



Denver, Colorado

August-September 2023

Presidents' Letter – Steve and Janet Pitts

Summertime brings opportunities for extra Dance festivals and we hope you can enjoy some this year.

At the Colorado State Square Dance Festival in June, we enjoyed teaching and cueing from Bob & Sally Nolen (New Mexico) and cueing from many of our local Colorado cuers. Bob & Sally are long-time members and supporters of CRDA.

Our June Fun Dance with Mitchell Thompson and Roy Knight was enjoyable and we were able to dance some of the new routines we learned at the State festival.

We just returned from ICBDA (International Choreographed Ballroom Dance Association) in Winston-Salem, North Carolina, where we had a week of excellent teaching, instruction, and dancing with cuers, teachers and dancers from all over. We also received some exciting news at this annual convention: Denver will be the location for **ICBDA** in July 2025. Save the date, you won't want to miss it!

Coming up in August we have TWO opportunities for dancing in the southern area of our state:

CRDA is co-hosting a **Special Dance** in Pueblo with the Southeast Council. It will be on **Sunday, August 6th** from **12:30 to 2:30 p.m.**, at the **RED BARN HALL, 3320 Arena Rd, Pueblo, CO 81005**.

Cuers are Denise Berens and Andrith Davis with some Special Guest Cuers. **THIS DANCE IS AFTER THE HI COUNTRY WEEKEND, a SUNDAY DANCE IN THE SAME HALL. WEEKEND ATTENDANCE NOT REQUIRED. EVERYONE IS INVITED, NO CHARGE! THE HALL IS AIR CONDITIONED!! Did I mention there is NO CHARGE?**

The **August Fun Dance** will be on Sunday, August 13th, 2023 from 2 p.m. to 4:30 p.m., at the IDC (Internationals Dance Center) in Colorado Springs with cuers Allynn Riggs and Denise Berens.

2023 is half over now. CRDA is **still** seeking committee members to serve on our 2023 committees. If you are not available to help this season, please consider serving in 2024. We need persons to serve on *these committees*: Historian, Publicity and Flyers, Facebook, and Hall of Fame. If you are interested, please contact Steve at stevepitts@mindspring.com or call/text Steve at 303-332-1862 and, before you know it, CRDA will be seeking new board members for 2024!! Please consider serving on the CRDA Board!

New cuers needed. Let us know if you are interested in a new cuer workshop. We are working on a class for those interested in learning to cue. Contact: Steve at stevepitts@mindspring.com or Janet at jpitts@mindspring.com

The **CRDA Gala 2023** will be October 13th and 14th at CSU-Pueblo. If you wish to help with this year's Gala, contact Chelsea Thompson at chelsea_falk@yahoo.com. If you wish to sign up for the 2023 Gala, contact Karen Herr at kherr00@mac.com We are still in need of an assistant Gala Chair.

Save the date and mark your calendars for the return of the **Midwinter's Dream Dance** on Sunday, January 28th, 2024, at the Avalon Ballroom. This will be an Intermediate level dance (III IV). There will be teaches in the afternoon, a dinner break (dinner on your own), followed by an evening programmed dance.

Future Events by CRDA Members

42nd New Mexico Round Dance Festival Albuquerque, NM D & T Vogt Sept. 8-10, 2023

CRDA Board Members

2023

boardmembers@crda.net

Steve and Janet Pitts - (24)*[2] President
303-332-1862 stevepitts@mindspring.com

TBD-- Vice President

Jim and Margie Garcia (23) [1] Secretary
303-469-4096 gar905@comcast.net

Chuck and Melanie Thompson (25) [2] Treasurer
303-277-0399 melaniechuck@comcast.net

Jack and Gayle Baker (23) [1]
303-770-2789 j07baker@yahoo.com

Larylee Hitchins - (24) [1]
719-358-0533 laryleehgood@yahoo.com

Dave and Lenora Starr (23) [1]
303-378-4081 Lwhitestarr@comcast.net

Mitchell and Chelsea Thompson (25) [2]
720-933-7294 dancerbowler214@aol.com

Erik von Hortenau and Sunny Woods (25) [1]
303-635-6817 erikvonh@gmail.com

Bill Shauck and Luan Jones (24) [0]
609-317-3730 luanpjones@gmail.com

**term-ending years in parentheses
[] how many terms served*

COMMITTEE MEMBERS AND CONTACTS

Membership:	Sunny Woods and Erik Von Hortenau erikvonh@gmail.com 303-635-6817
Round Notes:	Karen Herr kherr00@mac.com 303-681-3147 Proof Reader: MaryKaye Buchtel starbucket@comcast.net 303-909-0271
Hall of Fame:	TBD
2023 Fun Dances:	Chelsea and Mitchell Thompson dancerbowler214@aol.com 720-933-7294
2024 Fun Dances:	Jim and Margie Garcia gar905@comcast.net 720-933-7294
Spring Dance 2023:	Steve and Janet Pitts stevepitts@mindspring.com 303-332-1862
Winter Dream Dance 2024:	Gayle and Jack Baker j07baker@yahoo.com 303-770-2789
Sunshine and Shadows	Margie and Jim Garcia gar905@comcast.net 303-469-4096
Gala 2023:	Chelsea and Mitchell Thompson 720-933-7294
Cuer Selection:	Jim and Sharon Peyrouse jimpeyrouse@gmail.com John and Karen Herr kherr00@mac.com
Web Page:	Harold Sears harold@rounddancing.net
Facebook:	TBD



Dances from Around Colorado (CRDA members' input)

Castle Dancers (Denver Area) Roy and Marcia Knight

A fun dinner of Sink Burgers and some veggies and double chocolate bread pudding. Sounds like a great dinner. Worked on some gotchas in a few dances.

