



**Denver, Colorado** 

February-March 2023

#### **Presidents' Letter – Steve and Janet Pitts**

Hello CRDA Members:

We had a Board of Directors Meeting in December 2022. We elected officers for 2023. Steve and Janet Pitts – President; Jim Steverson and Pam King – Vice President; Melanie Thompson – Treasurer; Margie Garcia – Secretary.

The biggest news is the 2023 Gala has been **moved** one week later to October 12<sup>th</sup> and 13<sup>th</sup>, 2023. It will be at the same location, CSU-Pueblo Occhiato Ballroom. The guest instructors, Molitoris and Preskitt have been contacted and they are available!! Look for a **Gala 2023** article in this Round Notes.

Fun Dances for 2023 are in the planning stages. **Cuers**, keep an eye out for an email from Chelsea Thompson seeking your availability to cue during 2023. The Fun Dance schedule will be posted on www.crda.net when it becomes available.

CRDA is seeking committee members for our 2023 committees. If you are interested, please contact Steve at <a href="mailto:steve">steve</a>pitts@mindspring.com</a> or call/text Steve at 303-332-1862

The next CRDA Board meeting will be a hybrid meeting (in-person and ZOOM) on Saturday, March 11, 2023, at 9 a.m. The physical location will be Rose Hill Grange in Commerce City. Any CRDA member may attend.

As a reminder, CRDA is looking for a volunteer or volunteers to find a good, cheap, stable email hosting service for CRDA. CRDA, with a previous hosting service, provided reflector lists (email lists). Google Groups (our current tool) has some

issues. We currently have 92 member "units." (Call it ~100 email addresses). We need a tool to manage 100 to 150 email addresses to enable sending out Round Notes and other items to all CRDA members. Please contact Steve (see above) if you would like to help.

"Dance for yourself. If someone understands, good. If not, no matter." ~ Louis Horst



# CRDA Board Members

2023

### boardmembers@crda.net

Steve and Janet Pitts - (24)\*[2] President 303-332-1862 stevepitts@mindspring.com Jim Steverson and Pam King - (24) [2] Vice President

303-679-3667 kingsmallev@gmail.com

Jim and Margie Garcia (23) [1] Secretary 303-469-4096 gar905@comcast.net

Chuck and Melanie Thompson (25) [2] Treasurer

303-277-0399 melaniechuck@comcast.net

Jack and Gayle Baker (23) [1]

Larylee Hitchins - (24) [1]

303-770-2789 j07baker@yahoo.com

719-358-0533 laryleehgood@yahoo.com

Dave and Lenora Starr (23) [1]

303-378-4081 Lwhitestarr@comcast.net

Mitchell and Chelsea Thompson (25) 720-933-7294 dancerbowler214@aol.com

Erik von Hortenau and Sunny Woods (25) [1]

303-635-6817 erikvonh@gmail.com

\*term-ending years in parentheses [] how many terms served

COMMITTEE MEMBERS AND CONTACTS

Membership: Sunny Woods and Erik Von Hortenau erikvonh@gmail.com 303-635-6817

**Round Notes:** Karen Herr kherr00@mac.com 303-681-3147

Proof Reader: MaryKaye Buchtel starbucket@comcast.net 303-909-0271

Hall of Fame: **TBD** 

Fun Dances: Chelsea and Mitchell Thompson dancerbowler214@aol.com 720-933-7294

Spring Dance 2023: **TBD** 

**Sunshine and Shadows** Margie and Jim Garcia gar905@comcast.net 303-469-4096

Gala 2023: Chelsea and Mitchell Thompson 720-933-7294

Cuer Selection: **TBD** 

Web Page: Harold Sears harold@rounddancing.net

Facebook: Fred Layberger laybergerf@aol.com 719-268-1233

Patrick and Eileen Krause krause.p@comcast.net 303-690-0916





# Dances from Around Colorado (CRDA members' input)

# Castle Dancers (Denver Area) Roy and Marcia Knight

We enjoyed Beef Stew ala Marcia along with some wonderful white chocolate bread pudding. Dances we enjoyed:

Scarlet Ribbons (Hilton) IV WZ

Amame (Kincaid) IV RB

Fly Me to the Moon (Preskitt) IV RB

A Mess of Blues (Gloodt) IV JV

# Dancing Penguins (Denver Area) John and Karen Herr

Our winter break was not very warm, but we didn't have snow. We enjoyed the Christmas Party and all who danced with us during the last year. It was an interesting year and now we are looking forward to 2023 with a positive outlook.

#### Monday

For Sentimental Reasons (TBD) FX 5 Cuando Me Cha (Preskitt) ch 522

#### Tuesday

Rumba and Cha Basics We'll start Rumba and Cha plus in January. Looking forward to this new class.

