

Presidents' Letter – Steve and Janet Pitts

Please join us for the *CRDA Spring Dance* on Sunday, April 21st, 1:30-4:00 p.m., at the **Avalon Ballroom, 6185 Arapahoe Rd, Boulder 80303**, to welcome new Round Dancers to our activity. Thank you to Dave Smith for preparing an afternoon of dancing for us and we encourage Round Dancers of all levels to join us. For questions or for more information contact Dave Smith at BlueNovaDance@gmail.com or 303-578-6588.

Our *next* Fun dance in May will be May 18th at the **Maple Grove Grange**, 7:00-9:00 p.m. with Patrick Krause and Melody Albright cueing.

The 62nd Annual CRDA GALA will be on October 11th-12th, 2024 at **CSU-Pueblo**. Our featured cuers will be George & Pamela Hurd (AZ) and Mike & Leisa Dawson (KS). Please navigate to: <http://www.crdanet.org/CRDAGala.html#gala> for more information. TO REGISTER for the Gala contact Karen Herr at kherr00@mac.com or 303-681-3147. For any Gala questions or if you wish to volunteer, please contact Gala Chairs Jim or Margie Garcia at gar905@comcast.net.

For the 2025 Gala, for our guest instructors, we have sent contracts to Rey & Sherry Garza (CA) and Randy Lewis & Debbie Olson (OR).

At our March 16, 2024 Board Meeting we discussed two new committees. One is for seeking out a better email tool for more consistent (email) communications to our members (to replace Google Groups). The other is for providing an electronic method of payment for some or all of our events and fees. Regarding "group email" tools, if you use one and find it useful, please contact Steve at stevepitts@mindspring.com

CRDA is always looking for new committee members to support our organization. You don't need to be on the Board to serve on a committee. Committees in need of support include the following: Hall of Fame, CSSDA representative, and Historian. Please contact us if you are interested or have questions about any of the CRDA committees.

On page 5 of the **CRDA Bylaws** is a list of the standing committees of CRDA: <http://crda.net/documents/CRDA-Bylaws-Revised2012.pdf>

Starting on page 9 of the CRDA **Operating Procedures** are descriptions of the CRDA standing committees: http://crda.net/documents/OperatingProcedures_Feb_2018.pdf.

Keep dancing!



CRDA Board Members

2024

boardmembers@crda.net

Steve and Janet Pitts - (24)*[2] President
303-332-1862 stevepitts@mindspring.com

Jim and Margie Garcia (26) [2] Secretary
303-469-4096 gar905@comcast.net

Ray DeAngelis and Vickie Borden (26) [1]
303-359-6708 raymond3@snet.net

Bill Shauck and Luan Jones (24) [0]
609-317-3730 luanpjones@gmail.com

Erik von Hortenau and Sunny Woods (25) [1]
303-635-6817 erikvonh@gmail.com

Mitchell and Chelsea Thompson (25)[2] V. President
720-933-7294 dancerbowler214@aol.com

Chuck and Melanie Thompson (25) [2] Treasurer
303-277-0399 melaniechuck@comcast.net

Larylee Hitchins - (24) [1]
719-358-0533 laryleehgood@yahoo.com

Dave and Lenora Starr (26) [2]
303-378-4081 Lwhitestarr@comcast.net

**term-ending years in parentheses
[] how many terms served*

COMMITTEE MEMBERS AND CONTACTS

Membership: Sunny Woods and Erik Von Hortenau erikvonh@gmail.com 303-635-6817

Round Notes: Karen Herr kherr00@mac.com 303-681-3147
Proof Reader: MaryKaye Buchtel starbucket@comcast.net 303-909-0271

Hall of Fame: TBD

2024 Fun Dances: Jim and Margie Garcia gar905@comcast.net 303-469-4096

Spring Dance 2024: Dave Smith bluenovadance@gmail.com 303 578-6588

Winter Dream Dance 2024: Gayle and Jack Baker j07baker@yahoo.com 303-770-2789

Sunshine and Shadows Margie and Jim Garcia gar905@comcast.net 303-469-4096

Gala 2024: Jim and Margie Garcia gar905@comcast.net 303-469-4096

Cuer Selection: Jim and Sharon Peyrouse jimpeyrouse@gmail.com
John and Karen Herr kherr00@mac.com

Web Page: Harold Sears harold@rounddancing.net

Facebook: TBD





Dances from Around Colorado (CRDA members' input)

Castle Dancers (Denver Area) Roy and Marcia Knight

St Patrick's Day brought dancers in **GREEN!** .We ate some Reubens and we enjoyed the Bailey's Irish cream cheese cake. (*sounds delicious!*) Next dance will be on the 4th Sunday.

We danced several Irish themed dances along with some favorites.

When Irish Eyes Are Smiling (Byrd) WZ II
Pink Cat Fox (Armstrong) FX IV

Alley Cat Blues (Davenport) FX IV
Funny Face (Buck) WZ IV

Justin's Dancers (Denver Area) Justin del Sol

Individual-or/Couple's 2-4 (small groups)

Any Evening Available ~ **No Charge** ~

We are working III+IV+ Tuesdays

Open ~ beginning intro's ~ intermediates

Held in the Community Room at Westgate Tower 55 S Lincoln St. Denver, Co 80209

Dancing Penguins (Denver Area) John and Karen Herr

Our classes are going well. They are learning figures such as Aida, Alemana, $\frac{1}{2}$ basic to a fan and the list goes on. Mondays are busy learning Merengue and we hope to start some Quickstep on our Thursdays. We sure had a tough time with the weather lately and had to cancel some due to TOO much snow. We hope our snowbirds will be back soon. Can't wait for the warmer weather also. And if you are not doing anything in October, consider joining us in Iceland. Should be a good trip!!