Have I Told You Lately (Knight) ST IV

Love Potion #3 (Tonks) CH III

A Ma Ri O (Ito) III RB

Send Her Roses (Palmquist) IV FT

Dancing Penguins (Denver Area) John and Karen Herr

What an amazing last two months. Traveled to several conventions starting with Colorado State Festival, Roundalab in Springfield, MO, Nationals in Mobile, AL, ICBDA in Winston-Salem, NC. Lots of great dancing and getting new dances. We had a Fun Dance on Friday, July 21st. We celebrated everyone's birthday. Also, it was great to have Paula & Warwick Armstrong do a special dance for us. It was great fun! We're back and we'll start lessons on Tuesdays on August 8th —Waltz and Foxtrot. Should be great fun. Tell your friends and neighbors. We really want to keep this movement growing.

Monday

Welcome to My World (Herr) FX 52

Bottle It Up (Herr) WC 5

Havana (Goss) CH VI

Thursday

White Sport Coat (Lefeavers) fx 4

Blue Wings (Moore) wz 4

Out Of Africa (Shibata) wz 4

Tuesday

Baby You've Got What It Takes (Parker) jv 31

In It For The Love (Brown) jv 32

Telefeathers (Denver Area) Harold and Meredith Sears

The big event recently was the ICBDA Convention a couple weeks ago in Winston-Salem NC--21 brand new dances presented to us with much fanfare. We began working the list with "Carrickfergus", a phase VI STS by Preskitt (it's a town in Northern Ireland, with a castle). The music is sweet. We also tried "Why Don't You Do Right", a phase V FT by Gibson and "Too Early To Say Goodnight", a phase IV FT by Vogt. The Vogts had done a phase VI dance to this American standard last year, which we have been dancing, too. Some others we've been dancing are: More info at: www.rounddancing.net

A Spoonful Of West Coast (Hicks IV WCS)

Caramel (Byars IV RB)

A Perfect Night for Dreaming (Mee IV WZ)

Theme in My Head (Woodruff V WZ)

My Confession (Rumble VI BL)

Dancing Fool (Vogt V QS)

Hot Rumba (Kenny V RB)

Glimpse Of Us (Hicks VI HCW)

HELP WANTED/NEEDED:

We are in need of a 2024 Gala Chairman. No experience needed, as training and help will be available as needed. Hall and Cuers are already selected. Just your willingness to organize and lead. Contact Steve and Janet if interested or have questions!



Sunshine and Shadows



Contact Jim and Margie Garcia at gar905@comcast.net if you know of someone who needs to receive a sympathy, get well, encouragement, or congratulations card.

Chelsea and Mitchell Thompson - sympathy
Betty Carson - get well

Jack Chaffee - Happy Birthday



“Come Dance Under the Sea in ‘23”

Gala will be here sooner than you think, so I hope you’ve all registered! The hotel is already taking bookings so make sure to get in early if you want to get the group rate. And just

a friendly reminder: Gala voting is OPEN! So make sure you go to the CRDA website and cast votes for your favorite dances. Can’t remember the name of the dance? Ask your cuer and I’m sure they would love to help you. And, as always, teachers can vote on behalf of their class so if you have a group that is dancing make sure to submit a vote for what you have been doing at your clubs.

Look forward to seeing you all in Pueblo in October!

Mitchell and Chelsea Thompson, 2023 Gala Chairs
720-933-7294 dancerbowler214@aol.com



Note from our Membership Chair! Sunny Woods and Erik Von Hortenau

Please encourage your friends to renew or better yet, JOIN!!!

**New members
(Encourage your friends to join)**

**Mail your \$20 check made out to CRDA to:
Sunny Woods and Erik Von Hortenau**

**8237 Swadley Court
Arvada, CO 80005**

Contact: erikvonh@gmail.com

Cell: 970-406-8908

Home: 303-635-6817





ROUNDALAB REPORT for USDA – June 15th through 18th, 2003 Judy & Jim Taylor

The USDA Executive Board agreed at our winter meeting in January of 2003 to send us (Taylors) to the ROUNDALAB Convention in Springfield Missouri, to be held from June 15th through the 19th. We actually left the Convention before the last day to get to our USDA meeting on Tuesday in Mobile, Alabama. The travel time was hurried but went off without a hitch.

The first night (Thursday) we were greeted by Dawn Mee, the official greeter, given a folder with a lot of information, and a "First Timer" ribbon. We were also given a gift bag with about 8 or 10 different items, like sanitizer, tissues, Chapstick, ROUNDALAB dangles (each attendee got one, and some people had 6 or 8 on their badges!). Then we were linked up with our "mentors", John & Karen Herr (we had arranged this earlier.) We had bought the meal package (ourselves) which was expensive, but felt it was worth it---we were rotated to different tables at each of the provided meals (six) and got to mingle with many different attendees. They had 44 registrant couples (an attendee list showed their states and a position on their Board) and we tried to meet them all, but we only met 33! We are so impressed by the friendliness of all these cuers, and they were so helpful.