#### Thursday

2000 Blues (Nelson K&B) JV 4 Rainbow Connection (Childers) WZ 4

# Telefeathers (Denver Area) Harold and Meredith Sears

Some of our group will be dancing at Cactus Capers in Mesa next month, so we have been paying close attention to some really nice dances they're learning down there. More info at <a href="https://www.rounddancing.net">www.rounddancing.net</a>

Other dances we've done:

Too Early To Say Goodnight (Vogt VI FT)
You Took Advantage Of Me (Weiss V FT)
Butter (Goss V CH)
Tall and Tan (Lewis/Olson IV RB)
Illusion (Blackford V WZ)
Love Will Keep Us Alive (Townsend-Manning V BL),
Tonight We Waltz (Hicks VI WZ)

Petite Fleur (Wulf IV FT)
Somewhere In Time Bolero (Finch-Hicks VI BL)
Fall In Love Again (Grunder IV STS)
The Diary (Cavness IV RB)

# Future Events by CRDA Members

Future Events by CRDA Members

Rocky Mountain Leader's College Plant City, FL J & K Herr Dates TBA 2023

Single female seeking roommate for dancing cruise to Alaska next summer. Mitchell Thompson is cueing, and Mike Sikorsky is calling aboard a cruise ship from Vancouver, BC to Seward, AK from July 28<sup>th</sup>-August 4<sup>th</sup>, 2023. The cruise is followed by a Denali Land Tour and train to Anchorage, AK until August 8<sup>th</sup>. Information here: <a href="http://arizonacaller.weebly.com/cruise-with-mike.html">http://arizonacaller.weebly.com/cruise-with-mike.html</a> My 32 year old daughter, currently living in Anchorage, wants to go but a teacher's salary only stretches so far. Contact Lenora Starr at <a href="https://www.lwhitestarr@comcast.net">LWhitestarr@comcast.net</a> or 303-378-4081 for more information.

# Sunshine and Shadows

Contact Jim and Margie Garcia at <a href="mailto:gar905@comcast.net">gar905@comcast.net</a> if you know of someone who needs to receive a sympathy, get well, encouragement, or congratulations card.

David Evans - sympathy (loss of sister)
Betty Coan - surgery - get well
Steve Pitts -- sympathy (loss of Mother)

# Colorado Round Dance Association Hall of Fame

# Nomination Form

Do you know someone who is or was a member of CRDA? Did they take that extra step and become involved in Galas, committees, the Board of Directors, or Cue? Did they make a difference in the sport of Round Dance, especially in Colorado? Did CRDA or Round Dancing grow or change because of them? If you can say "yes" to any of these questions, the CRDA Hall of Fame Committee is looking for them. Please take the time to fill out the Nomination Form so we can get them the recognition they deserve. Don't wait for someone else to nominate them. Do it today!

I/We nominate:	
	_ to the CRDA Hall of Fame.
I/We believe they should be in the CRDA Hall of Fame (include a short statement on a separate sheet of p	
CRDA Member	
Please send this nomination form via email or post to:	

Jim and Margie Garcia 905 Mesa Ct Broomfield, CO 80020 303-469-4096 gar905@comcast.net





# "Come Dance Under the Sea in '23"

#### Hello dancers!

We hope you all had a lovely holiday season and his New Year of 2023 has found you well. We have some unfortunate news in that CSU Pueblo had a conflict with the school's Homecoming dance and we were unable to secure the hall for our usual first weekend in October.

But fear not! Gala is still happening! Thanks to the flexibility of all involved, we have secured the hall for the FOLLOWING weekend, October 13<sup>th</sup> and 14<sup>th</sup>, 2023. Our fabulous Guest Cuers for the weekend, the Preskitts and Molitoris, were available and the hotel has moved our block to the new weekend as well. Make sure that if you have already booked your stay, you call to move your reservation.

We apologize for any issues this may cause for some of you who might have other plans over the new dates, and if this does make it so you cannot attend, we will gladly refund your admittance, though I still hope to see all your smiling faces come October for "Under the Sea in 2023"!

Mitchell and Chelsea Thompson, 2023 Gala Chairs 720-933-7294 dancerbowler214@aol.com





Editor's Byline

2023! Amazing, isn't it? Do you remember the hullabaloo about starting the year 2000. And that was 23 years ago! There are three articles in this edition about Frame! Frame is mentioned all over the dance world. I have yet to attend any teach at any level when the instructor didn't mention Frame at least once. The article by Ms. Mehta came from a Salsa web site, but it applies to all rhythms.

Sure hope you have renewed your membership. This will be your last issue if you do not.

And did you hear about the change of dates for the Gala! Make sure you make note of the new dates. It's looking to be a GREAT Gala! See you on the dance floor!

# Driving Your Body By Sandi Finch

When we watch really good dancers, they seem to move so effortlessly, powerful yet graceful. When we practice, we try to imitate that elegance and apply what we hear our teachers say to what we know. All of that is part of good practice, but something else is needed. We need to develop a sense of how the body parts move, then use our senses to monitor how we feel when we move.

Some call this "experiential anatomy," developing awareness of how specific body parts move. We unconsciously depend on a kinesthetic sense for balance to coordinate our movements. Tune in to the messages the body is sending. Consciously think about one part of your body. If you can move a body part precisely, you will dance more efficiently, with reduced effort, improved stability and be a step closer to those elegant moves of the champions you so love.

Start by picturing a body part and tune in to the sensation in the muscle fibers. MapQuest yourself. Stand or sit. Close your eyes and tune in to what comes first to your mind. An itch, a sensation... Then focus on your right foot. Think about what part of the foot makes contact more with the floor. Can you sense those words of foot placement we use, especially in Tango? Inside edge of foot, inside edge of big toe, inside edge of heel? Each has a purpose and creates a different kind of step. Do the same thing with the left foot. Is one more alive than the other? Try the same left-right comparison with the hands, then the sides of the face.

Each block of weight—hips, ribs, shoulders, head—is active in shaping movement. Shapes sometimes give you power, sometimes slow you down like a brake, sometimes are just there to look beautiful.

