeping arms to ptr ; (*Qk step fwd L pick up CP/bk R trn LF, cl L to R heel trn, replace wgt onto R & press LF with L knee bend -;*)
- 4 {Fan} Bk R, rec L, sd R, - ; (*Fwd L LOD, fwd R trn ½ LF, bk L to fan pos, -;*)

STOP & GO HOCKEY STICK ;; ALEMANA from fan ; [TO BFY] ;

- 5-6 {Stop & Go Hockey Stick} Fwd L, recov R, small sd L leading ptr to LF underarm trn,- ; Lunge thru R with knee bend look twd ptr, recov L, sd R leading ptr under joined lead hnds bk to fan pos,- ; (*Cl R to L, fwd L, fwd R trn LF under joined lead hnds fc LOD, - ; Bk L, recov R, fwd L trning RF under joined lead hnds leave R leg pointing fwd in fan pos,-;*)
- 7-8 {Alemana from fan} Fwd L, rec R, cl L leading ptr to trn RF,- ; Bk R, rec L, sd R, to BFY - ; (*Cl R, fwd L, fwd R swiveling RF to fc ptr, - ; Fwd L trng RF und Id hnd, fwd R trng RF to fc ptr, sd L - ;*)

FWD BAS ; TO NATURAL TOP 6 [COH] ;; CUCHRACHA ;

- 9 {Fwd Basic} Fwd L, rec R, sd L comm RF trn, end CP DLR - ; (*Bk R, rec L, fwd R, - ;*)
- 10-11 {Natural Top 6 to fc COH} XRB of L, sd L, XRB of L,- ; Sd L, XRB of L, sd L,- to complete 1 1/2 revolutions and end fcg ptr CP COH, - ; (*Sd L, XRB of L, sd L, - ; XRB of L, sd L, XRB of L, - ;*)
- 12 {Cuchracha} Sd R, rec L, cl R, - ; (*Sd L, rec R, cl L, - ;*)

BASIC to CROSS BODY w/ LADIES SPIRAL [WALL] ;; ½ BAS ; SPT TRN to RT HANDSHAKE ;

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- 13-14 {Basic to Cross Body w/ ladies spiral} Rk fwd L, rec R trng ¼ LF to fc RLOD blending to "L" pos joining ld hnds, sd L to WALL lead ptr to spiral, - ; Rk bk R, rec L trng ¼ LF to fc WALL, sd R to fc ptr, BFY - ; (*Rk bk R, rec L, fwd R spiral LF 7/8 trn on R, - ; Fwd L, fwd R trng ½ LF to fc ptr, bk & sd L, - ;*)
- 15 {1/2 Basic} Rk fwd twd WALL L, rec R, sd L joining ld hands, - ; (*Rk bk twd Wall R, rec L, sd R, - ;*)
- 16 {Spot Turn [to RT handshake]} Swiveling 1/4 on the ball of L foot LF fwd R trng ½ LF, rec L trng ¼ con't LF to fc ptr, sd R end fcg ptr WALL with R handshake, - ; (*Swiveling ¼ RF on the ball of R foot, fwd L trng ½ RF, rec R trng ¼ RF to fc ptr, sd L, - ;*)

PART B

FLIRT ;; SWEETHEART 2X ; SECOND One Lady TO FAN POSITION ;

- 1-2 {Flirt} With R hands joined fwd L, rec R, sd L join L hands Varsouvienne, - ; Bk R, rec L, sd R to left Varsouvienne, - ; (*Bk R, rec L, fwd R trng LF to Varsouvienne, - ; Bk L, rec R, sd L moving in front of ptr to left Varsouvienne, - ;*)
- 3-4 {Sweetheart 2X Second one to Fan position} Keeping both hnds joined ck fwd L w/R sd ld, rec R, sd L, - ; Ck fwd R w/ L sd ld, rec L, strong sd R, - ; (*Ck bk R w/ L sd ld, rec L, sd R crossing IF of ptr, - ; Ck bk L w/ R sd ld, rec R, strong sd L crossing IF of ptr to fan pos, - ;*)

ALEMANA from Fan ; LADY SPIRAL ; Lariat 6 ; to RT HANDSHAKE ;

- 5-6 {Alemana from Fan} Fwd L, rec R, cl L leading ptr to trn RF, - ; Bk R, rec L, sd R, - ; (*Cl R, fwd L, fwd R swiveling RF to fc ptr, - ; Fwd L under lead hands trng ½ RF, fwd R trng ¼ RF, fwd L to ptr's right sd, spiral RF on L, - ;*)
- 7-8 {Lariat 6 to Rt Handshake} With ld hnds joined sd L, rec R, cl L, - ; Sd & bk R, rec L, cl R to R hndshk WALL, - ; (*Moving beh ptr fwd R, fwd L, fwd R, - ; Fwd L, fwd R, sd L, - ;*)

SHADOW NYER TO L SHAPE ; for ALTERNATING CROSS BODY - 2X ;; MAN BK BASIC, LADY THRU FC CLOSE [to fc WALL BFY] ;