From Friday on, there were seminars and clinics most of each day, about half of which were only for cuers, but we attended them anyway, and learned a lot! They had a "Round Robin" system based on the alphabet of last names and rotated three groups through all three of the sessions, so everyone got to go to all of them eventually. Some of the sessions we found interesting were Tango basics and advanced, Rumba clinics, the Herrs' "Showmanship", and "Choreography", by Carolyn Ahart (we had formerly danced with her in Denver for a few years).

Each of three nights, there were dances, with nine different cuers doing about four dances each. The dances were varied, with Phases from II to VI. We tried to dance all the Phase IV's, stumbled around a bunch, but had a ball doing them. They're such good dancers and cuers that we had as much fun watching as doing! Particularly enjoyable was seeing them switch with their regular partners and dance perfectly with a new one. We also watched as the two couples from Germany were dancing VI's and laughing and having such fun---we got to see more of Klaus and Eva at the National SDC, and they were fantastic square and round dancers.

We took 130 pictures, separated into four accounts. They are up on Google Photos with links, so if anyone wants to see them, email Jim and we'll get the link(s) to you. We're so glad to have gone--thank you to USDA for this most memorable experience.

An Idiot's Guide Sandi Finch

You can find “An Idiot’s Guide To...” almost every subject, so we weren’t too surprised to find “The Complete Idiot’s Guide to Ballroom Dancing.” After all, there is even an “Idiot’s Guide” to the Bible.

Not sure what to expect, we opened the book and immediately found flash cards on how to choose an instructor and “common techniques and strategies for dancing success.” Chapters followed on dance history, some thoughts about music, timing and why you should dance, and finally some instruction in a dozen popular rhythms. The author brought some credibility to the project, as an examiner for one professional organization, so no surprise to find some gems among the many words.

He gave an 11th commandment which every beginner needs to memorize: Never stop with both feet on the floor and weight distributed on them equally. Of course, there are exceptions to that rule, but if you remember it, you will never wonder what foot to move for the next step. Beginners have a problem with this: They think having weight on both feet is safe and balanced. They need to learn to commit fully to a step. We have recently asked some beginner dancers and teachers of beginner dancers what they saw as the biggest problem when learning to dance. Changing weight from step to step was almost unanimously named among the problems.

Half the problem is teaching the brain the feeling of being fully on a foot. The Idiot’s author suggests thinking of your feet as empty glasses and your body as a pitcher of water. The pitcher is lifted and suspended over the “glass” and the water flows into the “glass.” The step is not complete until the pitcher is empty, i.e. the body is over the foot and the free foot has no weight.

Is it only a beginner’s problem? The Idiot’s author suggests not. Even a good foundation needs to be checked and re-checked as you continue to learn, he wrote. How much thought do you give to your feet? They aren’t just a platform—how you move onto a foot determines what step and even what rhythm you are doing. It takes practice until using your feet correctly becomes automatic.

If you are executing a spin, you have to be over the ball of the foot, with the heel up. Putting the heel down will stop the turn. Heel leads give you impulsion moving forward. Rolling through the feet will give you better timing in Foxtrot. We want knee veer in tango, which means in semi-closed position, the unweighted foot is poised with the inside edge of the big toe on the floor. Occasionally test your “feel” for using different parts of the feet. Stand erect, feeling you are centered over the middle of the foot. Now shift yourself back slightly until you feel balanced over the heel. Bring your weight forward until you feel balanced over the ball of the foot. Your brain needs to remember the feel of being in all those positions.



Editor's Byline

Summer has arrived! And now we are complaining it is much too hot to dance! Too cold a few months ago, too wet and now too hot. In this issue you will find several articles about beginner dancer tips. They are good to remind ourselves frequently and they are not just for beginners. But share with friends who you are trying to convince to become dancers. It's time to encourage our non-dancer friends to try Round Dancing. Look for an instructor who will fit them.

Also, if you have not signed up for Gala, it's not too late! Sign up to save those pennies.

Learning to Dance: Eight confidence tips for total beginners

By: Aliénor Salmon

reprinted with permission

So many of us make it one of our goals to learn how to dance one day, but how many of us actually push ourselves to go to our first dreaded dance class? Here are eight things I wish I had known as a total beginner and which might convince you to set aside your fears and dance:

You don't need to wait for anyone to "sign up"

Sometimes the fear of going alone means we wait to go to a dance class with a friend, then use it as an excuse not to go if they keep putting it off. Or maybe we think we have to "do it properly" and sign up for a long-term dance course when actually most classes are on a "join anytime" and weekly basis. If anything, dance classes are a great activity to do alone, which will help you build more confidence, willpower, make new friends and even discover a new sense of community.