An exercise for the start of each forward action of the leg, in smooth dances or Tango: Extend the unweighted foot behind you, ball of foot in contact with the floor. Bring it forward, going to the flat of the foot as it comes alongside the standing foot. For tango, you will flick the toes up slightly to step forward with a heel lead. For the smooth dances, the foot will slip past the standing foot with a swing through the hips and a sense of rolling onto a heel lead. In both cases, the moving foot will "iron the floor."

When dancing an underarm turn, most dancers look for a connection in the wrong place. It's not in the hands, although the hands are joined. The energy comes up through the arm from your back. It's like preferring to eat at an expensive restaurant rather than McDonalds—it's quieter, no kitchen crew yelling. If the connection is too "loud," it is disquieting and abrupt, and you will not be in balance. If you can see it, it's too loud.

When raising your arm, lift the elbow rather than the hand. Imagine butterflies in your spine. As you lift your arm, imagine them traveling out to your arm and you are releasing them out from the middle of your palm. This will give you a lightness in the arm but with energy, using the stronger muscles in your back.

It is amazing that ballroom judges can look at a floor of dancers and cut out the best in 60 seconds or less. How do they do that? They only have time to judge toplines, and assume the bottom is working properly if the frame is maintained. That tip Is from Slawek Sochacki, four times U.S. professional American smooth champion. Few of us are competitive dancers but the concept is still valid. If you have a good frame, you are using your core to lift your arms and you are moving the bottom in balance, or your frame would be collapsing. Keep the arms up; imagine a balloon under each armpit. As you rise, your shoulders and arms should feel like they are going down and away. As you lower, they should feel lifted.

Turning elbows will help you get a correct arm connection. Stretch an arm out to the side at shoulder height. Turn the wrist so the thumb sticks up and palm faces forward. Imagine holding a doorknob in the hand. Turn the doorknobs forward allowing only the wrist and elbow to turn. Upper arms and shoulders remain quiet. When the elbow is pointing out, your lats are engaged. Bend the elbow, rotate the wrist back and you should be able to take closed position without any shuffling around, with lats ready to go to work.





Note from our Membership Chair! Sunny Woods and Erik Von Hortenau

Erik and Sunny would like to remind you that 2023 Dues are due now!

Please help them by mailing your renewal in now!

It's better sooner than later.

New members (Encourage your friends to join)

Mail your \$20 check made out to CRDA to:
Sunny Woods and Erik Von Hortenau
8237 Swadley Court
Arvada, CO 80005

Contact: erikvonh@gmail.com

Cell: 970-406-8908 Home: 303-635-6817

# Dance Tips for Holding Your Frame By Jessica Mehta

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Salsa dancing requires a nearly immobile core, held steady by a firm frame. Both leads and follows must commit to a well-maintained frame—otherwise, the entire dance can fall apart! However, males/leads usually have a more complicated frame to hold than their followers. A proper lead's frame includes firm shoulder blades which are rolled down the back, similar to mountain pose in yoga. This helps leads to engage the back muscles and triceps, which aids in sustaining elbows, which are slightly pushed out and a firm handhold grip. Keeping ab muscles engaged is also paramount.

If a lead doesn't have a good frame, the follow can't read it or "listen" to non-verbal cues. Frames are the foundation for a quality salsa dance. Without it, there's truly little two people can do! Follows also need to respond to that frame by gripping hands strongly enough to allow for just a small amount of slack. A light yet sturdy hand on the shoulder allows the follow to get a heads up when the lead is about to make a move.

"Holding your frame" is a must in social dance which needs to be constantly revisited. There will be times when you really nail it, and times when you're tired, distracted, overwhelmed and just know you could be doing better. The good news is it's a practice, not a skill to be mastered. Like any practice, the more you do it and the more you're aware of best practices, the better you'll get.



Here are some of the top tips for optimizing your frame:

Practice complementary hobbies. It's pretty tough to have a fantastic frame when you have weak or underdeveloped muscles. Anyone, especially a lead, who's in their first handful of classes can tell you that holding a frame is a lot of work! You might be sore or your arms and abs can get prematurely tired. Yoga, weightlifting, and any other type of strengthening exercises which target your core and arms can work wonders for strengthening your frame. Plus, being healthier means you have more endurance to dance longer.

Use the mirrors. Mirrors are in a dance studio for a reason, and it's not to check your hair. Keep an eye on yourself—it's not vain. Some of the most common "frame problems" for dancers is a tendency to hunch, especially if their follow is a lot shorter than they. Instead, focus on keeping your core tight and your back straight. If you do need to lean down, which is common (such as when you're leading a spin for a petite partner), do so while keeping your back straight and not rounded.

Ask for feedback. Both your instructors and your partner are going to have the best insight on your frame. A reputable instructor will emphasize frame importance, but you can ask them to keep a closer eye on yours as you develop it. Ask your partners for feedback on how your frame feels to them. Could it be firmer, or does it feel too stiff? Can they intuit that you'll lead them with what to do next? What about your frame would make Salsa easier or more comfortable for them? Your partners might tell you a wide range of details, and they won't always be in agreement, but it's one of the best ways to better your frame.

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# Upper Body Dance Frame (how to dance as "one") By Tim Eum

Have you ever noticed a couple that dances as if they were a single unit, moving "as one" even through turns and pivots? Have you noticed that most Round Dancers do not do this and instead seem to bump and adjust as they move? The secret to dancing "as one" begins with having a good upper body dance frame.