- 9 {Shadow Nyer to L shape} Thru L extending L arm beh ptr, rec R, sd L to fc ptr in L position, - ; (*Thru R extending L arm, rec L, sd R, - ;*)
- 10-11 {Alternating Cross Body 2X} Still with R hnds joined Bk R, rec L trng LF, sd & fwd R fc LOD extend L arm sd, - ; Fwd L, fwd R trng ½ LF, cont trn sd & bk L fc WALL, - ; (*Fwd L, fwd R trn ½ LF, cont trn sd & bk L fc WALL, - ; Bk R, rec L trng LF, sd & fwd R fc LOD extend L arm sd, - ;*)
- 12 {Man Bk Basic, Lady Thru Fc CL to fc WALL} Bk R, rec L trng LF, sd & fwd R fc WALL BFY, - ; (*Fwd L, fwd R trn LF, cont trn sd & bk L fc ptr, - ;*)

1/2 BAS to ; CONTINUOUS NATURAL TOP ;;

- 13 {1/2 basic to} Fwd L, rec R, sd & bk L to CP DRL, - ; (*Bk R, rec L, fwd R trng RF to CP, - ;*)
- 14-16 {Continuous Natural Top} XRB, sd L, XRB cont trng, - ; Sd L leading ptr to spiral LF under lead hands, XRB, sd L cont trng, - ; XRB, sd L lead ptr under lead hands, cl R to CP WALL, - ; (*Sd L, XRB, sd L cont trng, - ; Fwd R spiral LF to BJO, fwd L, fwd R cont trng, - ; Fwd L, fwd R spiraling LF, sd L, - ;*)

PART C

NATURAL OPENING OUT ; LADY, HAND TO CHEST, PUSH OFF, TO THE WALL, HOCKEY STICK ENDING to RT HANDSHAKE ; TRADE PLACES 2X ;

- 1 {Natural Opening Out} With RF body rotation Sd L, release lt sd, rec R, cl L, - ; (*RF op out Bk R, rec L LF trn, sd R fc ptr, - ;*)

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- 2 {Lady Hand to Chest, push off to the Wall, Hockey Stick Ending to RT Handshake} Release ptr Ck bk R, rec fwd L, fwd R to R handshake DRW, -; (*Using Rt hd to push off ptr's chest & trning L Fwd L, fwd R LF trn, bk L - ;*)
- 3-4 {Trade Places 2X} With R hnds jnd rk apt L, rec R, rel jnd R hnds fwd L trng RF to fc ptr & COH, joining L hnds, - ; With L hnds jnd rk apt R, rec L, rel jnd L hnds, fwd R trn LF to fc ptr & WALL joining right hnds - ; (*Rk apt R, rec L, rel jnd R hnds fwd R trng LF trn to fc ptr & WALL, - ; Rk apt L, rec R, rel jnd L hnds fwd L trng RF to fc ptr & COH, - ;*)

[THIRD] TRADE PLACES LADY SPIRAL ; TO FACING FAN [FC LOD]; CHASE ;;

- 5 {[Third] Trade Place Lady Spiral} With R hnds jnd Rk apt L, rec R, sd L leading W to spiral LF, - ; (*Rk bk R, rec L, fwd R spiraling LF to fc DLW - ;*)
- 6 {Facing Fan [FC LOD]} Bk R, rec L, sd R trng 1/4 LF to fc LOD, - ; (*Fwd L, trng LF step sd & bk R trng 1/4 LF, bk L, - ;*)
- 7-8 {Chase} Fwd L trn RF to RLOD, rec R, fwd L, - ; Fwd R trn ½ LF to fc LOD, rec L, fwd R, - ; (*Bk R, rec L, fwd R toward RLOD - ; Fwd L, trn Rf to fc LOD, rec R, fwd L - ;*)

Finish CHASE ; [to BFY] ; FWD BAS ; TO HOCKEY STICK ENDING OVERTURNED [TO FC WALL with lead hands joined] ;

- 9-10 {finish Chase} Fwd L, rec R, bk L, - ; Bk R, rec L, fwd R fc LOD BFY, - ; (*Fwd R trng LF to fc RLOD, rec L, fwd R, - ; Fwd L, rec R, bk L fc RLOD BFY, - ;*)
- 11 {Fwd Bas} Fwd L, rec R, bk L raise lead hand, - ; (*Bk R, rec L, fwd R, - ;*)
- 12 {Hockey Stick ending overturned to fc WALL lead hands joined} Bk R turning to fc WALL, rec fwd L fwd R lead hands, - ; (*Fwd L, fwd R trng LF fc COH, bk L lead hands, - ;*)

½ BAS ; to 3 ALTERNATING UNDEARM TURNS ;; to CP ;