Monday

Coco De Agua (Herr) mg V
Speaking Of The Devil (Herr) ch IV
Carnaval De Manana (Rumble) rb IV

Thursday

Speaking Of The Devil (Herr) ch IV
Witchcraft (Slater) fx IV
Hey (Preskitt) rb IV

Tuesday

Rumba and Cha Basics

Telefeathers (Denver Area) Harold and Meredith Sears

Last month, Bill and Carol Goss taught a hesitation/canter Waltz and an Argentine/American tango at the Cactus Capers weekend in Mesa. A few local dancers attended, and we've been working on one of those teaches for the last three weeks: "At Last Hesitation " Canter (Goss VI HCW). It has only three phase VI figures (and one unphased, a Continuous Double Reverse Spin), so the figures are more or less familiar. But the hesitation/canter timing is not so familiar, giving us a nice challenge. Some other new dances we've been doing are: More info at: www.rounddancing.net

My Body's Got A Mind Of Its Own (Garza II TS)
Forever Love (Blackford V WZ)
Parisian Parade (Moore V WZ)
Bilitis 23 (Hixson V BL)
El Reloj Bolero (Doi III BL)
You've Got A Friend (Johnson IV RB)
It's Still Rock and Roll (Cavness IV SS)
No Valio La Pena (Vogt IV BL)

Sweet Dreams-White Stripes Mashup (Burger IV CH)
Psicofonia (Davenport VI TG)
Ilia's Theme (Herr V WZ)
If (Evans IV BL)
Through the Dark (Oren-Pepper IV WZ)
Baking Day (Hicks VI WZ)
Herb's Green Peppers (Kenny IV MB)

Future Events by CRDA Members

43rd New Mexico Round Dance Festival Albuquerque, NM G & P Hurd Sep 6 - 8, 2024
Roundalab Convention June 22-26, 2024 Milwaukee, WI
Iceland Tour with J & K Herr October 15-24. 2024

Sunshine and Shadows



Contact Jim and Margie Garcia at gar905@comcast.net if you know of someone who needs to receive a sympathy, get well, encouragement, or congratulations card.

Roy and Marcia Knight - Healing

Pam King- Healing

Don Carson - Happy 90th Birthday

Cindy Van Hooser - Happy 90th Birthday

Jim Steversen - Healing

Jeff & Debbie Palmer - Congratulations 50th

Wedding Anniversary

Dianne Gumm - Surgery/Get well

Chickie Risley- Get well

John Bradford - New address

Earl Smith - Surgery/Get well

Cindy Van Hooser - Surgery/Get well

Betty Carson - Healing

Carol Mescall - Sympathy

Paul Taylor - Sympathy

Becky Evans - Get well

George Hurd - Healing

Future Events by CRDA Members

43rd New Mexico Round Dance Festival Albuquerque, NM G & P Hurd Sep 6 - 8, 2024

Roundalab Convention June 22-26, 2024 Milwaukee, WI

National Square Dance Convention June 26-29, 2024 Milwaukee, WI

ICBDA Convention July 10-13, 2024 Madison, WI

Iceland Tour with J & K Herr October 15-24. 2024

Note from our Membership Chair!

Sunny Woods and Erik Von Hortenau

Welcome New members

Chris & Helen Heyworth

Brisbane, Australia

Mail your \$24 check made out to CRDA to:

Sunny Woods and Erik Von Hortenau

8237 Swadley Court

Arvada, CO 80005

Contact: erikvonh@gmail.com

Cell: 970-406-8908

Home: 303-635-6817

**GOLD
MEMBERSHIP**

Rise Comes in Three Varieties

By Sandi Finch

When you learn to Waltz, you hopefully are soon exposed to the concepts of rise and fall. That action is what makes Waltz look like Waltz, and most importantly, the Rise at the end of a figure is what brings your feet together to close, before the fall.

Waltz, Foxtrot, Quickstep, and Viennese Waltz all use rise. Rise is simply defined in both the joint Roundalab (RAL)/ICBDA Glossary as “continuous changing of body elevation through use of the feet, ankles and legs.” Think of rise as a ride up an escalator—usually occurring gradually—and fall as the descent in an elevator. It might be some time before you learn there are three types of Rise, applied at different times and for different reasons. Maybe we don’t think too much about it, but we do rise in different ways: We have leg rise, body rise, and foot rise.

Foot rise is the easiest to learn. This occurs as you shift forward onto the ball of the foot. As this is done, the ankle joint opens up. The basic Waltz begins forward commencing to rise at the end of beat one. This assumes you have lowered at the end of the previous figure and now are stepping to normal standing height. The rise continues to step 2 with slight increase in height as the ankle joint opens and you go onto step 3 on the toe with a controlled lowering at the end of that beat. It is important that the knee of the lowering standing leg continues to move forward to initiate the next step. Don’t treat lowering as an end; you want to lower and move.

Body rise is the elongation of your spine, like when taking a deep breath, with a “bracing” of the muscles in the leg. This helps create beautiful shapes in picture figures. Your spine is made up of three parts that can flex: the cervical spine that runs through your neck; the thoracic spine that runs through the back of your rib cage, and the lumbar spine, the lower back between your ribs and pelvis. The sacral spine is at the end; its bones are fused together so it does not stretch but is the anchor for elongating the other sections. A stretch through the cervical spine creates a lightness through the body that makes Quickstep movement freer. We call it the center of levitation, as opposed to your center of gravity, which is lower and creates the feeling of being grounded.