A good upper body frame is formed by the arms and shoulders but includes the upper bodies and the heads. One key is to hold the arms in such a way that your elbows are the same distance from the floor and the same distance out from your body, while still being in front of your body. This is true for both man and lady. The man's left hand and lady's right hand (lead hands) are joined and held out about "eye high". The arms are slightly bent at the elbows. The man's right hand should just be able to be placed on the lady's left shoulder blade with his right wrist touching just under the lady's left arm. The lady's left elbow should extend slightly past the man's right elbow which allows the lady to place her right hand on the man's right upper arm. The man's head is slightly turned to look over the lady's right shoulder. The lady's head looks well to her left – as if laying her left ear back onto a pillow.

Achieving frame is one thing, but you must be able to hold it while you move. There should be firmness in the frame such that if the man rotates the frame left or right, the lady can immediately feel it and move with it. The same is true going forward and back – the lady should be able to immediately feel the frame move and then move with it – as if "filling the frame" with her body, keeping the upper body relationship with partner the same while moving.

Note that if you dance close enough to your partner while in closed position that the man's right waist and the lady's right waist can touch making a third contact (the lead hands and trail hands make two contacts). With three contacts you will not only be able to hold the frame easier, but the lady will be able to feel any movement just a little bit faster.

Here's another tip: After you have what you think is a good upper body frame – Take a deep breath. Note how your chest expands, your frame expands, and your head raises up even a little. Try dancing with this "expanded top" all the time - even after you exhale.

Most Round Dance teachers do teach a proper Closed Position, but many do not go further to explain how to hold it when moving. The feet, of course, are moving, but the body from the hips up through shoulders and the arms should generally remain the same as you move. Do not wave the arms; always keep your elbows in front of you – do not let them go behind you. Do not separate from your partner. Do not let your partner move to your side, and definitely not behind you (remember we are trying to move while retaining in closed position). Try it with a Left Turning Box or with Two Turning Twos. Do not turn the heads and stay in closed position with a good upper body frame that does not change the entire time. If you achieve this – you will have danced "as one."





# CRDA Membership



#### GENERAL INFORMATION

Since 1961, CRDA has been an unusually active state round dance organization. CRDA sponsors dance events throughout the year, most notably the fall Gala weekend with nationally recognized guest cuers-instructors, an informative bi-monthly newsletter, Round Notes, and our website at www.crda.net. CRDA is primarily a dancer-run organization, staffed by both dancers and instructors who contribute their time, knowledge, and skill. CRDA is managed by a Board of Directors consisting of 9 couples elected from the general membership. Membership in CRDA is an important way to support the services that CRDA provides and to support round dancing generally. If you love round dancing, support it through your membership! CRDA encourages dancers to share in the 4 E's of Round Dancing --

# **EXCITEMENT, EDUCATION, EXCELLENCE and ENJOYMENT.**

#### **ROUND NOTES**

ROUND NOTES is a bi-monthly newsletter sponsored by CRDA to help keep Round Dancers aware of local and national activities and to promote Round Dancing. A few of the featured articles include:

- \*A listing of both local and out-of-state Round Dance activities and festivals
- \*Round dance lessons and workshops information
- \*Dance Parties and Gala Information
- \*Other Special Dance Events
- \*Articles with tips on dance technique

The newsletter is **INCLUDED** in your CRDA membership and is a great way to stay in tune with what is being offered locally and nationally.

#### WEBSITE http://www.crda.net

The CRDA website began in 1989 and includes a wide variety of information, including: state classes and clubs; CRDA sponsored dances; round of the month and classic of the quarter; contact information; places to dance around the world; and a wide variety of dance-related links and groups.

**Email notices** are sent for upcoming events and notices of dance cancellations due to weather.

**Opportunity to vote** on the dances/songs which will be a part of the program in the various halls for the Gala and the opportunity to vote at the annual membership meeting, as well as having an influence for the future direction and activities for CRDA.

#### DANCE EVENTS THROUGHOUT THE YEAR:

CRDA members receive a SUBSTANTIAL DISCOUNT at all CRDA events: the Spring Beginner Graduation Dance,

phase II-easy IV, an Intermediate Dance, phase III-easy V, monthly Fun Dances, & the Fall CRDA Gala, phase II-VI. The Gala features an enjoyable weekend of teaches, clinics, and dancing, for ALL LEVELS of Round Dancing (beginner – advanced). Nationally prominent guest instructors are hired and local cuers/instructors lend their expertise. The Gala is held on the first weekend in October.

# ALL THIS FOR ONLY \$20. 00 PER YEAR – DUE JANUARY 1\*

\* New Member subscribing in a month other than January, multiply \$2.00 by the number of months left in the year to calculate the amount owed for dues (ex: Aug = \$10.00)

CRDA APPLICATION FOR MEMBERSHIP
\$20.00 per year per address (new members may prorate)  New Member Renewal Member Cuer
NAME
NAME
ADDRESS
CITY STATE ZIP
PHONE
EMAIL
EMAIL
We would like to receive our Round Notes (check one)  By EMAIL (thank you!)  By Regular Mail  Email version: added content, in color, saves trees and postage
CRDA BADGES: \$12.50 ea. for pin-style, \$14.50 ea. for magnetic-style: PIN MAGNETIC First Name Last Name
First Name Last Name
ANNUAL MEMBERSHIP \$20.00 \$
DUE JANUARY (new members may prorate \$2.00/month)
I (We) am/are a cuer (yes or no)
CRDA BADGES \$ TOTAL \$
MAKE CHECKS PAYABLE TO: "Colorado Round Dance Association" or "CRDA"
MAIL TO: Sunny Woods and Erik Von Hortenau 8237 SWADLEY COURT ARVADA, CO 80005