You won't look stupid

Moving your body in front of other people, especially when you lack confidence, can be terrifying, bringing out some of our worst insecurities. We think our awkwardness and lack of rhythm will make us look stupid. But it's more likely that you won't be the only one and that you'll find other beginners just like you. What many people don't realize at first is most classes are split into various levels, including for absolute beginners who have never danced before in their lives. A friend of mine refused to join me at a beginner's Tango class saying she had "two left feet". Eventually, I convinced her to do the first half an hour and that if she hated it, she could leave. She ended up staying for the entire class and loved it. If you can put one foot in front of the other, then you can learn how to dance as a beginner.

Feel the rhythm

The fundamental part of dancing as a beginner is to understand the rhythm so that our steps fall on the right beat – regardless of the dance style. It took me months before I finally got it, but once you do, it becomes a breakthrough. There are two ways you can work on this: one is to repeat the most basic step hundreds of times to music until you find synergy, and the second is to listen to the music of the dance style you want to learn when you are not dancing. The more you listen, the more you will get the difference between the different instruments, patterns of percussion, which will eventually become a map for your feet.

Posture is everything

Before any steps, moves or flashy figures, your posture comes first. I hunched for the first three months of learning to dance through my Bailando Journey. It was partly from bad posture, but also from low confidence. The taller you stand, roll back your shoulders and look up, the more drastic a difference it makes as to how you look, even when performing the most basic dance steps as an amateur. In some dances, we have a tendency to bounce as we shift from one foot to another. A great way to deal with this is to find a fixed point to focus on. In my case, this was the lion's frown in between my salsa teacher's eyebrows, something that he called "maintaining a visual line". Posture and poise can vary slightly for each dance. For example, in Salsa, flexing your knees more and lifting your feet will help to better define the movement, whereas in Tango, you keep your legs straight and feet close to the ground.



Your brain is working

People are surprised at just how hard dancing can actually be, and for complete beginners, even the most basic steps can be too complex to understand. This is completely normal. It's because these movements are so foreign to the mind and body that they seem impossible. But it means your brain is working. Dancing stimulates the same part of the brain as complex puzzles and learning a foreign language. The brain is a muscle, and it takes time for muscle memory to understand how the body is moving to gradually internalize new movements so they eventually become natural.

It's good to make mistakes

You often have to keep getting it wrong until you eventually get it right. It doesn't mean that you'll never be able to dance. Instead of seeing mistakes and failures as setbacks, see them as a learning process that you need to go through. Professional dancers often tell me that the key is to always smile. Who are you most likely to notice in a performance? Someone who dances perfectly but jumps and looks startled at the slightest error, or someone who makes an obvious mistake but stays calm and keeps a radiant smile? The truth is we rarely notice the mistakes of the second one.

Patience is an art

For all of this to happen, of course, you need patience. I've seen some people show up to their first beginner's class and get frustrated after half an hour that they can't follow the most basic steps. But that's not how it works. Learning new steps is a reward which comes from patience and practice. Nobody can become a dance star overnight. If you're willing to put in the time and effort, persevere through your mistakes, stay positive and enjoy it, then you will be able to dance.

Perfection doesn't exist

I'm not a big believer in natural talent, and even though some learn faster than others, nobody is ever completely satisfied with the way that they dance. Even some of the top professional dancers are able to look at videos of themselves and point out all the mistakes or weaknesses in their performance (many of which are actually invisible to the public). The beauty of learning to dance is the potential for you to learn and improve is endless. Dancing is a hobby and a skill that you can keep crafting for life. There are no (dance) steps back.

5 Tips For Dance Beginners

By RealBuzz

Reprinted with Permission

Learn different types of dance

There are so many different genres of dance that you may be unsure of which to choose when deciding to learn to dance. The simple answer is to try lots of different dance styles. It's true excelling at one style requires many years of practice, but to be proficient in several types of dancing take less time and may be more beneficial.

Take the time to learn a little about a variety of styles, rather than focusing on one. You could find yourself at a variety of events when you could be dancing to anything from break dance to ballroom.

Listen to the music and find your rhythm

People dance because they are inspired to dance by a beat or rhythm. At its most basic form, a dance might start with a foot tap to a catchy rhythm, and taking the movement further, it becomes a dance.

To be a good dancer you need to be able to feel the music and express that feeling with your body. For the beginner dancer, it is important to become familiar with the rhythm, so get your hands on some music related to your chosen dance style and listen to it at every opportunity. Try out a few basic steps in the comfort and of your own home to build up your confidence.

Look up not down while you dance

A common error made by beginner dancers is staring at your own feet when learning a new dance. It is quite natural to want to do this, but should be avoided. Dancing is not about seeing but instead is about feeling.

Instead of staring at your feet, try to remember how the steps feel, with the shifting of your weight and changes in direction registering in your mind so you remember the patterns which make up a dance. If you're dancing with a partner, pay attention to your partner in the basic movements of the dance and try and feel the moves.

Dance with different partners

It's quite natural when starting dancing to want to dance with your partner or friend. With this comes a degree of comfort but also a staleness. Try dancing with many different people, especially when you are just starting to learn the dance, and their differing interpretations of the music will give you a new way of approaching that dance.

While you may have concerns you'll end up with a dancer who is far more advanced than you are, or that the other person has 'two left feet', dancing with someone else is an opportunity to practice either as a sensitive leader or a conscientious follower. Make each dance an opportunity for learning for you or your partner.

