

THEIR HEARTS ARE DANCING

Composer: Jim & Bonnie Bahr P.O. BOX 488 Keenesburg, CO 80643-0488
303-732-4771 Cell 303-905-0491 JBBAHR@JUNO.COM
Music: CD: I Got A Date (Forester Sisters) Track # 8
"Their Hearts Are Dancing" Sept. 2006
Position: OP FC POS man facing WALL Footwork: Opposite (Except as noted)
Sequence: INTRO-A-B-C-BRIDGE-A-B-C-TAG Rhythm: Phase II Waltz

-INTRO-

- 1-8 WAIT;; ACK TO CP WALL;; BOX;; BACK BOX;;
1-2 Wait BFLY WALL;;
3-4 Bk L (W bk R) apt, trailing hands joined point R twd partner (W point L),-; Fwd R (W fwd L),-, tch L CP WALL;
5-6 Fwd L, sd R, cl L; Bk R, sd L, cl R;
7-8 Bk L, sd R, cl L; Fwd R, sd L, cl L;

-A-

- 1-8 WALTZ AWAY & TOG;; STEP SWING; SPIN MANUV; ONE RIGHT TURN; FWD WALTZ; ONE LEFT TURN; BACK UP WALTZ;
1-2 BFLY Fwd L turning L fc away from partner (W fwd R turning L fc), sd R, cl L; trailing hands joined Fwd R turning R fc to partner (W fwd L turning L fc), sd L cl R; BFLY
3-4 Sd & fwd L away from partner (W sd & fwd R),-, swing R across in front on L (W swing L across); Fwd R comm. R fc turn, sd L, cl R (W comm. L fc spin in place L, in place R, in place L); CP RLOD
5-6 Bk L turn R fc, sd R cont turn, cl L; CP LOD Fwd R, sd L, cl R;
7-8 Fwd L turning L fc, sd R cont turn, cl R; CP RLOD Bk R, sd L, cl R;
9-16 TWO RIGHT TURNS;; TWO SOLO TURNS;; BFLY BALANCE LEFT & RIGHT;; CANTER TWICE;;
9-10 Repeat meas 5 of A; Fwd R turn R fc, sd L cont turn, cl R; BFLY WALL;
11-12 Fwd L LOD comm. L fc turn (W fwd R comm. R fc turn), sd R cont turn, bk L (W bk R) both facing RLOD; Bk R L fc turn (W bk L R fc turn, sd R, thru R to BFLY;
13-14 Sd L, XRIB (W XLIB), rec L; Sd R, XLIB (W XRIB), rec R;
15-16 Sd L, drawing R twds L, cl L; Sd R drawing R twds L, cl R;

-B-

- 1-8 WALTZ AWAY; WRAP UP; FWD WALTZ; PICK UP; FWD WALTZ; ADJUST TO SCAR; PROG TWINKLE TWICE;;
1-2 Repeat meas 1 of A; Sd R, fwd L, cl R (W sd & fwd L starting to wrap into M's R arm, sd & bk R cont to wrap, sd & fwd L end facing LOD in WRAP POS);

- 3-4 Fwd L, sd & fwd R, cl L; fwd R, sd & fwd L, cl R (W fwdL comm. L fc turn, sd R cont turn, cl L) CP LOD
- 5-6 repeat meas 6 of A; Fwd R, sd & fwd L, cl R to SCAR DW;
- 7-8 XLIF of R, sd R, turning L fc, cl L adjust to BJO DC; XRIF of L, sd L turning R fc, cl R adjust to SCAR DW
- 9-16 CHECK REC BJO; WHEEL SIX;; SIDE DRAW TCH (BFLY); TWIRL/VINE 3; THRU FACE CLOSE; TWIRL/VINE 3; PICK UP SIDE CLOSE;
- 9-10 Fwd and across L checking, rec bk R, sd & fwd L BJO; Wheel R fc fwd R, fwd L, fwd R;
- 11-12 Cont to wheel fwd l, fwd R, fwd L; Adjust to BFLY WALL sd R RLOD, draw L twds R, tch L to R;
- 13-14 Sd L XRIB, sd L (W sd & fwd R ½ R fc turn under lead hands sd & bk L ½ R fc turn, sd R) BFLY; XLIF (W XRIF), sd L, cl R;
- 15-16 Repeat meas 13 of B; Fwd comm. L fc turn, sd L cl R (W fwd L, sd in front of man, cl L); CP LOD

-C-

- 1-8 TWO LEFT TURNS;; LEFT TURNING BOX;;; FWD TCH: BACK TURN 1/4 ;
- 1-2 CP LOD fwd L 1/8 L fc turn, sd R cont turning, ¼ L fc cl L; Bk R 1/8 L fc turn, sd L cont turning, ¼ L fc cl R CP WALL;
- 3-4 Fwd L ¼ L fc turn, sd R twd WALL, cl L CP LOD; Bk R ¼ L fc turn, sd L twd LOD, cl R CP COH;
- 5-6 Fwd L ¼ L fc turn, sd R twd COH, cl L CP RLOD; Bk R ¼ L fc turn, sd L twd RLOD, cl R CP WALL;
- 7-8 CP LOD fwd L, tch L to R,-; Bk R turn L fc, sd L, cl R to L; CP LOD
- 9-16 TWO LEFT TURNS;; LEFT TURNING BOX;;; FWD TCH; SIDE TCH; CP WALL
- 9-15 Repeat meas 1-7 of part C;;;;;;
- 16 Sd R, tch L to R,-; CP WALL;

-BRIDGE-

- 1-6 ACK TO CP WALL;; BOX;; BACK BOX;;
- 1-6 Repeat meas 3-8 of INTRO;;;;;

(REPEAT-A-B-C)

-TAG-

- 1-9+ ACK TO CP WALL;; BOX;; BACK BOX;; TWIRL/VINE 3; THRU FACE CLOSE; DIP HOLD;
- 1-9+ Repeat meas 3-8 of INTRO;;;;; Bk and slightly sd L with bent knees R foot extended fwd, twist slightly L fc

