

ROUND NOTES

Denver, Colorado http://www.crda.net August/September 2008

President's Letter – Rob and Terri Sherwood

With the summer whizzing by, CRDA gets back into the swing of things with two dances in August: A monthly Fun Dance at The Barn in Berthoud on August 10th, and the second annual Fun Dance after the Peach Festival on Sunday August 24th. Initially, the board had discussed having a board meeting in Grand Junction, but your president will be speaking in Massachusetts on that weekend, so the next board meeting will be in October before the Gala.

Look for details of the Harvest Moon "Sock Hop" on September 14th elsewhere in Round Notes. Possibly the Gals still have a Poodle Skirt around from our 50's flavored Gala a few years back, or just maybe an original is still in the closet.

The 53rd State Square & Round Dance festival rented CRDA's hearing assist equipment for the second year in a row. They advertised its availability ahead of time, and several couples attended because they knew they could enjoy the weekend with some help from electronics. Of course, CRDA will have this equipment setup at both the Harvest Moon and the November Gala dances. All you need to use a receiver is a card with your name on it.

Just a reminder, as usual, there will be three couples going off the board this year. Ron and Sue Flesch will be canvassing our membership for volunteers to fill the open slots. If you would like to volunteer to give of your time to keep Round Dancing vibrant in Colorado, please drop them a line at 719-487-9242, or ronaldflesch@aol.com. Our continuing challenge is how to attract new people into our hobby. Maybe we should be dancing in shopping malls, or on the 16th Street Mall to get the word out about our "secret hobby". Dance is all over the TV, but not our version. Round Dancing is easier than Ballroom since we don't have to think up what step to do all by ourselves. Single rhythm clubs exist, but personally, I cannot imagine dancing just Salsa all night. CRDA has an unusually broad dance program, but we need your help to grow and thrive.

On the logistics front, the Sleep Inn Hotel near the University in Greeley has changed its name to Select Stay. The manager has not changed, and if you have reservations, they should still be in the system. Their phone number is still 970-356-2180.

Help Wanted

Your help is needed as an assistant chair-couple for the 2008 CRDA Gala. You would work with Patrick and Eileen Krause this year, learning the "ropes" in preparation for your debut in 2009. If you are interested in filling this position, please contact Patrick and Eileen at 303-690-0916, email: krause.p@comcast.net





MEMBERSHIP REMINDERS

Membership dues are payable in January, dues are prorated for new members joining in other months. THANKS!

Dues are \$ 18.00 per address. Badges are \$12.00 or \$ 24.00 for two (sent to same address).

For membership info, address changes, bade order please contact the Membership Chairman:

Jean Montgomery, 1495 Braewood Avenue, Highlands Ranch, CO 80129

303-791-1054



presents A festival for All Levels of Round Dancing









Judy and Hank Scherrer

Live to Dance



II – III Figure Clinics: Ed & Elvira Glenn and Bill & Karen Holm



These 1-1/2 hour clinics will help prepare you for the Phase III teach by the Guest Instructors

November 7 & 8, 2008

University Center, University of Northern Colorado, Greeley, Colorado

3 separate halls with wood floors for dancing

Easy: Phase II – III Intermediate: Phase III – V Advanced: Phase IV – VI Includes: 2 Phase II View & Cues | 2 Phase II-III Figure Clinics | 2 each Phase III, IV, V-VI Teaches

SCHEDULE

Friday afternoon warm-up dance:	2 - 4 pm	Phase 2-6 request rounds	
Friday evening:	7:00 pm	Request Rounds in 3 halls	
Friday programmed Dance	8:00 pm	Programmed Dancing all hall	ls & Phase 2 View & Cues
Saturday morning	9:00 am	Phase 2-3 Figures Clinic	Phase 3,4,6 Clinic Teaches
Saturday afternoon:	1:30 pm	Phase 2-3 Figures Clinic	Phase 3,4,5 Clinic Teaches
Saturday evening:	7:00 pm	Request Rounds	Phase 3 Reviews
Saturday evening:	7:45 pm	Programmed Rounds	

REGISTRATION

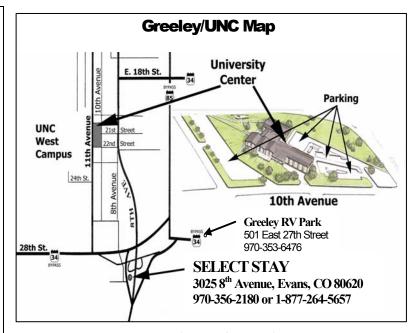
\$70 couple for CRDA members and \$79/couple for non-CRDA members