erikvonh@gmail.com





# 2023 Gala Registration Form - October 13th & 14th, 2023

HIS LAST NAME HIS FIRST	ΓNAME HI	ER LAST NAM	ТЕ НЕ	HER FIRST NAME		
STREET ADDRESS	CITY	STA	TE	ZIP CODE		
EMAIL ADDRESS			PI	IONE NUMBER		
	Ce	Couple		ingle		
	Member	Non-Member	Member	Non-Member		
Full Package Pre-Registration (thr	u 4/30) - \$140	\$160*	\$70	\$80*		
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Full Package (5/1 through 9/15) \$150 \$170\* \$75 S85\* At the Door (After 9/15). \$160 S180 S80 \$90 Full Package - First Time Participant \$110\* S55\* Single Session S60\$30

\$5 Cancellation Fee Prior to 9/1 - NO REFUNDS after 9/1 (One Time Rollover Allowed)

Make Checks payable to "CRDA" and mail to Karen Herr at 4535 Red Rock Dr., Larkspor, CO 80118

# Host Hotel and RV Information

We will be back at the Wingate by Wyndham Pueblo this year. It is located at 4711 N Elizabeth, Pueblo, CO 81008 and their phone number is (719) 586-9000. The rate will be S99/night plus tax. Make sure to mention the Colorado Round Dance Association when making your booking to get the group rate. ACT FAST, as this price is only good until all rooms in the block have been booked. For RV hookups, KOA is located at 4131 Interstate 25 N, Pueblo, CO 81008 (6.8 miles from the venue). Their phone number is (800) 562-7453.

### Tentative Schedule

Friday from 2-4PM: Featured Cuer Clinics

Friday 4-7PM: Dinner

Friday from 7-10:30PM: Party Dance Saturday 9-11AM: Dance Teaches

Saturday 11AM-2PM: Lonch & Board Meeting

Saturday 2-4PM: Dance Teaches

Saturday 4-7PM: Dinner

Saturday 7-10:30PM: Party Dance

Saturday 11-???: After Party at Host Hotel

### General Information

Food breaks are on your own, but there are multiple restaurants in the area as well as a cafeteria at the venue.

On both Friday and Saturday evening we will have 3 halls with all levels of rounds.

#### Who to Contact

Interested in volunteering or need more information? Contact Mitchell & Chelsea Thompson at dancerbowler214@aol.com or

(720) 933-7294

<sup>\*</sup>Includes CRDA membership for the remainder of 2023

#### 2023

March 11	CRDA BOD Meeting	Hybrid/Rose Hill Grange	9:30 am
May 6	CRDA BOD Meeting	Hybrid/Rose Hill Grange	9:30 am
Aug 26	CRDA BOD Meeting	Hybrid/Rose Hill Grange	9:30 am
October 13 & 14	Gala	CSU Pueblo	2 :00 pm
Dec 2	CRDA BOD Meeting	Hybrid/Rose Hill Grange	9:30 am

# Future Gala Dates

October 4 and 5, 2024 October 3 and 4, 2025

Karen Herr 4535 Red Rock Dr. Larkspur, CO 80118

# Saturday, December 3<sup>rd</sup>, 2022 Hybrid ZOOM/In-Person Meeting, 9:30 a.m.

**Call to Order:** The meeting was called to order at 9:49 a.m. by President Steve Pitts.

**Attendance:** Steve and Janet Pitts, Dave and Lenora Starr, Chuck and Melanie Thompson, Karen Herr, Jim Steverson and Pam King, Frankie Travis and Ken Matuska, Mitchell & Chelsea Thompson, Jack and Gayle Baker, Larylee Hitchens, Jim Garcia.

#### **Minutes:**

Pam King needs to be struck from attendance as she was not present. Motion was made by Chuck Thompson, seconded by Gayle Baker and approved by unanimous vote to approve the minutes as corrected.

#### **Sunshine and Shadows: (Margie Garcia)**

John & Karen Herr - Get Well and Best Wishes Bear Miller - Best Wishes Jim Bahr - Get Well John Herr - Get Well Bernie and Teresa Kovicac - Sympathy (loss of brother)

### **Treasurer's Report: (Frankie Travis)**

No report due to QuickBooks errors.

#### **President's Report: (Steve Pitts)**

#### Welcome to our "new" 2023 Board Members:

The following Board members were elected during the 2022 AGM Meeting . Thank you to Mitchell and Chelsea Thompson (Returning ... 2nd Term), Chuck and Melanie Thompson (Returning ... 2nd Term), and Erik Von Hortenau and Sunny Woods (1st term) for volunteering to serve on the board. Specific 2023 board officers (President, Vice President, Treasurer, Secretary etc.) will be determined at today's meeting and communicated to the membership via email after the board meeting by the CRDA Presidents.

The **October 2022 Gala** was a success. We had 90 dancers attend. It was wonderful to see and dance with many new and old friends after two years of waiting. T hank you to Frankie Travis and Ken Matuska for chairing the 2022 Gala. A Gala Wrap-up meeting was held on Saturday, November 5<sup>th</sup> at the home of Melanie and Chuck Thompson.

**2023 CRDA committees** will be formed soon and communicated to Membership by the CRDA President as soon as possible. Current 2022 Historian and Promotion/Publicity Chairs have specifically communicated they would like to be replaced for 2023. Thank you to Meredith Sears (Historian) and Fred and Judy Layberger (Promotion/Publicity) for their many years' service in these positions.

