

ROUND NOTES

Denver, Colorado http://www.crda.net

Apr/May 09

President's Letter – Patrick and Eileen Krause

On behalf of the Board of Directors, we would like to thank Bill and Karen Holm for their many years of service to CRDA. They will be leaving Colorado soon. Thanks again and good luck in your new adventure!

Bill and Karen will be cueing at the Spring Dance, so please come and dance with them and wish them the best!

The Spring Dance will be held at the Highlands Masonic Temple on Sunday, April 19, 2009 from 2:00 – 4:30 pm. See flyer inside. This dance is to welcome new round dance graduates. Since some of the round dance classes taught two-step and waltz, those rhythms will be on the program, and since other round dance classes taught other rhythms, those rhythms will be on the program as well. Please come and welcome the new round dancers! We would like to thank Ron and Sue Flesch for chairing this dance!

The mini-dances have been a huge success this year. The January, February and March mini-dances all had record turn outs of 23 couples! The next mini-dance will be held on Sunday, May 3rd at the Carriage Stop in Colorado Springs from 2:00 – 4:30 pm with Justin & Rose del Sol and Milo & Grace Ferry cueing. What a wonderful way to spend a Sunday afternoon! Why not take another couple with you and have lunch on the way or dinner on the way home? Mini-dances are typically held once a month if no other CRDA dance is scheduled with two cuers. The mini-dance is based on the level of the dancers in attendance. Mini-dances are scheduled on either a Saturday evening or a Sunday afternoon spread around the state, so that you have an opportunity to attend one of them. If you have an idea for a mini-dance, please let Rose del Sol (hvnborn@msn.com) know. Other mini-dances are in the works, watch emails and the website for details.

Save the date: The Harvest Moon Dance will be on Sunday, September 27^{th} at the EI Jebel Shrine Club in Denver. There will be afternoon teaches 1:30-4:00 pm one each of phase II, phase III, and phase IV. The evening dance will be held 6:00-8:30 pm. If you are not able to attend both sessions, you may come to either one. See flyer inside for more details.

Don't forget to register for CRDA's annual gala in November. Figure clinics will be taught be CRDA members Justin & Rose del Sol and Harold & Meredith Sears. The featured cuers will be Curt & Tammy Worlock and Paul & Linda Robinson. This is a fun weekend for ALL levels of round dancing! There will be 3 halls for you to go between to dance!

Please consider receiving your Round Notes by email. Round Notes are limited by the cost of mailing. There can be more information and articles in Round Notes if sent out electronically. If you would like to receive Round Notes by email just send Jean Montgomery (jeanmont29@gmail.com) and Rose del Sol (hvnborn@msn.com) your email address.

We would like to invite all members to the next Board of Directors meeting on Saturday April 4, 2009 at the Rose Hill Grange, snacks are at 9:30 am and the meeting starts at 10:00 am. You can always email us with ideas, questions, concerns or comments at krause.p@comcast.net.

Keep checking CRDA's website for information. www.crda.net

CRDA's Weather Cancellation Policy: If a dance needs to be cancelled due to weather, an email will be sent by 5:00 pm on the day of the dance, posted on the website or you can call Patrick Krause at 303-690-0916.

We are looking forward to dancing with you at the Mini-Dances, Spring Dance, Harvest Moon Dance and the Gala!

MEMBERSHIP REMINDERS

Membership dues are payable in January, dues are prorated for new members joining in other months. THANKS!

Dues are \$ 18.00 per address. Badges are \$12.00 or \$ 24.00 for two (sent to same address).

For membership info, address changes, bade order please contact the Membership Chairman: **Jean Montgomery, 1495 Braewood Avenue, Highlands Ranch, CO 80129** 303-791-1054

CRDA BOARD OF DIRECTORS

President	Patrick & Eileen Krause***	303-690-0916	krause.p@comcast.net
Vice-President	Ron & Susan Flesch**	719-487-9242	ronaldflesch@aol.com
Secretary	Justin & Katie Stute**	303-503-3032	kryptonkitty@yahoo.com
Treasurer	Chuck, Melanie & Mitchell Thompson*	303-277-0399	mthomp36@aol.com
Other Members:	Rick Mallinger & Linda Miller*	720-344-4210	Irmiller21@hotmail.com
	Justin & Rose del Sol*	303-646-4629	hvnborn@msn.com
	Don & Peggy Hutchinson**	303-697-8963	donpeghutch@msn.com
	Ron Blewitt***	303-741-4961	ron.blewitt@gmail.com
	Harold & Cindy Van Hooser***	303-423-8970	cindervh@q.com

^{*} term ends 12/31/09

Colorado Round Dance Association Hall of Fame Nomination Form

3158 East Maplewood Ave. Centennial, CO 80121

Do you know someone who is or was a member a CRDA? Did they take that extra step and become involved in Galas, committees, the Board of Directors or cue? Did they make a difference in the sport of Round Dance, especially in Colorado? Did CRDA or round dancing grow or change because of them? If you can answer yes to any of these questions, the CRDA Hall of Fame Committee is looking for them. Please take the time to fill out the nomination form so we can get them the recognition they deserve. Don't wait for someone else to nominate them. Do it today!