Relax and have fun dancing

Remember, dancing is meant to be fun, not a chore or something to get worked up about. Dancing is meant to help lower your blood pressure, not raise it, so don't stress. Regardless of how many (or how few) dance moves you have in your locker, you can usually have an enjoyable dance with anyone, provided you are both attentive to one another and at least give the impression you are enjoying yourselves. Relax and have fun dancing.

2023 Gala Registration Table-Volunteers Needed!!

No-one wants to miss out too much on the dancing but if enough people give a little of their time it will be a case of "many hands make light work". Or perhaps "it takes a village" to make a Gala. Please consider donating a little bit of your time to help and perhaps to rest your dancing feet for half an hour!

You will be checking in the dancers, signing them up for next year and collecting Membership Dues. Your 30 minutes will "fly" by!

Please review the available slots on the [Sign Up Genius](https://www.signupgenius.com/go/10C094DAEAA29AAF94-2023) page and sign up. Thank you!

(<https://www.signupgenius.com/go/10C094DAEAA29AAF94-2023>)



CRDA Membership



GENERAL INFORMATION

Since 1961, CRDA has been an unusually active state round dance organization. CRDA sponsors dance events throughout the year, most notably the fall Gala weekend with nationally recognized guest cuers-instructors, an informative bi-monthly newsletter, Round Notes, and our website at www.crda.net. CRDA is primarily a dancer-run organization, staffed by both dancers and instructors who contribute their time, knowledge, and skill. CRDA is managed by a Board of Directors consisting of 9 couples elected from the general membership. Membership in CRDA is an important way to support the services that CRDA provides and to support round dancing generally. If you love round dancing, support it through your membership! CRDA encourages dancers to share in the 4 E's of Round Dancing --

**EXCITEMENT, EDUCATION,
EXCELLENCE and ENJOYMENT.**

ROUND NOTES

ROUND NOTES is a bi-monthly newsletter sponsored by CRDA to help keep Round Dancers aware of local and national activities and to promote Round Dancing.

A few of the featured articles include:

- *A listing of both local and out-of-state Round Dance activities and festivals
- *Round dance lessons and workshops information
- *Dance Parties and Gala Information
- *Other Special Dance Events
- *Articles with tips on dance technique

The newsletter is **INCLUDED** in your CRDA membership and is a great way to stay in tune with what is being offered locally and nationally.

WEBSITE <http://www.crda.net>

The CRDA website began in 1989 and includes a wide variety of information, including: state classes and clubs; CRDA sponsored dances; round of the month and classic of the quarter; contact information; places to dance around the world; and a wide variety of dance-related links and groups.

Email notices are sent for upcoming events and notices of dance cancellations due to weather.

Opportunity to vote on the dances/songs which will be a part of the program in the various halls for the Gala and the opportunity to vote at the annual membership meeting, as well as having an influence for the future direction and activities for CRDA.

DANCE EVENTS THROUGHOUT THE YEAR:

CRDA members receive a **SUBSTANTIAL DISCOUNT** at all CRDA events: the Spring Beginner Graduation Dance,

phase II-easy IV, an Intermediate Dance, phase III-easy V, monthly Fun Dances, & the Fall CRDA Gala, phase II-VI. The Gala features an enjoyable weekend of teaches, clinics, and dancing, for **ALL LEVELS** of Round Dancing (beginner – advanced). Nationally prominent guest instructors are hired and local cuers/instructors lend their expertise. The Gala is held on the first weekend in October.

ALL THIS FOR ONLY \$20. 00 PER YEAR –

DUE JANUARY 1*

* New Member subscribing in a month other than January, multiply \$2.00 by the number of months left in the year to calculate the amount owed for dues (ex: Aug = \$10.00)

CRDA APPLICATION FOR MEMBERSHIP

\$20.00 per year per address (new members may prorate)

☐ New Member ☐ Renewal Member ☐ Cuer

NAME _____

NAME _____

ADDRESS _____

CITY STATE ZIP _____

PHONE _____

EMAIL _____

EMAIL _____

We would like to receive our Round Notes (check one)

☐ By EMAIL (thank you!) ☐ By Regular Mail

Email version: added content, in color, saves trees

CRDA BADGES: \$17.00 ea. for magnetic style:

(Please indicate how you would like your name on your badge—first name only, both names, nickname, etc.)

First Name _____ Last Name _____

First Name _____ Last Name _____

ANNUAL MEMBERSHIP \$20.00 \$ _____

DUE JANUARY (new members may prorate \$2.00/month)

CRDA BADGES \$ _____ TOTAL \$ _____

MAKE CHECKS PAYABLE TO:

"Colorado Round Dance Association" or "CRDA"

MAIL TO: Sunny Woods and Erik Von Hortenau
8237 SWADLEY COURT
ARVADA, CO 80005
erikvonh@gmail.com

Please contact me regarding serving on a committee.
Committee preference?