Schedule Friday 2-4pm Phase 2-6 Warm-up Request Rounds** 7pm Request Rounds (all 3 halls) 8pm Programmed Rounds + Phase 2 View & Cues + Hall of Fame Presentation + Demos of Saturday teaches (videotaping allowed) Saturday 9am Phase 2-3 Figures Clinic Phase 3,4,6 Clinic Teaches

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9am	Phase 2-3 Figures Clinic
	Phase 3,4,6 Clinic Teaches
11:40am	Optional Catered Luncheon (see below)
12:15pm	CRDA General Membership Meeting
1:30pm	Phase 2-3 Figures Clinic
	Phase 3,4,5 Clinic Teaches
7pm	Request Rounds
	+ Phase 3 Reviews
7:45pm	Programmed Rounds
	+Dance Through of Teaches
	+ Top 10
	+ Demos by Guest Instructors (videotaping
	allowed)
~11pm	After Party at Select Stay hotel

**Friday Afternoon Parking Pass: ~\$3

Available at University Center lowel level. UNC will issue parking tickets (cost ~\$50-\$100). Limited free street parking is also available.



Greeley Information:

Select Stay: (only a 10 minute drive to the hall) Ask for the CRDA Block. 970-356-2180 or 1-877-264-5657 3025 8th Avenue, Evans, CO 80620

~\$60.00 per night (includes breakfast bar & soup bar)

Greeley RV Park: (3 miles from the hall) 970-353-6476 or 800-572-2130 501 East 27th Street, Greeley, CO 80631

For more information: Patrick & Eileen Krause at 303-690-0916, email: krause.p@comcast.net or http://www.crda.net

Colorado Round Dance Association 48 th Anniversary Gala Registration Form						
His Last Name	His First		F	Her Last Name	Her First	
Street Address	City S	tate Z	Zip	Phone Number	E-mail Address	
FULL PACKAGE \$70 Members			\$79 Non-Members (NO membership included)		(singles pay half)	
OPTIONAL CATERED LUNCHEO (price not included in registration fee)	ON on Saturday	\$26/	couple	e	\$13/single	
Saturday, teaches only (9am - 4pm)		\$40/	\$40/couple		\$20/single	
Saturday, all day & evening		\$60/	\$60/couple		\$30/single	
Friday AND/OR Saturday Evenings(s) only			_	e, \$10/single evening	\$40/couple, \$20/single for BOTH evenings	
2008 CRDA Membership (separate chiplease)	eck	\$18/	mailir	ng address	-	
					TOTAL: _	

Make checks payable to CRDA. Mail to: Patrick & Eileen Krause, 5433 South Walden Street, Centennial, CO 80015

\$5 cancellation fee prior to 10/1/2008. NO refunds after 10/1/2008 (rollovers allowed)

2008 GALA BEAT

DATE AND PLACE

November 7th & 8th, 2008 at the University Center Ballrooms at the University of Northern Colorado in Greeley. There are 3 beautiful wood floors to dance on with 3 levels of dancing.

PARKING INFORMATION

Parking is free at UNC on Friday and Saturday evenings and all day on Saturday. During the Friday afternoon session, parking on the street is free or you may buy a \$3.00 ticket from a kiosk in the parking lot. It is only good for open parking. The machine takes quarters and dollar bills. Or you may buy a \$3.50 pass from the Conference, Catering & Event Center in the University Center. (Do not leave your car unattended to go buy a parking pass, UNC security has been known to give tickets while you are inside buying the pass.)

LUNCHEON/CRDA ANNUAL MEETING

There is an optional catered luncheon at UNC on Saturday. The cost is \$13/per person. Since UNC wants a count for the luncheon on October 1st, pre-registration for lunch is required. If you would like lunch, you must pre-register for it and send the money to Patirck and Eileen Krause by September 30th. UNC has a very limited luncheon menu, and only one choice from the University's catering may be picked for everyone. So, if you have special dietary needs, you can either bring your own lunch and eat in the lobby area or go out to lunch in Greeley. CRDA holds its annual membership meeting after lunch in the luncheon room at approximately 12:15 pm. You are welcome and encouraged to attend the annual membership meeting whether you buy the catered luncheon or not.