Leg rise comes from the flexing and bracing of your hip and knee joints. Remember that knees are not built for rotation. Use them to move forward and back, and coordinate with the hip and ankle, which move more like wrists. When bending your knees, track them over your big toe and the toe next to it. When going forward, release weight through the knee, going backward, release weight through the hips.

Occasionally, you might hear the term “no foot rise” (noted in reference books as NFR). It means that the heel of the supporting foot remains in contact with the floor as weight passes over it while moving to the other foot. There is “no foot rise” between steps 1 and 2 of almost all inside turns. Rise will occur through the body only. Ladies see this in the Waltz maneuver, where she has no foot rise, and in her Foxtrot feather and three step. Man has forward poise swinging forward at those times, which would be impeded by a rise by her. Same applies to Man (on the inside of the turn) in an impetus, where his rise occurs later to assist her turn to semi-closed position.

There are 26 bones and 33 joints in each foot and ankle. An exercise to improve flexibility in the foot for rising: Stand with weight on both feet. Lift your right heel as high as possible, bending at the base of the toes. Slowly lower the heel. Repeat with the other foot. Next, with weight on both feet, shift your weight forward, gradually lifting both heels off the floor. Lower, then repeat. Get really good at that, try walking around the room with both heels off the floor, as though tiptoeing. The idea is to become aware of what the foot is doing.

Another exercise for better balance while rising: Put a cup between your ankles to force the outside muscles to work as you rise up on your toes. Ankles won't roll out. Falling forward? Pick up through your sternum (body rise). Falling backward? You opened your rib cage too much which threw your shoulders too far back. [An unrelated but interesting note I just recently discovered: To turn out your feet for Latin, think of turning your heels in rather than turning your toes out. This rotates your femurs in the hip socket, for true turnout of the whole leg.

Why is a little practice with rise and fall important? Consider how many times you do it in a dance—in every Waltz figure. Something like 72 times in one dance.

Join us for a great afternoon of dancing. The focus will be Phases II, III, and IV. Let's welcome the new dancers.

Contact David J 303 578-6588 or email BlueNovaDance@gmail.com for more details.

Sunday, April 21st - 1:30pm to 4:00pm

Avalon Ballroom

6185 Arapahoe Rd, Boulder, CO 80303

Editor's Byline

The first day of Spring has come. And we think the weather is changing for the better (unless you are one of those Snow worshippers. There is an article in this issue by Kaye West sharing about the illusions that happen when you dance. Great article. Thanks, Kaye, for sharing. And a big thank you to Sandi Finch for her continued willingness to share her articles with us. This time she has written an article about Rise and Fall, (which helps to create some illusions in dance. Enjoy both of these articles.

And don't forget about the Spring Dance on Sunday, April 21st, 2024. It will be a fun and enjoyable afternoon of dancing!



Do You Know?....
.... that much of dance is illusion!
By Kaye West

information so that we "see" what we *think* we see.

In beginning dancing, emphasis must be placed on the *feet*. Which foot is moving? When? What direction? Where does it *end* in relationship to the other foot or to the hall? So initially we do not pay much attention to the body, and the result is that we are often fooled to "see" something which actually is not there: it is an illusion. In dancing, however, the body continues to move *between* weight changes making body awareness important for efficient and effective dancing. As dancers begin to understand the character of the various rhythms, recognizing body mechanics becomes important and reveals the illusions.

A situation to consider is when a step is made in one direction followed by the next step in the opposite direction. Below are examples of a *back step* followed by a *recover* or *forward step* which demonstrate the importance of understanding how the whole body moves to create the illusion as well as the character of each rhythm. (Similar principles apply to a *forward step* followed by a *recover* or *back step* in Bolero.)

In each case *the foot is actually placed so the toe of the moving foot is close to the heel of the standing foot* (when moving forward, the heel of the moving foot is placed close the toe of the standing foot). We see it as a large step because at the end of it and prior to the next weight change the free leg moves to make *space between the feet* creating the *appearance* that the step was a large one. But it is just an illusion!

Why is this important to know? Think about it: when one takes a large step backwards, because of the law in physics that says a body in motion wants to continue in motion in the same direction, there must be much energy exerted to overcome that residual momentum in order to *recover* or *move forward* on the next change of weight, making it more difficult to do than is necessary. On the other hand, if one simply places the foot just behind the standing foot (underneath the body), the trunk of the *body* does not move very much so there is very little residual momentum to overcome.

In Jive, this occurs in the *Rock, Recover* (Back Rock or Rock Apart) at the beginning of many of our figures. A characteristic of Jive is bending or lifting the knee of the unweighted leg. So, as one steps under the body as described above with the left foot, for example, the right knee lifts up (a little or a lot) and there is space between the feet. As the right knee is lifted (forward), the left hip remains back, so the hips are on a diagonal. If the dancer then "settles" into the hip, the slight residual momentum from taking a step "back" is absorbed in the hip. Voila! It looks like a bigger step because there is space between the feet! The "settling action" of the hip provides a counterbalance to the unweighted leg on the opposite side of the body, keeping one's balance-point approximately centered instead of having to shift from one leg to the other.