2023 Gala Registration Form - October 13th & 14th, 2023

HIS LAST NAME	HIS FIRST NAME	HER LAST NAME	HER FIRST NAME
STREET ADDRESS		CITY	STATE
EMAIL ADDRESS		PHONE NUMBER	

	Couple		Single	
	Member	Non-Member	Member	Non-Member
Full Package Pre-Registration (thru 4/30)	\$140	\$160*	\$70	\$80*
Full Package (5/1 through 9/15)	\$150	\$170*	\$75	\$85*
At the Door (After 9/15)	\$160	\$180	\$80	\$90
Full Package - First Time Participant	\$110*		\$55*	
Single Session	\$60		\$30	

**Includes CRDA membership for the remainder of 2023*

\$5 Cancellation Fee Prior to 9/1 - NO REFUNDS after 9/1 (One Time Rollover Allowed)

Make Checks payable to "CRDA" and mail to Karen Herr at 4535 Red Rock Dr., Larkspur, CO 80118

Host Hotel and RV Information

We will be back at the Wingate by Wyndham Pueblo this year. It is located at 4711 N Elizabeth, Pueblo, CO 81008 and their phone number is (719) 586-9000. The rate will be \$99/night plus tax. Make sure to mention the Colorado Round Dance Association when making your booking to get the group rate. ACT FAST, as this price is only good until all rooms in the block have been booked. For RV hookups, KOA is located at 4131 Interstate 25 N, Pueblo, CO 81008 (6.8 miles from the venue). Their phone number is (800) 562-7453.

Tentative Schedule

Friday from 2-4PM: Featured Cued Clinics
 Friday 4-7PM: Dinner
 Friday from 7-10:30PM: Party Dance
 Saturday 9-11AM: Dance Teaches
 Saturday 11AM-2PM: Lunch & Board Meeting
 Saturday 2-4PM: Dance Teaches
 Saturday 4-7PM: Dinner
 Saturday 7-10:30PM: Party Dance
 Saturday 11-???: After Party at Host Hotel

General Information

Food breaks are on your own, but there are multiple restaurants in the area as well as a cafeteria at the venue.
 On both Friday and Saturday evening we will have 3 halls with all levels of rounds.

Who to Contact

Interested in volunteering or need more information? Contact Mitchell & Chelsea Thompson at dancecraoler214@aol.com or (720) 933-7294

2023

Aug 6	Special Event	Red Barn (Pueblo)	12:30 pm
Aug 13	Fun Dance	IDC (Colo Spgs)	2:00 pm
Sept 2	CRDA BOD Meeting	Hybrid/Rose Hill Grange	9:30 am
Sept 16	Fun Dance	Maple Grove Grange	7:00 pm
October 13 & 14	Gala	CSU Pueblo	2:00 pm
Nov. 11	Fun Dance	Rose Hill Grange	7:00 pm
Dec 2	CRDA BOD Meeting	Hybrid/Rose Hill Grange	9:30 am
2024			
Jan 28	Mid-Winter Dream Dance	Avalon Ballroom (Boulder)	2:00 pm

Future Gala Dates

October 11 and 12, 2024

October 10 and 11, 2025

(these dates may be changed with CSU Pueblo's availability)

Karen Herr
 4535 Red Rock Dr.
 Larkspur, CO 80118



COLORADO ROUND DANCE SUMMARY REPORT

Popular Dances and Teaches During July 2023

This Month's Contributing Cuers

Armstrong, Davis, Evans, Herr, Knight, Krause, Riggs, and Sears



Most Frequent Dances - July

1 Better Place III (11/3) 33 (Yoshikawa) FT/IV III+1 (HJ, KR, RI)	4 Fly Me To The Moon Rumba (6/1) 6 (Preskitt) RB IV (HJ)	7 Little Cafe Rumba (5/2) 10 (Seurer) RB III+1 (HJ, RI)	12 Bottle It Up (4/1) 4 (Herr, J&K) WCS V (HJ)	19 The Alligator Stroll (4/1) 4 (Gloodt) WCS IV+2+3 (HJ)
2 Welcome To My World (7/2) 14 (Herr, J&K) FT/IV V+2 (HJ, SH)	4 Havana (6/1) 6 (Goss) CH VI (HJ)	7 Mira River Waltz (5/2) 10 (Taylor) WZ II+1 (KR, RI)	12 Carrickfergus (4/2) 8 (Preskitt, R&M) STS VI (SH, NC)	Watermark (4/1) 4 (Brewer) WZ IV (HJ)
2 West Texas Waltz (7/3) 21 (Riggs) WZ II (HJ, KR, RI)	7 Af En Af (5/4) 20 (Seurer) TS II (KR, DA, KP, RI)	11 My Confession (5/2) 10 (Rumble) BL VI (SH, NC)	12 Coney Island (4/3) 12 (Gloodt) WZ IV (HJ, NC)	
4 Candlelight (6/2) 12 (Goss) WZ V (HJ, SH)	7 Axel F (5/3) 15 (Mathewson) CH III+1 (SH, KP, RI)	12 Amigo's Guitar (4/1) 4 (Tennant, S&P) RB III+2 (RI)	12 Spinning Wheel Waltz (4/3) 12 (Juhala) WZ II+1 (HJ, DA, RI)	19 Danced 3 Times