SELECT STAY RESERVATIONS

The host hotel for the gala is the Select Stay in Greeley. They have changed their name from Sleep Inn to Select Stay. If you have previously made reservations with the Sleep Inn, your reservations are fine with Select Stay. If you have not made reservations, please make your reservations now! Our block is filling up fast! A breakfast bar and soup bar are available. To make reservations, call their direct number 970-356-2180 or toll free number, 1-877-264-5657 and ask for the CRDA gala block

GREELEY RV PARK

The Greeley RV Park is 3 miles from the UNC University Center. The phone numbers are 970-353-6476 and 1-800-572-2130 for reservations. The address of the Greeley RV Park is 501 E. 27th St.

AFTER PARTY

You are invited to the after party at the Select Stay in the breakfast room after the dance on Saturday. Please bring a finger food to share and your own drinks. Come and have fun socializing with other dancers and our special cuers. You are welcome to attend the after party even if you are not staying at the Select Stay.

FAVORITE DANCES TO BE DANCED

To dance your favorite dances and to vote for the Top 10 dances. You can vote on-line starting in late September at the CRDA website which is www.crda.net, or contact the program chair, Terri Cantrell for a paper copy at dance@ctkr.com or 303-469-9140

REGISTRATION TABLE HELP

If you would like to help at the registration table, please contact Peggy and Don Hutchinson at donpeghutch@msn.com or 303-697-8963. It only takes a few minutes to help and everyone can enjoy dancing!

GALA ASSISTANT CHAIRPERSON NEEDED

Please consider being the 2008 gala chairperson assistant. We need an assistant for the 2008 gala. We will work with you at this gala, and then you can be the 2009 gala chair. We need volunteers! We all like to dance, but if we don't get volunteers, we won't have any place to dance.

CRDA WEBSITE

The CRDA website is www.crda.net. Be sure to check the CRDA website frequently



Harvest Moon Festival

CRDA



September 14, 2008 "Sock Hop"

Arvada United Methodist Church 6750 Carr Street, Arvada, Colorado

1:30 p.m. - 4:00 p.m. Afternoon Teaches (one each of Phase II, III, & IV)

Phase II - Harold and Meredith Sears Phase III - Justin and Rose del Sol Phase IV - Chris and Terri Cantrell





6:00 p.m. - 8:30 p.m. Evening Dance Area Cuers

Purchase Tickets at the Door:

MEMBER - \$8/cpl (\$4/sgl) per session or \$12/cpl (\$6/sgl)

NON-MEMBER - \$10/cpl (\$5/sgl) per session or \$14/cpl (\$7/sgl)



CRDA BOARD OF DIRECTORS

President	Rob & Terri Sherwood *	303-733-6110	rob@sherweng.com
VICE-PRESIDENT	Ron and Susan Flesh***	719-487-0242	ronaldflesch@aol.com
SECRETARY	Rick Mallinger & Linda Miller **	720-344-4210	Irmiller21@hotmail.com
TREASURER	Chuck, Melanie & Mitchell Thompson **	303-277-0399	mthomp36@aol.com
OTHER MEMBERS:	Herman & Jean Allmaras *	970-464-7686	hcahca@bresnan.net
* term ends 12/31/08 ** term ends 12/31/09	Justin & Rose del Sol **	303-646-4629	HvnBorn@msn.com
*** term ends 12/31/10	Don & Peggy Hutchinson*** David & Joan Parker * Justin Stute & Katie Cantrell***	303 697-8963 303-988-6224 303-503-3032	donpeghutch@msn.com d.parker@mac.com jlstute@yahoo.com kryptonkitty@yahoo.com