**Email Hosting Service:** We need someone to come up with a free or low-cost email hosting service for CRDA. Google Groups has issues for some members. Contact the CRDA Presidents if you have ideas or are willing to support this effort.

Vice President's Report: (Jim & Margie Garcia)

No report

Secretary: (Chelsea Thompson)

No report

2023 Officer Election: (Steve & Janet Pitts)

**Treasurer**: Melanie Thompson was nominated for Treasurer. No other nominations were brought to the floor. Lenora Starr motioned, Jim Steverson seconded and Melanie was approved by unanimous vote to accept Melanie as the new Treasurer.

**President**: Steve and Janet Pitts were nominated to continue their post. Jim Steverson motioned, Mitchell Thompson seconded, and Steve and Janet were approved by unanimous vote to accept Steve and Janet as continuing Presidents.

**Secretary**: Due to chairing the Gala, Chelsea has decided to step down as the Secretary. Jim and Margie Garcia were nominated for Secretary. Dave Starr motioned, Pam King seconded and was approved by unanimous vote to accept Jim & Margie as the new Secretary.

**Vice President**: Jim Steverson and Pam King were nominated as Vice Presidents. Melanie Thompson motioned, Lenora Starr seconded and it was approved by unanimous vote to accept Jim Steverson and Pam King as the new Vice Presidents.

#### **Midwinter's Dream Dance: (Steve Pitts)**

Finding a location for the return of our intermediate dance event, the Midwinter's Dream dance, to be held in January, 2023, is being looked into. This is a special dance opportunity with intermediate instruction during the afternoon and dancing (phase 3-4, possibly a few soft 5's) during the evening. A chair is needed to organize and recruit a programmer for this event. **Note:** The programmer does not have to be a cuer. The Avalon Ballroom in Boulder is available and was contacted to request Sunday, January 22, 2023, 1:00 – 10:00 (includes 30 minutes for setup and cleanup). Cost for Avalon is \$50/hour. Lenora Starr suggested the Masonic Lodge in Denver at 35th and Federal. We are waiting for a contact to be forwarded.

After some discussion, we have decided to move the Midwinter's Dream dance to February and do a Fun Dance in January. Steve and Janet will work on a date and location for February and Chelsea will schedule a Fun Dance for January. Janet Pitts and Dave Starr will work together on the program.

#### 2023 Gala: (Mitchell & Chelsea Thompson)

A preliminary budget was presented. Motion was made by Chuck Thompson, seconded by Jim Steverson, and passed by unanimous vote to approve the preliminary Gala budget as presented.

We are still looking for an Assistant Chair, and chairs for Programming, Host Couples, Gift Bags, Publicity, Sound, Hearing Assist and Audio Recording, Syllabus and Printing. We are looking at Earl Smith and Dave Starr as program chairs, but have not gotten confirmation that they are both willing.

It was brought up that the travel reimbursement provided by CRDA needs to be very clearly communicated to the featured cuers. It was determined we will reimburse for actual gas receipts multiplied by two for the return trip home and actual flight costs +1 bag per person. We will have them contact us if they plan to drive a motorhome as the gas prices are much more expensive.

#### **Fun Dance Report**

#### 2022: (Steve Pitts)

The November 12, 2022 Fun Dance was an excellent way to end the 2022 dance season. Harold Sears provided a fun evening of dancing with 12.5 couples attending. Thank you to everyone who attended and supported our final Fun Dance of 2022. We missed having John Herr cue for us and we are pleased he is recovering quickly and look forward to seeing him at 2023 Fun Dances.

### \*2023: (Chelsea Thompson)

Due to getting ready to move, Chelsea had not had time to put together the Fun Dance schedule for 2023. She will attempt to get a final schedule out in the next couple of weeks including a January Fun dance as the Midwinter dance has been moved. We are looking at getting a Fun Dance in Fort Collins, but this dance will be held on a Saturday AFTERNOON as the only hall within CRDA's budget is not available at our normal dance times.

#### **Membership: (Steve Pitts for Erik)**

95 member units.

### **Cuer Selection Committee: (Steve & Janet Pitts)**

John & Karen are willing to serve on this committee and Karen believes Jim and Sharon Peyrouse are likely willing to continue as well if they are asked. We have contracts for Randy & Marie Preskitt and Milo & Cinda Molitoris for the 2023 Gala. Future Gala Clinicians will be determined by 2023 Cuer Selection Committee. In the past there has been discussion about continuing with two featured cuers and as of right now we will continue with having two. We have not contracted Cuers for 2024. Casey & Sharon Parker, George & Pam Hurd and Dan & Allison Drumheller were brought up as possibilities.

#### **Round Notes: (Karen Herr)**

Deadline is January 15. If you have any articles or even ideas for the kind of articles you would like to read, please contact Karen Herr.

# Promotion/Publicity: (Judy & Fred Layberger)

No report. Judy has asked to step-down as Promotion/Publicity Chair in 2023. We are looking for a new Chair for next year. Contact Steve and Janet if you are interested in volunteering for this.

#### **Historian: (Meredith Sears)**

No report. Meredith has also asked to step down and would like someone else to take over this chair in 2023.

#### Webmaster: (Harold Sears)

No report. As always, let Harold know of any errors on the website. If you have any flyers for out-of-state dances, you can email those to Harold and he will get them up on the website as well.