Most Popular Dances - July

* Must have at least 3 cuers to be eligible

1 Af En Af (5/4) 20 (Seurer) TS II (KR, DA, KP, RI)	3 West Texas Waltz (7/3) 21 (Riggs) WZ II (HJ, KR, RI)	5 Coney Island (4/3) 12 (Gloodt) WZ IV (HJ, NC)	7 Could I Have This Dance (3/3) 9 (Eddns) WZ II+1 (KP, KR, RI)
2 Better Place III (11/3) 33 (Yoshikawa) RB III+1 (HJ, KR, RI)	4 Axel F (5/3) 15 (Mathewson) CH III+1 (SH, KP, RI)	5 Spinning Wheel Waltz (4/3) 12 (Juhala) WZ II+1 (HJ, DA, RI)	

Most Frequent Dances Last Twelve Reports

1 Better Place III (48/6) (Yoshikawa) FT/IV III+1 (Riggs) WZ II	3 Lovely Lough Conn (33/3) (Healea, S) WZ II+1	9 Af En Af (28/9) (Seurer) TS II	9 Fly Me To The Moon Rumba (24/3) (Preskitt) RB IV	9 Cuando Me Enamoro (22/7) (Gloodt) RB IV+2
1 West Texas Waltz (47/7) (Riggs) WZ II	3 Hopelessly Devoted (32/4) (Worlock) STS VI	9 Could I Have This Dance (28/7) (Eddns) WZ II+1	9 Little Cafe Rumba (24/8) (Seurer) RB III+1	9 Felicia Tango (22/3) (Hurd, G&P) TG V
3 Axel F (35/6) (Mathewson) CH III+1	3 Candlelight (31/6) (Goss) WZ V	9 Sedalia (28/4) (Kenny, J&S) RB IV+2+1	9 Every Day Bolero (23/3) (Worlock, C&T) BL VI	3 Danced 21 Times
3 Alley Cat Blues (33/4) (Davenport, B&B) FT IV	3 The Last Blues Song (31/4) (Scherrer) FT V	9 Watermark (25/2) (Brewer) WZ IV	9 Bottle It Up (22/1) (Herr, J&K) WCS V	

Top Dances By Phase - July

Phase II	Phase III	Phase IV	Phase V	Phase VI
1 West Texas Waltz (7/3)	1 Better Place III (11/3)	1 Fly Me To The Moon Rumba (6/1)	1 Welcome To My World (7/2)	1 Havana (6/1)
2 Af En Af (5/4)	2 Axel F (5/3)	2 Coney Island (4/3)	2 Candlelight (6/2)	2 My Confession (5/2)
2 Mira River Waltz (5/2)	2 Little Cafe Rumba (5/2)	2 The Alligator Stroll (4/1)	3 Bottle It Up (4/1)	3 Carrickfergus (4/2)
4 Spinning Wheel Waltz (4/3)	4 Amigo's Guitar (4/1)	2 Watermark (4/1)	4 A Long And Lasting Love (3/1)	4 Too Early To Say Goodnight (3/2)
5 Belle's Waltz (3/1)	5 Some Broken Hearts (3/1)	5 A Thousand Years (3/1)	4 Capone (3/1)	5 Glimpse Of Us (2/1)
5 Blame It On The Bossa Nova (3/1)		5 Cuando Me Enamoro (3/2)	4 Caribbean Sunset (3/1)	5 Hopelessly Devoted (2/1)
5 Could I Have This Dance (3/3)	17 Danced Twice	5 Legends Of The Fall (3/2)	4 Silence Of The World (3/2)	5 Papillon (2/2)
5 Don't Mess With Jim (3/1)		5 Lovey Dovey (3/1)	4 The Last Blues Song (3/2)	
5 Lovely Lough Conn (3/1)		5 Moves Like Jagger (3/1)		22 Danced Once
10 11 Danced Twice		5 Sedalia (3/1)	4 Danced Twice	
		5 Summertime IV (3/1)		

Top Dances By Phase Last Twelve Reports

Phase II	Phase III	Phase IV	Phase V	Phase VI
1 West Texas Waltz (47/7)	1 Better Place III (48/6)	1 Alley Cat Blues (33/4)	1 Candlelight (31/6)	1 Hopelessly Devoted (32/4)
2 Lovely Lough Conn (33/3)	2 Axel F (35/6)	2 Sedalia (28/4)	1 The Last Blues Song (31/4)	2 Every Day Bolero (23/3)
3 Af En Af (28/9)	3 Little Cafe Rumba (24/8)	3 Watermark (25/2)	3 Bottle It Up (22/1)	3 Bla Bla Cha Cha (19/5)
3 Could I Have This Dance (28/7)	4 Irish Washerwoman (20/4)	4 Fly Me To The Moon Rumba (24/3)	3 Felicia Tango (22/3)	3 Dance In The Old Fashioned Way (19)
5 Belle's Waltz (20/3)	5 Answer Me (18/4)	5 Cuando Me Enamoro (22/7)	5 I Dream Of You (21/4)	3 Havana (19/3)
6 Spinning Wheel Waltz (18/5)	5 San Antonio Stroll (18/2)	6 A Thousand Years (21/6)	6 Forrest Gump (20/6)	3 If I Didn't Have You Vi (19/2)
6 Waltz Me To Heaven (18/1)	7 Senorita (17/2)	6 Legends Of The Fall (21/5)	7 Only One Time (19/4)	7 Lost (18/4)
8 Mira River Waltz (16/3)	8 Chilly Cha III (16/3)	8 A Prayer (19/4)	8 Capone (18/3)	7 Santa Maria (18/2)
8 Miss Frenchy Brown (16/5)		9 The Alligator Stroll (18/5)	9 Caribbean Sunset (15/2)	9 I'm Beginning To See The Light (17/8)
10 Blame It On The Bossa Nova (14/1)	Danced 15 Times	10 Alhambra (17/4)	9 Hit Me With A Hot Note (15/4)	9 Somewhere In Time Bolero (17/2)