This phenomenon also occurs frequently on the second weight change in Bolero. In his clinic notes (see [Convention Syllabus 2018](#), p. 51, on the [ICBDA website](#)), Tom Hicks described the technique for half of a Basic as “glide, *drop*, and drift” with the length of the steps, in order, as long, *short*, and medium. Larry Caves, my dance coach, describes the three changes of weight as “elevate, *drop*, glide.” In either case, dancers have the highest elevation at the *end* of the first step (their legs are straight and they may be high on the ball of the weighted foot) so they can *drop* straight down to change weight on the second step.

This means that at the very end of the first step, dancers must have positioned their body in what Tom calls the “Cuban cross position” where their legs are both straight and very close together and, in a back step, the toe of the moving foot is very close to the heel of the standing foot (the moving foot is on a diagonal in relationship to the standing foot). Then as the body sinks straight down (the knees bend), the leg takes weight just as the beat of music is heard, and the opposite leg straightens to extend forward beginning the drifting action for the third, medium-sized, gliding step. It thus *appears* that the second step was a long one, but it is just an illusion! Roundalab describes step two as a “slipping action.”

The same phenomenon occurs in the third weight change of the Whisk, whether the rhythm is Waltz or Foxtrot. It *appears* that the step is a long one, but skilled dancers again simply place the toe of the moving foot close to the heel of the standing foot because as the moving leg accepts body weight both knees bend and immediately the newly-free leg straightens in preparation to move forward so the heel can connect with the floor as the first beat of music is heard for the next measure to begin the process of “rolling through the foot.” Another illusion.

There are similarities as well as differences in the character of the Waltz and Foxtrot. Both rhythms emphasize flight (long strides created by bending the knees and pushing off from the weighted foot) and using normal walking action of “rolling through the foot” in instances such as the first step of a figure or when stepping forward between partner’s legs as in a Three-Step. However, the major difference is that Waltz emphasizes extremes in the *vertical* dimension and Foxtrot attempts to promote smooth *horizontal* movement with minimal change vertically.

The result of flight is apparent on the second step of the Whisk in both Waltz and Foxtrot. Because the body is moving forward on the first step, it can’t make a 90-degree turn for a side-step. Rather, residual forward momentum influences the second (side) step, which some describe as “side and forward” for the Lead and “side and back” or “diagonally back” for the Follower.



While the placement of feet is essentially the same in both rhythms, the characteristic difference is the Waltz accentuates rise and fall so when full weight is taken on step two, the legs are straightened and dancers are as high as possible on the ball of the weighted foot, then *as they take weight and move forward* for step three, the knees bend and the unweighted leg straightens. In Foxtrot, dancers attempt to remain as much as possible at the same height by bending the knees with each step and keeping the heels as close to the floor as practical. Heels must leave the floor when rolling through the foot and swivels are done on the ball of the foot, so saying Foxtrot has “no foot rise” is an exaggeration. A current expression uses “half rise.”

So whether or not you knew before, now you know *one* of the ways in which much of dancing is illusion. And perhaps you learned some of the techniques used to create the character of four rhythms to try in your own dancing.

*Editor's Note: If you enjoyed Kaye's article her book **COLD FEET II** is available on ICBDA for free to anyone in the world.*

“Magic Moments”—Gala 2024

At our Gala in October, we will have not only several local cuers, but we also will have two featured cuer couples from out of state. Our guest cuers are George and Pamela Hurd and Mike and Leisa Dawson. They will provide a new perspective and another opportunity to dance and learn from cuers you do not normally hear.

The host hotel will again be the Wingate by Wyndam at 4711 N. Elizabeth. The rate for the weekend will be \$109 per night plus tax. Make sure you mention Colorado Round Dance Association to get the benefit of this rate.

The Gala will take place on October 11th and 12th at the Occiato Ballroom located at the CSU Pueblo campus. There will be clinics on Friday afternoon with a dance in the evening and on Saturday there will be dance teaches in the morning and afternoon and a dance in the evening. Make plans to attend now. For more information you can go to CRDA.net or contact me or Margie at 303-469-4096 or gar905@comcast.net.

Stay Safe and Keep Dancing.

Jim & Margie Garcia

303-469-4096





CRDA Membership



GENERAL INFORMATION

Since 1961, CRDA has been an unusually active state round dance organization. CRDA sponsors dance events throughout the year, most notably the fall Gala weekend with nationally recognized guest cuers-instructors, an informative bi-monthly newsletter, Round Notes, and our website at www.crdanet.net. CRDA is primarily a dancer-run organization, staffed by both dancers and instructors who contribute their time, knowledge, and skill. CRDA is managed by a Board of Directors consisting of 9 couples elected from the general membership. Membership in CRDA is an important way to support the services that CRDA provides and to support round dancing generally. If you love round dancing, support it through your membership! CRDA encourages dancers to share in the 4 E's of Round Dancing --

**EXCITEMENT, EDUCATION,
EXCELLENCE and ENJOYMENT.**

ROUND NOTES

ROUND NOTES is a bi-monthly newsletter sponsored by CRDA to help keep Round Dancers aware of local and national activities and to promote Round Dancing.

A few of the featured articles include:

- *A listing of both local and out-of-state Round Dance activities and festivals
- *Round dance lessons and workshops information
- *Dance Parties and Gala Information
- *Other Special Dance Events
- *Articles with tips on dance technique

The newsletter is **INCLUDED** in your CRDA membership and is a great way to stay in tune with what is being offered locally and nationally.

WEBSITE <http://www.crdanet.net>

The CRDA website began in 1989 and includes a wide variety of information, including: state classes and clubs; CRDA sponsored dances; round of the month and classic of the quarter; contact information; places to dance around the world; and a wide variety of dance-related links and groups.