**CSSDA Report: (Larylee Hitchens)** 

No report

DAS&RDC Report: (Jim & Judy Taylor)

No report. Need to verify if they are willing to be the Representatives again in 2023.

2023 Board Meeting Dates/Times: (Steve Pitts)

March: March 11th, 2023, 9:30a.m. for snacks, meeting at 10:00a.m. Hybrid ZOOM at Rose Hill if possible.

May: May 6<sup>th</sup>, 2023, 9:30a.m. for snacks, meeting at 10:00a.m. Hybrid ZOOM at Rose Hill if possible.

August: August 26<sup>th</sup>, 2023, 9:30a.m. for snacks, meeting at 10:00a.m. Hybrid ZOOM at Rose Hill if possible.

December: December 2<sup>nd</sup>, 202, 9:30a.m. for snacks, meeting at 10:00a.m. Hybrid ZOOM at Rose Hill if possible.

#### **New Business:**

Karen mentioned the fact that we need to get the Sherwood's their lifetime membership award. Chuck and Melanie will be at a Christmas party with them at the end of the year but Steve and Janet will try to convince them to come to John & Karen's Holiday Party instead. Jim & Bonnie will be invited as well with an option to stay at Chuck and Melanie's house. We also need to update the classes list on the CRDA website and in Karen's Cuer infographic.

#### Motion to Adjourn:

Motion was made by Dave Starr, seconded by Chuck Thompson, and passed by unanimous vote to adjourn the meeting. Meeting was adjourned at 11:42a.m.

Respectfully submitted by Chelsea Thompson



# COLORADO ROUND DANCE SUMMARY REPORT

Popular Dances and Teaches During January 2023

This Month's Contributing Cuers

Albright, Evans, Herr, Knight, Krause, Sears, and Starr



#### Most Frequent Dances - January 3 | Dream Of You (4/2) 8

- 1 Butter (5/2) 10 (Goss, 8&C) CH V+1 (SH, NC)
- 1 Don't Moss Around With Jim (S/3) 5 3 Somewhere in Time Bolero (4/2) 8 (Harris, 5&P) TS III (KP) 3 Axel F (4/3) 12
- 3 Every Day Bolero (4/2) 8 (Worlock, C&T) BL VI (SH, NC)
- (Finch/Hicks) Bt. VI (SH, NC) \$ Tonight We Waltz (4/2) 8 (Mathewson) CH III+1 (HJ, A, KP) (Hicks, T) WZ VI (SH, NC)
  - 8 Baby's Got Blue Jeans (3/1) 3 (Maguire) CH III+1 (HJ)

(Hurd, G&P) BL V+2 (E, SH)

- 8 Begin To Color Me (3/2) 6 (Read) WZ VI (SH, NC)
- 8 Entre Mis Recuerdos (3/2) 6 (Gloodt) BL IV+1 (HJ, KR)
- 8 Hit Me With A Hot Note (3/3) 9 (Goss) WCS V+2 (HJ, SH, NC) 8 If I Didn't Have You Vi (3/2) 6
- (Hund, G&P) FT W (SH, NC)
- 8 Jurame (3/2) 6
- (Worlock) RB V+2 (SH, NC) 8 Only One Time (3/2) 6 (Preskitt, R&M) RB V+1 (SH, NC)
- 8 River Lullaby (3/2) 6 (Lillefield) WZ IV (HJ, KR)
- 8 Semeste Mart Fool Like A-Fool Tenight (M/1) a (Lukert, 5) WZ II+2 (KP)
- 8 Teo Early To Say Goodnight (3/2) 6 (Vogt, D&T) FT VI (SH, NC)

### Most Popular Dances - January

Must have at least 3 cuers to be eligible

1 Axel F (4/3) 12

(Mathewson) CH III+1 (HJ, A, KP) (Goss) WCS V+2 (HJ, SH, NC)

# Most Frequent Dances Last Twelve Reports

- 1 West Texas Waltz (58/6) (Riggs) CH II
- 2 Better Place III (36/6) (Yoshikawa) RB III+1
- 3 Levely Lough Conn (35/2) (Heales, S) WZ E+1
- 3 The Last Blues Song (\$5/\$) (Scherrer) FT V
- 5 Sedalia (34/6) (Kenny, J&S) RB IV+2+1 Cuando Me Enomoro (33/8)
- (Gloodt) RB IV+2 Watermark (33/3) (Brewer) WZ IV
- 8 Al En Af (32/3) (Seurer) TS II
- 8 Candlelight (32/6) (Goss) WZ V
- 10 Could I Neve This Dance (30/9) 13 Hit Me With A Hot Note (27/5) (Eddins) WZ II+1
- 11 Belle's Waltz (29/2) (Herr, J&K) WZ II+2
- 11 Axel F (29/4) (Mathewson) CH III+1
- 13 Alley Cat Blues (27/1) (Davenport, B&B) FT IV
  - (Goss) WCS V+2
- 15 Autumn Waltz (26/5) (Preskitt, R&M) WZ VI
- 15 Nothing At All (26/4) (Johnson) BL VI
- 17 Fly Me To The Moon Rumba (23/2) (Preskitt) RB IV
- 17 San Antonio Stroll (23/3) (Watanabe) CH III
- 17 The Alligator Stroll (23/6) (Gloods) WCS (V+2+3
- 20 One Call Away III (22/5) (Drumbeller) RR III+2