COLORADO ROUND DANCE

STATISTICS FOR

JULY 2023

CUERS KEY (47)

A = Albright
 AP = Armstrong, P&W*
 B = Bahr, J&B
 Be = Berens, D
 Ch = Chadd
 Da = Davis, A*
 De = Del Sol, J
 DN = Denning
 Do = Dodge
 E = Evans, B&D*
 F = Ferry, M&G
 GB = Goss, B.
 GD = Goss, D.
 GE = Glenn, E&E
 GK = Gloodt, K&E
 GP = Gomez, P&C

HB = Holm, B&K
 HG = Hurd, G&P
 HJ = Herr, J&K*
 HL = Harris
 Ho = Hogan
 HT = Hicks, T
 KP = Krause, P&E*
 KR = Knight, R&M*
 Mc = McBride
 NC = No Cuer
 Ne = Nelson
 No = Nolen, B&S
 PM = Prow
 PR = Preskitt, R&M
 R = Robinson
 Ri = Riggs, A*

RO = Rotscheid
 Sc = Schrant
 SD = Smith, D.
 SG = Smith, G.
 SH = Sears, H&M*
 Sp = Springer
 Sr = Starr, D
 St = Storm
 T = Thompson, M&C
 TF = Travis, F
 Vo = Vogt, D&T
 WC = Worlock, C&T
 We = Weiss
 Wo = Wolford
 Wu = Wulf

* = Contributing Cuers for the month (8)

RHYTHMS DANCED (18)

5-Count (5CT) = 0
 Am. Tango (AmTG) = 0
 Arg. Tango (ATG) = 1
 Bolero (BL) = 14
 Cha Cha (CH) = 31
 Foxtrot (FT) = 29
 Hesit. Canter Waltz (HCW) = 5
 Jive (JV) = 12

Lindy Hop (LH) = 0
 Mambo (MB) = 3
 Merengue (MR) = 2
 Mixed (MX) = 13
 Paso Doble (PD) = 1
 Polka (PK) = 0
 Quickstep (QS) = 5
 Rumba (RB) = 48

Samba (SB) = 1
 Single Swing (SS) = 0
 Slow Two Step (STS) = 13
 Tango (TG) = 8
 Two Step (TS) = 36
 Vien, Waltz (VWZ) = 0
 Waltz (WZ) = 67
 West Coast Swing (WCS) = 10

PHASES

Phase VI = 29
 Phase V = 45
 Phase IV = 82

Phase III = 81
 Phase II = 59
 Phase I = 3

DANCES

Danced At Least Once = 299
 Total Dances = 465
 Dance Sessions = 29

AUGUST

CRDA FUN DANCE

Allynn & Bob
Riggs



Denise & Gene
Berens

Sunday
August 13, 2023
2:00-4:30

International Dance Club
2422 Busch Ave
Colorado Springs, CO

\$20/couple
\$10/single

www.crda.net

August 6, 2023
SUNDAY AFTERNOON
ROUNDS AFTER HOURS

Co-Sponsored by
COLORADO ROUND DANCE ASSOCIATION
And SOUTHEAST COUNCIL

*****12:30-2:30*****

Cuers :

Denise Berens

Andrith Davis

AND SPECIAL GUESTS TBA

Come Dance with us and
KICK UP YOUR HEELS!

SEPTEMBER

CRDA
FUN DANCE



John & Karen
Herr

Melody & Todd
Albright



Saturday
Sept 16, 2023
7:00-9:30
Maple Grove Grange

\$20/couple
\$10/single

www.crdanet

2023 CRDA Dances

<i>June</i>	<i>June</i>	<i>July</i>
 CO State Square & Round Dance Festival June 9-10, 2023 Denver Marriot West Golden	 Saturday, June 17, 2023 Mitchell Thompson, Roy Knight Maple Grove Grange 7:00 – 9:30pm	 Saturday, July 22, 2023 John Herr, Mitchell Thompson Masonic Temple, Ft. Collins 2:00 – 4:30pm
<i>August</i>	<i>August</i>	<i>September</i>
 Sunday, Aug. 6, 2023 Andrith Davis, Denise Berens Red Barn Hall, Pueblo 12:30 – 2:30pm	 Sunday, Aug. 13, 2023 Allynn Riggs, Denise Berens IDC, Colorado Springs 2:00 – 4:30pm	 Saturday, Sept. 16, 2023 John Herr, Melody Albright Maple Grove Grange 7:00 – 9:30pm
<i>October</i>	<i>November</i>	<i>December</i>
 CRDA Gala "Under the Sea" October 13-14, 2023 Occhiato Ballroom CSU Pueblo	 Saturday, Nov. 11, 2023 Harold Sears, Becky Evans Rose Hill Grange 7:00 – 9:30pm	No Dance Renew your CRDA Membership