Email notices are sent for upcoming events and notices of dance cancellations due to weather.

Opportunity to vote on the dances/songs which will be a part of the program in the various halls for the Gala and the opportunity to vote at the annual membership meeting, as well as having an influence for the future direction and activities for CRDA.

DANCE EVENTS THROUGHOUT THE YEAR:

CRDA members receive a SUBSTANTIAL DISCOUNT at all CRDA events: the Spring Beginner Graduation Dance,

phase II-easy IV, an Intermediate Dance, phase III-easy V, monthly Fun Dances, & the Fall CRDA Gala, phase II-VI. The Gala features an enjoyable weekend of teaches, clinics, and dancing, for ALL LEVELS of Round Dancing (beginner – advanced). Nationally prominent guest instructors are hired and local cuers/instructors lend their expertise. The Gala is held on the first weekend in October.

ALL THIS FOR ONLY \$24.00 PER YEAR –

DUE JANUARY 1*

* New Member subscribing in a month other than January, multiply \$2.00 by the number of months left in the year to calculate the amount owed for dues (ex: Aug = \$10.00)

CRDA APPLICATION FOR MEMBERSHIP

\$24.00 per year per address (new members may prorate)

☐ New Member ☐ Renewal Member ☐ Cuer

NAME _____

NAME _____

ADDRESS _____

CITY STATE ZIP _____

PHONE _____

EMAIL _____

EMAIL _____

We would like to receive our Round Notes (check one)

☐ By EMAIL (thank you!) ☐ By Regular Mail

Email version: added content, in color, saves trees

CRDA BADGES: \$17.00 ea. for magnetic style:

(Please indicate how you would like your name on your badge—first name only, both names, nickname, etc.)

First Name _____ Last Name _____

First Name _____ Last Name _____

ANNUAL MEMBERSHIP \$24.00 \$ _____

DUE JANUARY (new members may prorate \$2.00/month)

CRDA BADGES \$ _____ TOTAL \$ _____

MAKE CHECKS PAYABLE TO:

"Colorado Round Dance Association" or "CRDA"

**MAIL TO: Sunny Woods and Erik Von Hortenau
8237 SWADLEY COURT
ARVADA, CO 80005
erikvonh@gmail.com**

**Please contact me regarding serving on a committee.
Committee preference?**

CRDA'S 62ND ROUND DANCE GALA

OCTOBER 11TH & 12TH, 2024

MAGIC MOMENTS

MEMORIES, FRIENDSHIPS, AND FUN

CSU PUEBLO
OCCHIATO BALLROOM
2200 BONFORTE BLVD.
PUEBLO, CO 81001

FRIDAY
2-4:00PM CLINICS
7:30-10:30 DANCING PHASE II-VI
SATURDAY
9:00AM-4:30PM TEACHES
7:00-10:30 DANCING PHASE II-VI

GEORGE & PAMELA HURD



FEATURING

MIKE & LEISA DAWSON



2024 GALA REGISTRATION

HIS FIRST NAME HIS LAST NAME

HER FIRST NAME HER LAST NAME

ADDRESS

CITY STATE ZIP CODE

EMAIL ADDRESS

PHONE NUMBER

HOST HOTEL AND RV INFORMATION

WE WILL BE BACK AT THE WINGATE BY WYNDHAM PUEBLO THIS YEAR. IT IS LOCATED AT 4711 N ELIZABETH, PUEBLO, CO 81008 AND THEIR PHONE NUMBER IS (719) 586-9000. THE RATE WILL BE \$109 PER NIGHT PLUS TAX. MAKE SURE TO MENTION THE COLORADO ROUND DANCE ASSOCIATION WHEN MAKING YOUR BOOKING TO GET THE GROUP RATE. ACT FAST, AS THIS PRICE IS ONLY GOOD UNTIL ALL ROOM ROOMS IN THE BLOCK HAVE BEEN BOOKED. FOR RV HOOKUPS, KOA IS LOCATED AT 4131 INTERSTATE 25 N, PUEBLO, CO 81008 (6.8 MILES FROM THE VENUE). THEIR PHONE NUMBER IS (800) 562-7453.

GENERAL INFORMATION

FOOD BREAKS ARE ON YOUR OWN, BUT THERE ARE MULTIPLE RESTAURANTS IN THE AREA AS WELL AS A CAFETERIA AT THE VENUE. ON BOTH FRIDAY AND SATURDAY EVENING WE WILL HAVE 3 HALLS WITH ALL LEVELS OF ROUNDS.

TENTATIVE SCHEDULE

FRIDAY FROM 2-4PM: FEATURED CLINICS

FRIDAY 4-7PM: DINNER

FRIDAY FROM 7-10:30 PARTY DANCE

SATURDAY 9-11AM DANCE TEACHES

SATURDAY 11AM-2PM: LUNCH & BOARD MEETING

SATURDAY 2-4PM DANCE TEACHES

SATURDAY 4-7PM: DINNER

SATURDAY 7-10:30PM: PARTY DANCE

SATURDAY 11-???: AFTER PARTY AT HOST HOTEL

PRICES

	COUPLE		SINGLE	
	MEMBER	NON-MEMBER	MEMBER	NON-MEMBER
FULL PACKAGE (PRE-REGISTRATION (THRU 4/30))	\$160	\$180	\$80	\$90
FULL PACKAGE (5/1 THRU 9/15)	\$170	\$190	\$85	\$95
AT THE DOOR (AFTER 9/15)	\$180	\$200	\$90	\$100
FULL PACKAGE - FIRST TIME PARTICIPANT	\$130*		\$65*	
*INCLUDES CDA MEMBERSHIP FOR REMAINDER OF 2024				

THE COLORADO ROUND DANCE ASSOCIATION WEBSITE
WWW.CRDA.NET

WILL BE UPDATED AS MORE INFORMATION IS AVAILABLE,
SO CHECK BACK OFTEN.