# Top Dances By Phase - January

Phase II	Phase III	Phase IV	Phase V	Phase VI
1 Someone Must Feet Like A Foot Tonigla (IV) 2 All Shook Up (2/1) 2 Fireman Two Step (2/2) 2 More Than I can Say (2/1) 2 Two Divided By Love (2/1) 2 When I'm Sixty-four (2/1) 2 Why Do Foots Fall In Love (2/1) 2 You Never Gave Up On Me (2/1)	1 Don't Mess Around With Jim (Sy 2 Axel F (4/3)) 3 Baby's Got Blue Jeans (3/1) 4 A Continental Goodnight (2/2) 4 Answer Me (2/2) 4 Beby's Cot Her Blue Jeans On (2/2) 4 Blue Rose (2/3) 4 I'm In Love With You (2/1) 4 Nothing On But The Radio (2/1)	Entre Mis Recuerdes (3/2)     River Lulleby (8/2)     River Lulleby (8/2)     A Danced Twice	1 Butter (5/2) 2   Drisam Of You (4/2) 3 Hit Me With A Hot Note (3/3) 3 Jurame (3/2) 3 Only One Time (3/2) 17 Danced Twice	1 Every Day Bolero (4/2) 1 Sverswhere in Time Bolero (4/2) 1 Tonight We Waltz (4/2) 4 Begin To Color Me (3/2) 4 If I Didn't Have You VI (3/2) 4 Too Early To Say Goodnight (5/2) 5 Danced Twice

# Ton Dances By Phase Last Twolve Penants

_	Phase II		Phase III		Phase IV		Phase V		Phase VI	
1	West Texas Waltz (58/6)	1	Retter Place III (36/6)	1	Sedalia (34/6)	1	The Last Blues Song (\$5/\$)	1	Autumn Waltz (26/5)	_
2	Lovely Lough Conn (35/2)	2	Axel F (29/4)	2	Cuando Me Enamoro (33/8)		Condlelight (32/6)	-	Nothing At All (26/4)	
*	Af En Af (32/9)	3	San Antonio Stroll (23/3)		Watermark (\$3/\$)		Hit Me With A Hot Note (27/5)	â	Begin To Color Me (21/3)	
4	Could I Have This Dance (30/9)	4	One Call Away III (22/5)		Alley Cat Blues (27/1)		Capone (18/1)	4	Hallelujah Waltz (20/1)	
5	Belle's Waltz (29/2)	5	Little Café Rumba (21/5)		Fly Me To The Moon Rumba (23/2)		Carlbbean Sunset (16/2)	7		
6	Rock Paper Scissors (21/4)				The Alligator Stroll (23/6)		Boat Of Your Heart (15/6)	2	Volveras (20/2)	
7	Feel It Still (19/2)		Beach Party Cha (17/1)		A Thousand Years (20/8)				Adeline (18/4)	
8	Spinning Wheel Waltz (17/3)	8			Cheek To Cheek (20/3)		trainen and an install		Chalita (15/2)	
	, , , , , , , , , , , , , , , , , , , ,		Senorita (16/3)	,	CHOCK TO CHOCK (20/3)		and the seasons	8	Cake By The Ocean (14/3)	
	4 Denced 14 Times	•	2 Danced 15 Times		4 Danced 19 Times	9	Only One Time (13/4) 7 Danced 12 times		4 Danced 13times	





# COLORADO ROUND DANCE STATISTICS FOR JANUARY 2023

### CUERS KEY (44)

A = Albright\* HG = Hurd, G&P Sc = Schrant B = Bahr, J&B HJ = Herr, J&K\* SD = Smith, D. Be = Berens, D HL = Harris SG = Smith, G. Ch = Chadd Ho = Hogan SH = Sears, H&M® Da = Davis, A HT = Hicks, T Sp = Springer De = Del Sol, J KP = Krause, P&E\* Sr = Starr, D\* DN =Denning KR = Knight, R&M\* St = Storm Do = Dodge Mc = McBride T = Thompson, M&C E = Evans, B&D\* NC = No Cuer TF = Travis, F F = Ferry, M&G Ne = Nelson Vo = Vogt, D&T GB = Goss, B. No = Nolen, B&S WC = Worlock, C&T GD = Goss, D. PM = Prow We = Weiss GE = Glenn, E&E PR = Preskitt, R&M Wo = Wolford GK = Gloodt, K&E R = Robinson Wu = Wulf GP = Gomez, P&C Ri = Riggs, A HB = Holm, B&K RO = Rotscheid

### RHYTHMS DANCED (18)

5-Count (5CT) = 0 Lindy Hop (LH) = 0 Samba (SB) = 3Am. Tango (AmTG) = 0 Mambo (MB) = 3Single Swing (SS) = 0 Arg. Tango (ATG) = 0 Merengue (MR) = 3 Slow Two Step (STS) = 10 Bolero (BL) = 12 Mixed (MX) = 8 Tango (TG) = 9Cha Cha (CH) = 19 Paso Doble (PD) = 3 Two Step (TS) = 29 Foxtrot (FT) = 32 Polkla (PK) = 0 Vien, Waltz (VWZ) = 1 Hesit. Canter Waltz (HCW) = 2 Quickstep (QS) = 4 Waltz (WZ) = 69 Jive (JV) = 8 Rumba (RB) = 29 West Coast Swing (WCS) = 11

#### PHASES

DANCES Phase VI = 28 Phase III = 34 Danced At Least Once = 255 Phase V = 67 Phase II = 42 Total Dances = 348 Phase IV = 84 Phase I = 0 Dance Sessions = 24

<sup>\* =</sup> Contributing Cuers for the month (7)