Colorado Clubs		Please send updates & new information to terri@ctkr.com (303-469-914
Mondays:	•	
CHOICE CITY ROUNDERS 7-7:30pm Workshop 7:30-9:30pm Club	Phase II - IV	BILL & KAREN HOLM 970-225-6621 Colorado Academy of the Arts: 1608 Riverside Ave, Fort Collins
DANCING PENGUINS (except 4th) 7-7:30pm Rev 7:30-9:30pm Club	Phase III – V	JOHN & KAREN HERR 303-681-3147 Maple Grove Grange: 3130 Youngfield, Golden
GARDEN OF THE GODS DANCERS 7:00pm – 9:30pm (space limited please call)	Phase IV -V	MILO & GRACE FERRY 719-475-1553 Hall: 629 Arnold Lane, Colorado Springs
HAPPY FEET ROUND DANCERS 7:30pm – 10:00pm (5 th Party Dance & Treats)	Phase II – easy IV	MAXINE & DALE SPRINGER 970-243-5858 Masonic Temple Hall, 2400 Consistory Ct, Grand Junction
TELESPINNERS PRACTICE 7:00pm-9:00pm	Phase V – VI	ROB & TERRI SHERWOOD 303-733-6110 Rose Hill Grange, 4001 E. 68th Ave, Commerce City (Colo Blvd & 68th)
Tuesdays:		
Boulder Rounders 7:30pm-9:30pm	Phase III – IV (light V)	ED & ELVIRA GLENN 303-666-6331 Glenn's Den: 10178 Empire Dr., Lafayette
DANCE & CLINIC 7:00pm-9:30pm	Phase II – IV +	BILL & LEE CARTER 303-953-1589 JUSTIN & ROSE DEL SOL 303-646-4629 Pikes Peak Grange: 3093 N. Hwy 83 (1 mile north of Franktown)
DANCING PENGUINS 6:45-7:30pm Basics 7:30-9:15pm Club	Phase II – III	JOHN & KAREN HERR 303-681-3147 Maple Grove Grange: 3130 Youngfield, Golden
Garden of the Gods Dancers 7:00pm (space limited please call)	Phase III - IV (bolero, cha, foxtrot, jive, rumba, waltz)	Milo & Grace Ferry 719-475-1553 Hall: 629 Arnold Lane, Colorado Springs
OUTPOST ROUNDERS 7:30-8pm Workshop 8pm-10pm Club	Phase III – light IV	GEORGE & PEGGY SMITH 303-755-0377 The Outpost: 10101 E. Colorado Ave., Aurora
WEDNESDAY:		
GARDEN OF THE GODS DANCERS 7:00pm – 9:30pm (space limited please call)	Phase IV -VI	MILO & GRACE FERRY 719-475-1553 Hall: 629 Arnold Lane, Colorado Springs
RED ROCK ROUNDERS (1st & 3rd) 7:30pm-9:30pm	Phase II – III	ED & ELVIRA GLENN 303-666-6331 Glenn's Den: 10178 Empire Dr., Lafayette
Telemarks 7pm-9:30pm	Phase III – IV+	CHRIS & TERRI CANTRELL 303-469-9140 Rose Hill Grange, 4001 E. 68th Ave, Commerce City (Colo Blvd & 68th)
Thursday:		
GARDEN OF THE GODS DANCERS 7:00pm (space limited please call)	Beginning (bolero, cha, rumba, two-step, waltz)	MILO & GRACE FERRY 719-475-1553 Hall: 629 Arnold Lane, Colorado Springs
GOOD TIME ROUNDS 6:30pm-8:30pm	Phase III – IV	Bob Lyon & Dee Truesdale 303-988-1793 Garden Home Grange: 1120 S. Irving St., Denver
RHYTHMAIRES (except 1st) 7:00pm-9:30pm	Phase III - V	JOHN & KAREN HERR 303-681-3147 Carriage Stop: 2700 Robinson, Colorado Springs
TELESPINNERS (Carousel Club #171) 7:00pm-9:30pm	Phase IV – VI	CHRIS & TERRI CANTRELL 303-469-9140 Rose Hill Grange, 4001 E. 68th Ave, Commerce City (Colo Blvd & 68th)
FRIDAY: DANCING PENGUINS Party Dance (1st & 3rd) 7:30pm-10:00pm	Phase II – IV	JOHN & KAREN HERR 303-681-3147 Maple Grove Grange: 3130 Youngfield, Golden
GARDEN OF THE GODS DANCERS (CC #210) 7:00pm – 9:30pm (space limited please call)	Phase III +	MILO & GRACE FERRY 719-475-1553 Hall: 629 Arnold Lane, Colorado Springs
SUNDAY:		
GOOD TIME ROUNDS 1:30pm-4pm	Phase II – IV	Bob Lyon & Dee Truesdale 303-988-1793 Garden Home Grange: 1120 S. Irving St., Denver
HAPPY FEET ROUND DANCERS 5-6:30pm 6:30-7:30pm 7:30-8pm	Beg Rhy Clinic III	MAXINE & DALE SPRINGER 970-243-5858 Masonic Temple Hall, 2400 Consistory Ct, Grand Junction
KNIGHT CASTLE Space is limited, please call	Phase II – V	Roy & Marcia Knight 303-463-4769 Knight Castle: 12427 W. 77th Ave, Arvada
Myers (please call)	Phase II - IV	CAROLYN & HAROLD MYERS 303-423-6765 Aspen Park Community Center: Aspen Park
June – August (multiple days):		
VALLECITO RESORT Multiple Classes & Clubs	Phase li – VI	KAREN & DICK FISHER 936-639-9582 Vallecito Resort: 13030 County Road 501 Bayfield