- 13 {1/2 Basic} Rk fwd twd WALL L, rec R, sd L raising jnd ld hnds, - ; (*Bk R, rec L, sd R, - ;*)
- 14-16 {3 Alternating Underarm Turns to CP} Rk bk R, rec L, sd R, changing hnd hold to a high M's R & W's L, - ; Stp L fwd & acrs R twd RLOD trng RF undr jnd M's R & W's L hnds, rec R cont RF trn to fc ptr, sd L, - ; Changing hnd hold to a high M's L & W's R, Stp bk R, sm sd L LOD, sd R, to CP WALL, - ; (*Stp L fwd & acrs R twd LOD trng RF undr jnd ld hnds, rec R cont RF trn to fc M, sd L, - ; Rk bk R, rec L, sd R, - ; Stp L fwd & acrs R twd LOD trng RF undr jnd ld hnds, rec R cont RF trn to fc M, sd L, - ;*)

PART A 1-8

- 1-8 Repeat Part A 1-8

END

NYER, LADY IN 4 ; THRU to RT FOOT CIRCULAR SERPIENTE ;; FENCE LINE ;

- 1 {NYER, Lady in 4} Rk thru L to RLOD with straight leg, rec R, sd L, - ; (*Rk thru R to RLOD with straight leg, rec L, sd R, in plc L , - ;*)
- 2-3 {Thru to RT Foot Circular Serpiente} [Same footwork for 3 measures] Trng CW around ptr XRIF, sd L, XRIB, fan L CCW ; Trng CCW around ptr XLIB, sd R, XLIF, fan R CW to fc ptr & WALL ;
- 4 {Fence Line} XRIF, rec L, sd R, - ; [Note: Still same footwork for Fence Line]

THRU to LT FOOT CIRCULAR SERPIENTE ; M CLOSE ; NYER [LOD] ;

THRU TO AIDA [RLOD] ;

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- 5-6 **{Thru to LT Foot Circular Serpiente, M close}** [Same footwork for 2 measures until last step of measure 6] Trng CCW around ptr XLIF, sd R, XLIB, fan R CW ; Trng CW around ptr XRIB, sd L, Xrif, fan L CCW, M cl L to R to fc ptr & WALL ;
- 7 **{NYER [LOD]}** [Both have trail foot free] Rk thru R to LOD with straight leg, rec L, sd R, - ; (*Rk thru L to LOD with straight leg, rec R, sd L, - ;*)
- 8 **{Thru to Aida [RLOD]}** Thru L to RLOD bringing trailing arms thru, sd R trng LF, bk L to V bk to bk pos lead arms bk & up, - ; (*Thru R to RLOD, fwd L trng RF, bk R to bk to bk V, extend lead hands bk & sd, - ;*)

SWITCH ROCK CLOSING UP FOR : CUDDLE CORTE WITH CARESS :

- 9 **{Switch Rock}** in "V" bk to bk pos trng RF to fc ptr sd R, rec L, sd R, Cuddle CP, lead ft free - ; (*Trn LF to fc ptr sd L, rec R, sd L, - ;*)
- 10 **{Cuddle Corte}** [S -] Bk & sd L lowerg on L keep R ft extended, - ; (*Bk R & caress ptr cheeks w both hands, - ;*)

HEAD CUES

Intro: WAIT in BFY ;;

CUDDLE 2X ; closing up for ;

Part A:

CLOSED HIP TWIST ; M HIP ROCK 2 - LADY CROSS SWIVELS ;
QK TELEMARK WITH SEPARATION ; FAN ;
STOP & GO HOCKEY STICK ;; ALEMANA [from fan] ; TO BFY ;
FWD BAS ; TO NATURAL TOP 6 [COH] ;; CUCHRACHA ;
BASIC to CROSS BODY w/ LADIES SPIRAL [WALL] ;;
1/2 BAS ; SPT TRN [RT HANDSHAKE] ;

Part B:

FLIRT ;; SWEETHEART 2X ; SECOND One LADY TO FAN POSITION ;
ALEMANA ; LADY SPIRAL to ; LARIAT 6 ; to RT HANDSHAKE ;
SHADOW NYER TO L SHAPE ; for ALTERNATING CROSS BODY - 2X ;;
MAN BK BASIC, LADY THRU FC CLOSE [to FC WALL] ;
1/2 BAS to ; CONTINUOUS NATURAL TOP ;;;

Part C:

NATURAL OPENING OUT ;
LADY, HAND TO CHEST, PUSH OFF, TO THE WALL, HOCKEY STICK ENDING [to RT Handshake] ;
TRADE PLACES 3X ;; 3rd one LADY SPIRAL ; TO FACING FAN [FC LOD] ;
CHASE ;; to BFY ;
FWD BAS ; TO HOCKEY STICK ENDING OVERTURNED [to FC WALL] ;
½ BAS ; to 3 ALTERNATING UNDRM TRNS ;; to CP ;

Repeat Part A 1-8:

END:

NYER, LADY IN 4 ; THRU to RT FOOT CIRCULAR SERPIENTE ;;
FN LINE ; THRU to LT FOOT CIRCULAR SERPIENTE ; M CLOSE ;
NYER [to LOD] ;
THRU TO AIDA [to RLOD] ; SWITCH ROCK CLOSING UP FOR ;
CUDDLE CORTE WITH CARESS ;

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