I/We nominate	
	to the CRDA Hall of Fame.
I/We believe they should be in the CRDA Hall of Fame bec (include a short statement on a separate sheet of paper)	ause
CRDA Member	
Please send this nomination form by June 30, 2009 to	
Walt & Marilyn Carbaugh	

^{**} term ends 12/31/10

^{***} term ends 12/31/11

Leading An Underarm Turn by Harold & Meredith Sears

In round dancing, the woman rotates a lot more than the man. She gets to do most of the turns and the spirals, and he leads these by raising his lead hand. Get the arm up before the turn. Keep it up and centered over her head during the turn. Then, bring it down when the rotation is over, to signal the end of the figure.

We men are often tempted to lead a turn by making a circular movement with the lead hand — by whipping her around, sort of like pulling on the string that is wound around a wooden top. That's a little rough. Usually, she can make that turn herself — she doesn't need your "help." Your job is not to *make* her dance her steps, to somehow propel her through them, but to *invite* her to dance the given figure and then to move in such a way that *allows* her to do it. Men, let her dance her own figures.

Let's think about an Underarm Turn in Rumba. You might be facing your partner with lead hands joined and trail feet free. You might have just done a Half Basic. Even before the measure starts, even before you have taken the last step of the Half Basic, the man should begin to raise lead hands. A good dance lead anticipates the next move. It gives notice ahead of time. It prepares the woman for what is to come so there are no sudden surprises, so we dance the figure smoothly and together.

Make the raising of the hand relatively vertical, and try to center the joined hands directly over her head. Furthermore, keep lead hands centered over her head as she turns. She will stay on better balance than if you straighten your arm off to one side and make her scurry to get around and under. Similarly, at the end of step 2, when she is facing the man again, lower lead hands starting with the shoulder, then the arm, and only then the hand. If you simply lower the hand, you will straighten the elbow instead of just lowering it, and your lead will be pushy — it will have a forward component, and again you will tip her.

A Sprial is quite a bit sharper turn and illustrates even better the need for a focused and gentle lead. Strictly speaking, a Spiral involves no steps. It is a sharp, 7/8 solo turn on the supporting foot in the direction opposite to whichever foot that is. In practice, we usually think of dancing a "step/spiral," so if we step forward left and then Spiral, our turn would be to the right, and if we step onto the right foot and Spiral, the turn would be to the left.

The important feature of this action is that it is almost a full turn. The man leads this turn by raising joined hands, but again, he mustn't try to spin her around with any kind of whirling movement of his arm. To try to power her through a full Spiral in only one or two beats of music would truly be violent. She must do this turn herself. She steps and then spins sharply on that spot, ending with the legs quite tightly twisted, ankles together. He only raises joined hands and carefully centers them over her head, over her axis of spin. In this way, she has a little support and stays on balance. If he tries to "spin" her with any lateral movements of the joined hands, it will only make her wobble.

www.rounddancing.net/dance/

CRDA BOARD MEETING

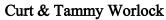
April 4, 2009
Rose Hill Grange
9:30 a.m. Crunchies and Munchies
10:00 – Noon Board Meeting

All CRDA Members are encouraged to attend! We like to see you and as a member of the organization your input is important. JOIN US!!



A Gala for All Levels of Round Dancing









Paul & Linda Robinson

Featuring November 6 & 7, 2009

University Center

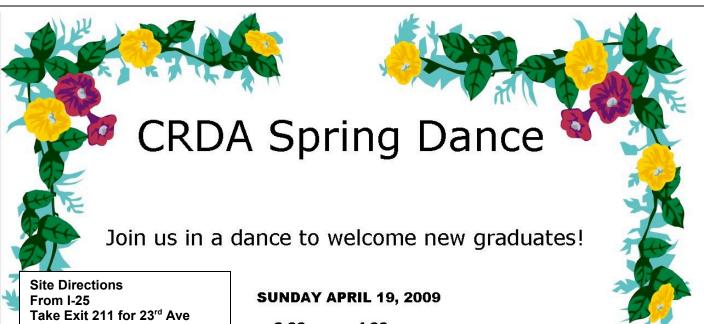
University of Northern Colorado, Greeley, Colorado

Figure clinics with Harold & Meredith Sears and Justin & Rose del Sol

For more information: Earl Smith & Judy Ashby at (303)449-9010, email EarlSmith1@gmail.com or http://www.crda.net