CONTACT PERSONS FOR 2024 GALA: CHAIRS JIM & MARGIE GARCIA AT
303-469-4096 OR gar905@comcast.net

2024

April 21	Spring Dance	Avalon Ballroom (Boulder)	1:30 pm
May 18	Board Meeting	Rose Hill Grange/Hybrid	10:00 am
May 18	Fun Dance	Maple Grove Grange	7:00 pm
June 14-15	Colo. State Square Dance	Occhiato Ballroom, Pueblo	7:00 pm
July 27	Fun Dance	Masonic Temple, Ft. Collins	2:00 pm
August 31	Board Meeting	Rose Hill Grange/Hybrid	10:00 am
Sept 22	Fun Dance	IDC, Colorado Springs	2:00 pm
Oct. 11-12	CRDA Gala	Ochiattto Ballroom, Pueblo	2:00 pm
Nov 9	Fun Dance	Rose Hill Grange	7:00 pm
Dec 7	Board Meeting	Rose Hill Grange/Hybrid	10:00 am

Future Gala Dates

October 10 and 11, 2025

(these dates may be changed with CSU Pueblo's availability)

Karen Herr
4535 Red Rock Dr.
Larkspur, CO 80118



COLORADO ROUND DANCE SUMMARY REPORT

Popular Dances and Teaches During March 2024

This Month's Contributing Cuers

Albright, Davis, Del Sol, Evans, Herr, Knight, Krause, Nolen, Sears, and Starr



Most Frequent Dances - March

1 Heyl (8/4) 32 (Preskitt, R&M) RB IV (E, HJ, NC, Ne)	4 At Last Hesitation Canter (4/2) 8 (Goss) HCW VI (SH, NC)	4 Irish Washerwoman (4/4) 16 (Buckmaster/Reigel) CH III (A, D, HJ, KP)	4 Psicofonia (4/3) 12 (Davenport) TG VI (NC, Ne, SH)	4 Umm-Mmm-Mmm-Mmm (4/1) 4 (Del Sol, J) TS II (De)
2 Flowers (5/3) 15 (Hicks, T) CH IV++1 (E, HJ, Ne)	4 Candlelight (4/2) 8 (Goss) WZ V (HJ, SH)	4 Magic Moments (4/1) 4 (Croft/De Zardo) CH III (De)	4 Speaking Of The Devil (4/1) 4 (Herr, J&K) CH IV++1+1 (HJ)	
2 Sedalia (5/2) 10 (Kenney, J&S) RB IV+2+1 (De, HJ)	4 Carnival (4/3) 12 (Rumble) RB IV+1 (HJ, KP, Ne)	4 Piano Roll Waltz (4/2) 8 (Green) WZ II (HJ, NC)	4 Tampa Jive (4/1) 4 (Macuci) JV V+1 (HJ)	

Most Popular Dances - March

* Must have at least 3 cuers to be eligible

1 Heyl (8/4) 32 (Preskitt, R&M) RB IV (E, HJ, NC, Ne)	3 Flowers (5/3) 15 (Hicks, T) CH IV++1 (E, HJ, Ne)	4 Psicofonia (4/3) 12 (Davenport) TG VI (NC, Ne, SH)	6 A Million Tomorrows (3/3) 9 (Wonsen) WZ II+1 (A, HJ, NC)	6 West Texas Waltz (3/3) 9 (Riggs) WZ II (D, HJ, Sr)
2 Irish Washerwoman (4/4) 16 (Buckmaster/Reigel) CH III (A, D, HJ, KP)	4 Carnival (4/3) 12 (Rumble) RB IV+1 (HJ, KP, Ne)			

Most Frequent Dances Last Twelve Reports

1 Better Place III (49/6) (Yoshikawa) RB III+1	5 Candlelight (34/6) (Goss) WZ V	7 Sedalia (33/4) (Kenney, J&S) RB IV+2+1	13 Hopelessly Devoted (27/4) (Worlock) STS VI	16 Could I Have This Dance (25/8) (Eddins) WZ II+1
2 West Texas Waltz (47/7) (Riggs) WZ II	5 Little Cafe Rumba (34/9) (Seurer) RB III+1	10 Axel F (32/6) (Mathewson) CH III+1	14 Eternity (26/5) (Shibata) BL VI	16 Lovely Lough Conn (25/3) (Healea, S) WZ II+1
3 Flowers (44/6) (Hicks, T) CH IV++1	7 Carrickfergus (33/8) (Preskitt, R&M) STS VI	11 Fly Me To The Moon Rumba (30/2) (Preskitt) RB IV	14 Watermark (26/4) (Brewer) WZ IV	16 Photograph (25/3) (Mee, D) RB IV+0+1
4 Heyl (41/7) (Preskitt, R&M) RB IV	7 Havana (33/5) (Goss) CH VI	12 Irish Washerwoman (28/6) (Buckmaster/Reigel) CH III	16 Af En Af (25/10) (Seurer) TS II	3 Danced 24 Times