Comfortable Dancing

by Harold & Meredith Sears

Adjust To Your Partner - Men, You Must Lead and Read

A big part of dancing is adjusting to your partner as you go. This idea will not be news to the women, who are regularly reminded that they are expected to "follow" their man. These two quotes come from dance etiquette rules from the 1800s, referring to behavior both on and off the floor:

A lady should recollect that it is the gentleman's part to lead her, and hers to follow his directions.

In ascending stairs with ladies, gentlemen should go beside or before them. It is a gentleman's province to lead, and the lady's to follow.

But a dance is not a one-way series of directives by the man to the woman; it is a two-way conversation between them. The "gentleman's province" really is to lead *and* to read his partner's movements and adjust.

For instance, the man is in charge of dance position—closed, semi, banjo—so he needs to adjust his steps as he dances to stay in good position. He mustn't slavishly dance the textbook steps, but should continuously read the woman's following movements and then adjust his steps to stay together. She too will make every effort to stay up to him at the hips and to step in response to his lead. She will follow, but he "follows" too.

Let's think about dancing a Reverse Turn in Foxtrot. We might be in closed position facing line of dance. The man knows what to do. He turns left, stepping forward, steps side, steps back; back, side, forward. He thinks, I can do that. But this is not a solo performance. If he only dances his "proper" steps, the result will be rough and jerky. He must indicate his intentions (lead), he must sense her responses (read), and he must then adjust his subsequent steps based on that two-way conversation.

The first step of the Reverse Turn is forward left, but he can't just move forward and step. It would push her over. Instead, lower a little into the right knee to indicate that we are beginning to dance. Begin a little left-face upper-body rotation to say that we'll be turning left. This begins the lead-and-follow conversation. Now we can step. He has prepared, and she is forewarned. He steps forward, rising, and she steps back. If she truly follows his movements, he will begin to take weight just a bit before she does, and this sequence will avoid bumps and trodden-on toes.

For the second step, the woman simply brings her left foot to her right in preparation for her Heel Turn. The man steps forward and side right, stepping through the woman's left hip, turning her a total of 1/2. He dances through her left hip as though through a turnstile, and she turns in place, pivoting on her right foot. At the end of the beat, she simply changes weight to her left foot. He has moved with a side step, but she really hasn't. He is moving around the circumference of a small circle. She is simply turning in place at the center of that circle. And here the man must focus on the "reading" part of his lead. It is so easy to take that second step down line of dance and so pull her off her Heel Turn. So pay attention to where she is located, and do not dance away from her. Respect her position as the axle of this "turnstile," and adjust your step to stay in closed position. You may have to take a shorter step, one that is more forward than side—whatever you have to do to stay together. Don't just take your step. Dance together.

Now comes the third step. She is passively rotating on her right foot. Once she has turned to face line of dance, she will take weight on her left. Men, you must pay attention to this sequence. The cue (Reverse Turn) may have told you to step back on your left foot at this point. The music or something deep within you might be telling you to step back. But you need to read your partner and hold that back step until she has changed weight. If you try to step back left before she has closed left, then she will have to quick-close in order to step forward right, and it will feel bumpy and jerky. If you sense her Heel Turn and weight change, then the figure will flow so much more smoothly and comfortably.

Well, there is more to the Reverse Turn, but you get the idea. Lead, read, adjust, and only then lead some more. We can't just dance to the cues, or even to the music—we need to dance to our partner, too.

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Terri Sherwood Round Notes Printing 1268 South Ogden St Denver, CO 80210