Colorado Round Dance Association 49 th Anniversary Gala Registration Form						
His Last Name	His First		Her Last Name		Her First	
Street Address		City	State Zip P	hone Number	E-mail Address	
FULL PACKAGE 4/1/09)	(pre-registration until	\$60 Members	\$79 Non-Members (includes 2009 CRDA membership)	(singles pay half		
FULL PACKAGE	(after 4/1/09)	\$70 Members	\$79 Non-Members (NO membership included	(singles pay half d)		
OPTIONAL CATERED LUNCHEON on Saturday (price not included in registration fee)		\$26/couple	\$13/single			
Saturday, teaches only (9am – 4pm)		\$40/couple	\$20/single			
Saturday, all day & evening		\$60/couple	\$30/single			
Friday AND/OR Sa only	turday Evenings(s)		\$20/couple, \$10/single for ONE evening	\$40/couple, \$20/single for BOTH evenir	gs	
				TO	TAL:	

\$5 cancellation fee prior to 10/1/2009. NO refunds after 10/1/2009 (rollovers allowed)



Site Directions
From I-25
Take Exit 211 for 23rd Ave
Turn Left at W 23rd Ave/Water
St
Continue to follow W 23rd Ave
Turn Right at Federal Blvd/US
287
Destination will be on the
right

2:00 p.m.-4:30 p.m.

HIGHLANDS MASONIC TEMPLE 3550 N FEDERAL BLVD DENVER, CO 80211

Dance Levels: Phase II (square dance/EZ level), Phase III and a few Phase IV Rhythms: 2-stp, Waltz, Cha, Jive, Mambo, Bolero, Rumba, Tango, Foxtrot

Purchase Tickets at the door:

NEW DANCERS \$6/couple (\$3/person) **CRDA MEMBERS**

NON-MEMBERS

\$8/couple (\$4/person)

\$10/couple (\$5/person)



Sponsored by



The
Colorado Round Dance
Assocaition



MAY MINI DANCE

May 3, 2009

2:00 p.m.—4:30 p.m.

Carriage Stop

2700 Robinson St.

Colorado Springs, CO



Milo and Grace Ferry

Justin and Rose del Sol

Cuers

Information available at www.crda.net or contact
Patrick and Eileen Krause

303-690-0916



Weather cancellation policy:

If we are going to cancel we will send out an email by Noon the day of the dance. If you have questions please feel free to call us,



Levels

Depend on Dancers

Present





SPECIAL ROUND DANCE EVENTS

April 19 CRDA Spring Dance 2pm-4:40pm

Denver, CO local cuers. To welcome new dancers from classes from all over the state.

Highlands Masonic Temple, 3550 N. Federal Blvd. Denver, CO

Info: Ron & Susan Flesch (719) 487-9242

April 24-26 2009 Texas Cotillion

Lubbock, TX featuring Bill & Carol Goss. Phase 4-6. Lubbock Area Square & Round Dance Federation Building (806-745-8290)_

2305 120th St (and South University), Lubbock, TX 79423
Info: Bill & Shirley Arnwine 806-794-7276 / barnwine@cox.net or
Jerry & Louise Engelking 806-925-6434 / danznduo@fivearea.com.

May 30-31 Heartland Classic

Muskogee, OK featuring Curt & Tammy Worlock, Phase IV-VI

Muskogee Dance Hall, Muskogee, OK

Info: Paul & Linda Robinsonpldance@yahoo.com

June 12-13 Safari Swing Colorado State Square and Round Dance Festival

Greeley, CO featuring Adrienne and Larry Nelson teaching Phase II through Phase V dances. The Nelsons will be joined by

local cuers to complete the program Info: Ralph & Linda Goble 970 498-8997

July 22-25 ICBDA Annual Convention

Joplin, MO www.ICBDA.com

August ?? CRDA mini-dance in Grand Junction and in Denver area TBA

Sept 4-6 6th Annual Colorado Springs Spectacular Labor Day Weekend

Colorado Springs, CO featuring George & Pam Hurd. Phase 4-6 Info: Milo & Grace Ferry

(719) 475-1553 milograce@aol.com

Sept 11-13 New Mexico Round Dance Festival Albuquerque, NM featuring Brent & Judy Moore Phase 3-6

Info: Dick & Pat Jarnagin, 505-856-9308 email: pjarnagin1@comcast.net

Sept 27 CRDA Harvest Moon Dance Denver, CO details coming soon. New location.

Sunshine and Shadows

Eileen Krause - step dad passing Marcia Knight - surgery Rhonda Vandas - surgery George Smith - sister passing

^{**} Good festivals for dancers who are solid phase IV and who are looking for lots of dancing and some challenging teaches. Submission for Special Events can be made by any CRDA member.



Terri Sherwood Round Notes Printing 1268 South Ogden St Denver, CO 80210