Top Dances By Phase - March

Phase II	Phase III	Phase IV	Phase V	Phase VI
1 Piano Roll Waltz (4/2)	1 Irish Washerwoman (4/4)	1 Heyl (8/4)	1 Candlelight (4/2)	1 At Last Hesitation Canter (4/2)
1 Umm-Mmm-Mmm-Mmm (4/1)	1 Magic Moments (4/1)	2 Flowers (5/3)	1 Tampa Jive (4/1)	1 Psicofonia (4/3)
3 A Million Tomorrows (3/3)	3 Axel F (32/6)	2 Sedalia (5/2)	3 Foxtrot Tonight (3/1)	3 I'm Feeling Good (2/2)
3 My Wild Irish Rose (3/2)	3 Black Horse And Cherry Tree (3/1)	4 Carnival (4/3)	4 Bandido Cha (2/1)	3 The Chocolate Tango (2/1)
3 Snap Your Fingers (3/1)		4 Speaking Of The Devil (4/1)	4 Coco De Agua (2/1)	3 Valentine (2/2)
3 Sukiyaki (3/2)		6 Bottle Up The West Coast (3/1)	4 Dancing Fool (2/1)	
3 West Texas Waltz (3/3)		6 Doin' Dirt (3/1)	4 Forever Love (2/2)	
8 Af En Af (2/2)		6 Photograph (3/1)	4 Illa's Theme (2/2)	
		6 Witchcraft (3/2)	4 Norwegian Wood (2/2)	
6 Danced 11 Times	11 Danced Twice	20 Danced Twice	4 The Last Blues Song (2/1)	19 Danced Once

Top Dances By Phase Last Twelve Reports

Phase II	Phase III	Phase IV	Phase V	Phase VI
1 West Texas Waltz (47/7)	1 Better Place III (49/6)	1 Flowers (44/6)	1 Candlelight (34/6)	1 Carrickfergus (33/5)
2 Af En Af (25/10)	2 Little Cafe Rumba (34/9)	2 Heyl (41/7)	2 The Last Blues Song (24/6)	1 Havana (33/5)
2 Could I Have This Dance (25/8)	2 Axel F (32/6)	3 Sedalia (33/4)	3 Bottle It Up (23/3)	3 Hopelessly Devoted (27/4)
2 Lovely Lough Conn (25/3)	4 Irish Washerwoman (28/6)	4 Fly Me To The Moon Rumba (30/2)	4 Welcome To My World (21/4)	4 Eternity (26/5)
5 Edelweiss II (14/3)	5 Just Another Woman In Love (21/8)	5 Watermark (26/4)	5 Forrest Gump (19/5)	5 Glimpse Of Us (24/3)
5 Mira River Waltz (14/3)	6 Night Waves (19/6)	6 Photograph (25/3)	5 Capone (16/5)	6 Santa Maria (23/2)
7 Don't Mess With Jim (13/1)	7 San Antonio Stroll (17/4)	7 Hot Rumba 4 You (24/3)	7 Bibbidi Bobbidi Boo (15/5)	7 My Confession (21/3)
7 Miss Frenchy Brown (13/5)	8 Beautiful Noise (16/3)	8 Cuando Me Enamore (21/7)	7 I Call Your Name (15/2)	8 I'm Feeling Good (17/2)
9 Piano Roll Waltz (12/3)	9 Amigo's Guitar (15/1)	8 Out Of Africa (21/4)	7 Look Of Love (15/3)	9 Speak Softly Love (15/2)
4 danced 11 Times	9 Let Me Love You Tonight (15/3)	8 Soul Sister Merengue (21/4)	2 Danced 14 Times	4 Danced 14 Times



COLORADO ROUND DANCE STATISTICS FOR MARCH 2024

march

CUERS KEY (48)

A = Albright*
AP = Armstrong, P&W
B = Bahr, J&B
Be = Berens, D
Ch = Chadd
Da = Davis, A*
De = Del Sol, J*
DN = Denning
Do = Dodge
E = Evans, B&D*
F = Ferry, M&G
GB = Goss, B.
GD = Goss, D.
GE = Glenn, E&E
GK = Gloodt, K&E
GP = Gomez, P&C

HB = Holm, B&K
HG = Hurd, G&P
HJ = Herr, J&K*
HL = Harris
Ho = Hogan
HT = Hicks, T
KP = Krause, P&E*
KR = Knight, R&M*
Mc = McBride
Mo = Molitoris
NC = No Cuer
Ne = Nelson
No = Nolen, B&S*
PM = Prow
PR = Preskitt, R&M
R = Robinson
Ri = Riggs
RO = Rotscheid
Sc = Schrant
SD = Smith, D.
SG = Smith, G.
SH = Sears, H&M*
Sp = Springer
Sr = Starr, D*
St = Storm
T = Thompson, M&C
TF = Travis, F
Vo = Vogt, D&T
WC = Worlock, C&T
We = Weiss
Wo = Wolford
Wu = Wulf

* = Contributing Cuers for the month (10)

RHYTHMS DANCED (17)

5-Count (5CT) = 0
Am. Tango (AmTG) = 0
Arg. Tango (ATG) = 0
Bolero (BL) = 16
Cha Cha (CH) = 41
Foxtrot (FT) = 32
Hesit. Canter Waltz (HCW) = 3
Jive (JV) = 15

Lindy Hop (LH) = 0
Mambo (MB) = 1
Merengue (MR) = 5
Mixed (MX) = 14
Paso Doble (PD) = 2
Polka (PK) = 0
Quickstep (QS) = 3
Rumba (RB) = 49
Samba (SB) = 2
Single Swing (SS) = 0
Slow Two Step (STS) = 9
Tango (TG) = 4
Two Step (TS) = 43
Vien, Waltz (VWZ) = 0
Waltz (WZ) = 75
West Coast Swing (WCS) = 11

PHASES

Phase VI = 24
Phase V = 39
Phase IV = 107

Phase III = 88
Phase II = 67
Phase I = 0

DANCES

Danced At Least Once = 325
Total Dances = 439
Dance Sessions Reported = 30

2024 Round Dance Calendar

 JANUARY Midwinter's Dream January 28, 2024 2-4:30pm & 6:30-9pm The Avalon Ballroom 6185 Arapaho Rd Boulder, CO 80303	 February NO DANCE 	MARCH CRDA Fun Dance March 16th, 2024 7-9:00pm Rose Hill Grange 4001 E 68th Ave Commerce City, CO 80022 Harold Sears & Roy Knight 	 April Spring Dance April 21, 2024 1:30-4:30pm The Avalon Ballroom 6185 Arapaho Rd Boulder, CO 80303 BEGINNER DANCE Phase 2/3/Soft 4
may CRDA Fun Dance May 18th, 2024 7-9:00pm Maple Grove Grange 3130 Youngfield St Wheat Ridge, CO 80215 Patrick Krause & Melody Albright 	 June NO CRDA DANCE Colorado State Square Dance Festival CSU Pueblo June 14th & 15th, 2024 Ochiatta Ballroom - CSU Pueblo 2200 Bonforte Blvd Pueblo, CO 81001 Doug & Leslie Dodge Cueing 	 July CRDA Fun Dance July 27th, 2024 2-4:00pm Masonic Temple 225 W Oak St Fort Collins, CO 80521 John Herr & Mitchell Thompson	AUGUST NO DANCE 
September CRDA Fun Dance September 22nd, 2024 2-4:00pm International Dance Club 2422 Busch Ave Colorado Springs, CO 80904 Denise Berens & Andrith Davis 	 OCTOBER CRDA Gala CSU Pueblo October 11th & 12th, 2024 Ochiatta Ballroom - CSU Pueblo 2200 Bonforte Blvd Pueblo, CO 81001 Featuring George & Pamela Hurd and Mike & Leisa Dawson 	 NOVEMBER CRDA Fun Dance November 9th, 2024 7-9:00pm Rose Hill Grange 4001 E 68th Ave Commerce City, CO 80022 Harold Sears & Becky Evans	December NO DANCE Happy Holidays and See You in 2025! 

For more information, visit www.crdanet.net

CRDA

SPRING DANCE



April
21

1:30-4:00 pm

The Avalon Ballroom
6185 Arapahoe Road, Boulder, CO 80303

New Dancers: \$15/couple \$8/single CRDA Members: \$20/couple \$10/single Non-Members: \$25/couple \$13/single



CRDA's

APRIL SHOWERS

Bring May Flowers

Fun Dance

Saturday

May
18th
2024

7:00-9:30PM

Maple Grove Grange
3130 Youngfield Street
Wheat Ridge, CO 80215

FEATURING

Patrick & Eileen
Krause

and

Melody & Todd
Albright

\$10/person



CRDA'S **FIREWORKS** **FUN DANCE**

WHEN?

Saturday, July 27th, 2024

WHERE?

Masonic Temple
225 W Oak Street
Fort Collins, CO 80521

WHO?

Mitchell & Chelsea Thompson
and
John & Karen Herr

AND YOU!

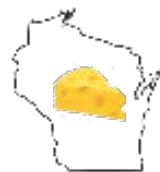
\$10/person





ICBDA Convention #48

*International Choreographed Ballroom
Dance Association*



General Chair

Tim Keck and Tami Helms
360-365-2457
convention48@icbda.com

Assistant Chair

Marlyn and Michele Batcheller
971-322-8497
vice48@icbda.com

Registration Chair

Mike and Mary Foral
603-820-6750
registration@icbda.com

Daytime Program Chair

Paul and Linda Robinson
918-640-9831
dayprogram@icbda.com

Evening Program Chair

JL and Linda Pelton
972-822-1926
nightprogram@icbda.com

Madison, Wisconsin

July 10-13, 2024

*America's Dairyland
Butter Not Miss It*

*Featuring
World-Renowned Instructors*

Trail-End Dance

Tuesday, July 9
7:30-9:30 pm
Requests – All phases

Workshops/Clinics

Phase 4 through 6
Wednesday, Thursday
Mornings July 10, 11

Dance Teaches

Phase 3+ through 6
Wednesday thru Saturday
July 10, 11, 12, 13

Evening Party Dances

In 3 Halls – 3/4, 4/5, & 5/6
Wednesday thru Saturday
July 10, 11, 12, 13

First Timer Information

Convention questions?
Get answers!
email: askus@icbda.com

Convention and Host Hotel Information

Mariott Madison West, 1313 John Q Hammons Dr, Middleton, WI 53562

Direct ICBDA Reservation Link:

<https://www.marriott.com/event-reservations/reservation-link>

Phone: 1-888-745-2032 - Group ID: ICBDA 2024

The special ICBDA room rate is \$119.00+tax and the suite rate is \$144+tax.

General Hotel Information: <https://www.marriott.com/overview/>

Make reservations before June 17, 2024, to received the guaranteed room rate.

*Because staying at the host hotel is a critical factor in defraying the cost of the convention halls,
there is a \$100/couple, \$50/single Ballroom Fee for those not staying at the host hotel.*

See the ICBDA website Convention 48 for the list of RV parks available in the area.

Wisconsin State Capitol,
photo by Ryan Wick on Flickr